

# Vegetable Sowing Guides by Region

### **Eastern Cape**

Vegetable Planting Chart

Eastern Cape												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Beans (Broad)												
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												$\Box$
Brussel Sprouts												
Cabbage												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)												
Lettuce												
Melons												
Onion												
Parsnip												
Peas												
Peppers												
Potatoes												
Pumpkin												
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												

#### **Freestate**

Vegetable Planting Chart

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
	Jan	reb	IVIAI	Apr	iviay	Jun	Jui	Aug	sep	OCL	IVOV	Dec
Beans (Broad)												
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)												
Lettuce												
Melons												
Onion												
Parsnip												
Peas												
Peppers												
Potatoes												
Pumpkin												
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												

### Gauteng

Vegetable Planting Chart

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Beans (Broad)												
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)												$\overline{}$
Lettuce												$\overline{}$
Melons												
Onion												$\overline{}$
Parsnip												$\overline{}$
Peas												
Peppers												
Potatoes												
Pumpkin								_				
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												

### Kwazulu Natal

Vegetable Planting Chart Kwazulu Natal

Kwazulu Natal												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Beans (Broad)												
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)												
Lettuce												
Melons												
Onion												
Parsnip												
Peas												
Peppers												
Potatoes												
Pumpkin												
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												

### Limpopo

Vegetable Planting Chart

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	De
Beans (Broad)												$\vdash$
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)												
Lettuce												
Melons												
Onion												
Parsnip												
Peas												
Peppers												
Potatoes												
Pumpkin												
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												

# Mpumalanga

Vegetable Planting Chart

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	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Beans (Broad)												
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												
Brussel Sprouts												
Cabbage			7									
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)												
Lettuce												
Melons												
Onion												
Parsnip												
Peas												
Peppers												
Potatoes												
Pumpkin												
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												

#### Vegetable Planting Chart

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Beans (Broad)												
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)												
Lettuce												
Melons												
Onion												
Parsnip												
Peas												
Peppers												
Potatoes												
Pumpkin												
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												

### **Northern Cape**

Vegetable Planting Chart Northern Cape

IV	101	τn	er	'n	ca	ре

Carrot		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Beans (Climbing)	Beans (Broad)												
Beetroot         Broccoli													
Broccoli         Image: Company of the company of	Beans (Climbing)												
Brussel Sprouts         Image: Carbage of the control of the con	Beetroot												
Cabbage         Image: Carrot control	Broccoli												
Carrot         Cauliflower           Celery         Corn           Cucumber         Cucumber           Eggfruit (Brinjal)         Cucumber           Melons         Cucumber           Melons         Cucumber           Melons         Cucumber           Melons         Cucumber           Melons         Cucumber           Melons         Cucumber           Parsnip         Cucumber           Peas         Cucumber           Peppers         Cucumber           Potatoes         Cucumber           Pumpkin         Cucumber           Radish         Cucumber           Swiss Chard / Spinach         Cucumber           Tomato         Cucumber	Brussel Sprouts												
Cauliflower       Image: Content of the c	Cabbage												
Celery         0 <td>Carrot</td> <td></td>	Carrot												
Corn         Image: Constant of the constant o	Cauliflower												
Cucumber         Image: Cucumber of Eggfruit (Brinjal)         Image: Cucumber o	Celery												
Eggfruit (Brinjal)         Image: Common to the common	Corn												
Lettuce         Image: Company of the company of	Cucumber												
Melons   <td>Eggfruit (Brinjal)</td> <td></td>	Eggfruit (Brinjal)												
Onion         Image: Control of the control of th	Lettuce												
Parsnip	Melons												
Peas	Onion												
Peppers	Parsnip												
Potatoes	Peas												
Pumpkin	Peppers												
Radish         Swiss Chard / Spinach           Tomato         Swiss Chard / Spinach	Potatoes												
Swiss Chard / Spinach Tomato	Pumpkin												
Tomato	Radish												
	Swiss Chard / Spinach												
Watermelon	Tomato												
	Watermelon												

# **Western Cape**

Vegetable Planting Chart

Western Cape	
Western cape	

western cape												
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Beans (Broad)	+											
Beans (Bush)												
Beans (Climbing)												
Beetroot												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrot												
Cauliflower												
Celery												
Corn												
Cucumber												
Eggfruit (Brinjal)											-	
Lettuce												
Melons												
Onion			,									
Parsnip												
Peas												
Peppers												
Potatoes												
Pumpkin												
Radish												
Swiss Chard / Spinach												
Tomato												
Watermelon												