

Beans - Climber/Runner

Sowing Outdoors:

- For best results use sterile, disease free and weed free soil to start your seedlings.
- Sow in average soil in a sunny location after danger of frost and soil has warmed, from spring to early summer.
- Sow after the soil has warmed, as seeds may rot in cooler soils.
- Sow in rows 60cm apart. Sow seeds about 8cm apart and cover with 2,5cm of fine soil. Firm lightly and water gently.
- Seedlings emerge in 10-14 days depending on soil and weather conditions.
- Keep sowing bush bean seeds every 2 weeks for a constant supply of beans.
- Thin gradually to stand 15cm apart when seedlings are 2 to 5cm high.

Additional Growing Tips:

- In dry weather, keep soil well-watered. It's best to water with a drip or trickle system that delivers water at low pressure at the soil level. If you water with overhead sprinklers, water early in the day so the foliage has time to dry off before evening, to minimise disease problems. Keep the soil moist but not saturated.
- Cultivate or mulch to keep weed-free, but do not work or handle plants when leaves are wet.
- Beans as companion plants: Planted closely in rows spaced around two feet, bush bean plants blend well with like-sized warm-season vegetables such as peppers, tomatoes and eggplants.
- Between towers of pole bean plants, planting vines such as squash can help keep weeds down.
- Pole beans can help protect cool-season vegetables such as spinach and lettuces, as the weather warms.