



# SAVORY FARE

NOURISHING YOU WITH MEALS THAT DELIGHT

## Acorn Time



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### This Week's News

- [What's New on the Fall Menu?](#)
- [Upcoming Cooking Classes](#)
- [EAT WELL, DO GOOD](#)
- [Teamwise](#)



Good morning,

Our friends, the squirrels, are busy these days! I'm finding little depressions throughout the backyard where I imagine nuts are being stored, and yesterday a scattering of acorn shells on the driveway to mark where some creature sat down and had a meal without bothering to clean up! But I like squirrels anyway. (Mind you, I don't have a birdfeeder.)

"Acorn" appears (as an adjective) on our Fall Menu, online today! Along with "autumn," "apples," "apple cider," "apple brandy." Take a look at the menu to find these evocative words in tempting descriptions of seasonal dishes!

weekend. There are always frozen items that are available. Place your order online at [savoryfareinc.com](http://savoryfareinc.com), email us at [mary@savoryfareinc.com](mailto:mary@savoryfareinc.com), or call 401-454-4955.

### [What's New on the Fall Menu?](#)



It's been a while since we added to our [Frozen Favorites](#) list of always available dishes, but there you will now find [Crispy Fish Fillets](#)! This dish was chosen by taste test at a pre-pandemic Savory Fare event at Hope & Main.

To experience how Savory Fare's ordinary-sounding American dishes taste extraordinarily good, just try [Tuna Salad on Mixed Greens](#)!



Craving Mexican food? [Enchiladas Verdes con Pollo](#), inspired by the famed Diana Kennedy, will nourish and delight you! We experimented with the best way to prepare the dish for optimal flavor and texture after a quick reheating.

And a new meatless dish, provided fresh! [Portabella Mushrooms with Creamy Spinach-Artichoke Filling](#) will make your day. If you plan to invite someone in your "pod" for lunch, this would be a great choice!



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### [Upcoming Cooking Classes](#)

For members of **Hamilton House**, Providence  
Wed., Oct. 28, at 2:00 pm

#### **Hunger & Hope**

“An online interactive cooking experience”

Guided by Mary Hughes and Haley Pollock of Wholistic Trick  
Fundraiser for [East Bay Community Action Program](#)'s Food Pantries

Thurs., Nov. 12, 7:00-8:30 pm

If you belong to a group that might be interested in our online cooking classes, please contact Mary at 401-454-4955.

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### [EAT WELL, DO GOOD](#)

When you add the \$8 item called EAT WELL, DO GOOD to your order, you provide a delicious meal for a Rhode Islander in need while supporting your local food industry! Thanks to Hope & Main's "[Buy One/Give One](#)," community-supported meal share program, we've been able to cook and supply the good food you order for your neighbor!

To order online, select the item [EAT WELL, DO GOOD](#) from the Order dropdown on our website. If you order by phone or email, let Mary or Annette know that you'd like to help!

[Teamwise](#)

current [Poetry & Art](#) exhibit, "Transition." This is an honor and we at Savory Fare are proud of Annette and congratulate her on her achievement.

Watch out for those acorns on the driveway!

Mary and the Savory Fare Team

# CARTWHEELRI

## [Resources for Seniors in Rhode Island](#)



Find valuable resources for seniors in Rhode Island on one website:

[RIElderInfo.com](http://RIElderInfo.com).



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