

Newsletter

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Treat Yourself Right



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This Week's News

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Good morning,

Are you depending on eating out and takeout for nights when you don't feel like cooking? Savory Fare is another option, particularly welcome when you're busy all day or the weather is cold or stormy — and you don't have to go out to get it! It's delivered to your door and ready for you in your freezer whenever you are!

So, no need to leave your meeting or your friends early to have time to shop

So, no need to leave your meeting or your menus early to have time to shop — and then cook. Instead of not being able to sit down to eat for a couple of hours, in a few minutes you can have delicious food ready for you at home. It's not an indulgence to treat yourself right — it makes sense!

We don't require a subscription plan, so ordering now and then is perfectly fine! And delivery is free if the order is at least \$25. Plus, your first order is 25% off!

Order from the Winter Menu now through **Friday, Jan. 31**, for delivery on **Wednesday, Feb. 5**. But if you forget to order by Friday, contact us anyway. There is always frozen food that is available. Place your order online at savoryfareinc.com, email us at Mary@savoryfareinc.com, or call 401-454-4955.

Seaworthy Vessels



As you know, we're encouraged to include fish and seafood in our diet. For a taste of the sea, enjoy our [Savory Fare Cod Cake](#) with homemade Tartar Sauce. It's on the light side, with scallions, celery, and parsley accenting the fresh cod.

Shrimp lovers love our [Shrimp Scorpio](#), a Greek-style shrimp dish with tomatoes and feta over buttered orzo.



Events

February Meet Your Maker

February Meet Your Maker
Sunday, Feb. 16, 10 AM – 2 PM
Hope & Main
691 Main St., Warren

Our Birthday Bash!
Hope & Main's demo kitchen
Saturday, Feb. 29, 11:00 AM to 1:00 PM

We're cooking up a celebration for our third birthday and hope to see you there! If you know someone who could benefit from our home delivered food, encourage them to come and taste our food! And there will be birthday cake!

With warm wishes,

Mary and the Savory Fare Team

[Resources for Seniors in Rhode Island](#)



Find valuable resources for seniors in Rhode Island on one website:
RIElderInfo.com.



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