



Girlz Ink Gazette

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New Tatter-a-fact® Episode! Episode #38 with Jill Ullmer

On this new episode of Tatter-a-fact® I'm joined by the newest Girlz Ink Academy trainer: Jill Ullmer. We talk all about her new course: Understanding Body Focused Repetitive Behaviors (BFRBs). This may be a course you've overlooked, but we're here to tell you this course is life-changing and is one every PMU artist should take. Expand your services menu while dialing into this niche because niches get riches!

These are topics we talk about:

[How Jill Ullmer got her start in PMU](#)

[What is the hardest part of working on a client with a BFRB?](#)

[What causes someone with dermatillomania to pick their skin?](#)

[Understanding Body Focused Repetitive Behaviors make procedures easier & less frustrating](#)

Use code JILL10 for 10% OFF her course Understanding BFRBs in PMU.
Valid from 11/18 - 11/21. Not valid with any other promotion.

[View Full Episode](#)



Never Tattoo Anything Raised!!

It's always been standard protocol to never tattoo over anything raised.

It's especially important to follow this rule when it comes to moles.

If we implant pigment into a mole, it will hinder your clients ability to spot any suspicious changes. Not to mention that ink can mimic the spread of metastatic melanoma by seeping into underlying tissues, according to this [Harvard Health Blog](#).

The majority of people agree that for client safety, do not tattoo over a mole.



I personally do not tattoo over anything raised. So, I will tattoo up to the raised culprit...skip over it...then continue on after. It may look a little funny, but it's better to be safe than sorry. Plus, if your client really wants that spot covered they can add a little bit of topical makeup before heading out of the house!

Stay safe and Happy Tattooing!!

ARE YOU FROSTING?



Are You Frosting?

With so many different topical pre-numbing anesthetic creams on the market, it can be difficult to find the right one for your tray.

Topical numbing is effective on the first pass for permanent makeup and is used to greatly reduce pain and aid the artist in producing amazing results.

So, what makes a good pre-numbing topical anesthetic great?

- It's powerful and effective
- It has a quick absorption rate
- It can be used on ALL permanent makeup and microblading procedures...

[Read the Full Blog](#)

