

Pureed Food - Dysphagia

Pick your preferred food to create your own custom meal combinations

♥ How to use this menu

Our vegetables, starches, meat and alternatives are packaged separately, so you can create tasty meals catered to your unique needs and preferences.

We have several delicious, velvety sauces for you to choose from, which help you to swallow and enjoy your meal safely.

Please consult our registered dietitian as diet management differs from person to person.

A Satisfying Proteins

<input type="radio"/> Sweet & Sour Pork	Pureed	\$5.50
<input type="radio"/> Beef & Mushroom Sauce	Pureed	\$5.50
<input type="radio"/> Beef Italian Meat Sauce	Pureed	\$5.50
<input type="radio"/> Savoury Chicken	Pureed	\$5.50
<input type="radio"/> Chicken Curry	Pureed	\$5.50
<input type="radio"/> Fish with Parsley & Lemon	Pureed	\$5.50
<input type="radio"/> BBQ Pork	Pureed	\$5.50
<input type="radio"/> Salmon Dill	Pureed	\$7.00
<input type="radio"/> Roasted Pork & Garlic	Pureed	\$5.50

B Tasty Carbohydrates

<input type="radio"/> Whipped Potato & Herbs	\$2.20
<input type="radio"/> Whipped Potato & Cheese	\$2.75
<input type="radio"/> Whipped Potato	\$2.20
<input type="radio"/> Whipped Yams	\$3.75
<input type="radio"/> Whipped Butternut Squash	\$3.00

C Fantastic Veggies

<input type="radio"/> Candied Carrots	Pureed	\$3.00
<input type="radio"/> Herbed Carrots	Pureed	\$3.00
<input type="radio"/> Beet & Apple	Pureed	\$3.00
<input type="radio"/> Whipped Carrots & Parsnip	Pureed	\$3.00
<input type="radio"/> Green Peas & Mushrooms	Pureed	\$3.75
<input type="radio"/> Broccoli & Cauliflower	Pureed	\$3.25
<input type="radio"/> Cauliflower & Cheese	Pureed	\$3.75
<input type="radio"/> Creamed Spinach	Pureed	\$3.75
<input type="radio"/> Seasonal Veggie Dish	Pureed	\$3.75

D Velvety Sauces

<input type="radio"/> Cheese Sauce	\$1.00
<input type="radio"/> Savoury Herb Sauce	\$1.00
<input type="radio"/> Garlic Sauce	\$1.00
<input type="radio"/> Mushroom Sauce	\$1.00
<input type="radio"/> Beef Gravy	\$1.00
<input type="radio"/> Italian Tomato Sauce	\$1.00
<input type="radio"/> Coconut Curry Sauce	\$1.00



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Prices and availability are subject to change.

Nutrition Therapies

<input type="radio"/> Swallowing Difficulty	<input type="radio"/> Diabetes
<input type="radio"/> Chewing Difficulty	<input type="radio"/> Renal
<input type="radio"/> Low Sodium	<input type="radio"/> Healthy Heart
<input type="radio"/> Gluten Free	<input type="radio"/> Taste Changes
<input type="radio"/> Dairy Free	<input type="radio"/> Post Surgery
<input type="radio"/> IBS/IBD Management	<input type="radio"/> Allergies