Collagen Low Carb Bars

The Collagen Low Carb Protein Bar is Australia's first bio-active collagen bar for tendons and ligaments.

Collagen is the most abundant protein in the body and is essential for the optimal health and function of your tendons, ligaments, skin, and connective tissues.

The Collagen Low Carb Bar contains a clinically dosed 5g of the award-winning TENDOFORTE® Collagen in each bar, voted Ingredient of the Year in the Sports Nutrition Category at the Nutra Ingredient Awards 2020.

TENDOFORTE® is renowned as one of the most researched and versatile collagens on the market and is proven to support tendon and ligament health and performance, support muscle recovery and assist with injury rehabilitation when consumed around the time of exercise.

Collagen Low Carb bars are the perfect on-the-go snack or craving crusher. Replace those late-night candy bar cravings with something that tastes just as satisfying but far better for you, with added benefits and doesn't leave you with regret!

High in quality protein and low in carbohydrates they complement any training and diet plan and can be included in your diet at any time of the day!

## Available Flavours







Choc

Peanut Butter Caramel Chocolate Choc Chunk

#### **ACTIVE INGREDIENTS**

#### **TENDOFORTE® Hydrolysed Collagen Peptides**

 a researched specific bioactive collagen peptide designed for ligaments and tendons. It provides nutritional support for strong tendons and ligaments.
Strong tendons and ligaments contribute to the foundation of high physical performance and fast return-to-training for injured athletes.

**Protein** – Protein is fundamental to life and the most important building block in the body. Our body needs protein to grow, heal and carry out nearly every chemical reaction on the body. The high protein content in each bar supports muscle gains, recovery, satiety and helps boost your metabolism.



#### **KEY BENEFITS**

- TENDOFORTE® Collagen Protein
- Specific bioactive collagen peptides
- Nutritional support for ligaments and tendons
- Connective tissue support
- High protein
- Low carb

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■ No artificial flavours

#### NUTRITION INFORMATION

Serving per package: 1 \*Caramel Choc Chunk Serving size: 60g

P	Avg Qty er Serve 60g	Avg Qty Per 100g
ergy	920 kJ	1533 kJ
oviding Calories	220 cal	367 ca
otein	19.7 g	32.8 g
t, Total	5.9 g	9.8 g
Saturated	3.0 g	4.9 g
arbohydrate	5.5 g	9.2 g
Sugars	5.1 g	8.5 g
etary fibre	5.3 g	8.8 g
olydextrose	4.5 g	7 <b>.</b> 5 g
odium	110 mg	183 mg
orbitol	6.6 g	11.0 g
altitol	3.7 g	6.2 g
ycerol	4.6 g	7.7 g
malt	1.9 g	3.2 g
drolysed Collagen TENDOFC	ORTE® 5.1 g	8.5 g

Ingredients: No Added Sugar Milk Protein Chocolate (Sweetener [Maltitol], Cocoa Solids 33%, Milk Solids 20%, Soy Protein Isolate, Emulsifiers (Soy Lecithin, Polyglycerol Polyricinoleate), Natural Vanilla Flavour), Sweetener (Sorbitol), Polydextrose, Whey Protein Isolate, Tendoforte® Hydrolysed Collagen Peptides 8.5%, Caramel Paste 8% (Invert Sugar, Humectants (Sorbitol, Gyberol), Concentrated Pear Puree, Bulking Agent [Polydextrose], Sunflower Oil, Citrus Fibre, Natural Colours (Caramel I, Titanium Dioxidel, Gelling Agent [Pectin], Firming Agent (Calcium Lactatel), Natural Flavour), Calcium Caseinate, Humectant (Glycerol), Milk Protein Concentrate, Chocolate Chips 4%, Sugar Free Caramel Chips 3%, Soy Protein Nuggets, Sunflower Oil, Natural Flavour, Emulsifier (Soy Lecithin), Salt, Antioxidant (Vitamin E), Sweetener (Steviol Glycosides). Contains Milk & Soybean.

# Collagen Low Carb Bars

#### **Peanut Butter Chocolate Flavour**

## Formulated Supplementary Sports Food Nutrition Information:

Serving Per Package:1 Serving Size: 60g

Recommended Consumption in one day: 1 serve

Average Quantity per:				Average Quantity per:	
Se	rve (60g)	100g	S	erve (60g)	100g
Energy Providing Calories Protein Fat, Total -Saturated Carbohydrate - Sugars	975kJ 233cal 19.8g 8.1g 3.0g 4.8g 4.0g	1625kJ 389cal 32.9g 13.6g 5.0g 8.0g 6.7g	Dietary fibre -Polydextrose Sodium Sorbitol Maltitol Glycerol Hydrolysed Collagen TENDOFO	5.7g 4.4g 94mg 6.2g 3.8g 4.9g RTE® 5.1g	9.6g 7.4g 157mg 10.3g 6.3g 8.1g 8.5g

Ingredients: No Added Sugar Milk Protein Chocolate (Sweetener [Maltitot], Cocoa Solids 33%, Milk Solids 20%, Soy Protein Isolate, Emulsifiers [Soy Lecithin, Polyglycerol Polyricinoleate], Natural Vanilla Flavour), Peanuts 11%, Sweetener (Sorbitol), Polydextrose, Whey Protein Isolate, TENDOFORTE® Hydrolysed Collagen Peptides 8.5%, Caramel Paste 5% (Invert Sugar, Humectants (Sorbitol), Glycerol], Concentrated Pear Puree, Bulking Agent Polydextrose), Sunflower oil, Citrus Fibre, Natural Colours (Caramel, Titanium Disoxide), Gelling Agent (Pectin), Firming Agent (Calcium Lactate), Natural Flavour, Calcium Caseinate, Humectant (Glycerol), Milk Protein Concentrate, Sunflower Oil, Natural Flavour, Emulsifier (Soy Lecithin), Salt, Antioxidant (Vitamin E), Sweetener (Steviol Glycosides). Contains Milk, Peanuts, Soybean, Sesame Seeds, Made on equipment which processes Tree Nuts, therefore these allergens may be present. Excess consumption of this food may have a laxative effect. Store under cool, dry conditions below 20°C.

#### Caramel Choc Chunk Flavour

#### Formulated Supplementary Sports Food Nutrition Information:

Serving Per Package:1 Serving Size: 60g

Recommended Consumption in one day: 1 serve

Average Quantity per:				Average Quantity per:		
Serve	e (60g)	100g	Se	erve (60g)	100g	
Energy Providing Calories Protein Fat, Total -Saturated Carbohydrate - Sugars	920kJ 220cal 19.7g 5.9g 3.0g 5.5g 5.1g	1533kJ 367cal 32.8g 9.8g 4.9g 9.2g 8.5g	Dietary fibre -Polydextrose Sodium Sorbitol Maltitol Glycerol Isomalt Hydrolysed Collagen TENDOFOR	5.3g 4.5g 110mg 6.6g 3.7g 4.6g 1.9g RTE® 5.1g	8.8g 7.55g 183mg 11.0g 6.2g 7.7g 3.2g 8.5g	

Ingredients: No Added Sugar Milk Protein Chocolate (Sweetener [Maltitol], Occos Solids 33%, Milk Solids 20%, Soy Protein Isolate, Emulsifiers (Soy Lecithin, Polyglycerol Polyricinoleate), Natural Vanilla Flavour), Sweetener (Sorbitol), Polydextrose, Whey Protein Isolate, TENDOFORTE® Hydrolysed Collagen Peptides 8.5%, Caramel Paste 8% (Invert Sugar, Humectants (Sorbitol, Glycerol), Concentrated Pear Pures, Bulking Agent [Polydextrose], Sunflower Oil, Citrus Fibre, Matural Caloums (Caramel 1, Titanium) Dioxide), Gelling Agent [Pectin], Firming Agent [Calcium Lactate], Natural Flavour, Calcium Caseinate, Humectant (Glycerol), Milk Protein Concentrate, Chocolate Chips 4%, Sugar Free Caramel Chips 3%, Soy Protein Nuggets, Sunflower Oil, Natural Flavour, Emulsifier; Goy Lecithin), Sait, Antioxidant (Vitanin E), Sweetener (Steviol Glycosides), Contains Milk & Soybean, Made on equipment which process Peanuts, Tree Nuts & Sesame, therefore these allergens may be present. Excess consumption of this food may have a laxative effect. Store under cool, dry conditions below 20°C.

## Choc Coconut Flavour

# Formulated Supplementary Sports Food Nutrition Information:

Serving Per Package:1 Serving Size: 60g

Recommended Consumption in one day: 1 serve

Average Quantity per:			Average Quantity per:		
Serv	e (60g)	100g		Serve (60g)	100g
Energy Providing Calories Protein Fat, Total -Saturated Carbohydrate - Sugars	990kJ 237cal 18.3g 9.4g 6.2g 4.4g 4.0g	1650kJ 395cal 30.5g 15.6g 10.4g 7.3g 6.7g	Dietary fibre -Polydextrose Sodium Sorbitol Maltitol Glycerol Hydrolysed Collagen TEND	6.1g 4.4g 95mg 6.1g 3.8g 4.9g ooforte® 5.1g	10.2g 7.3g 158mg 10.2g 6.3g 8.1g 8.5g

Ingredients: No Added Sugar Milk Protein Chocolate (Sweetener [Maltitot], Cocoa Solids 33%, Milk Solids 20%, Soy Protein Isolate, Emulsifiers [Soy Lecithin, Polyglycerol Polyricinoleate], Natural Vanilla Flavour), Coconut 12%, Sweetener (Sorbitol), Polydextrose, Whey Protein Isolate, TENDOFORTE® Hydrolysed Collagen Peptides 8.5%, Chocolate Paste 8% (Invert Sugar, Humectants Sorbitol, Glycerol), Concentrated Pear Purce, Bulking Agent Polydextrose), Cocoa Powder (4.8%), Sunflower Oil, Wheat Fibre, Natural Flavour, Selling Agent [Pectin], Firming Agent (Calcium Lactatel), Calcium Caseinate, Humectant (Glycerol), Milk Protein Concentrate, Sunflower Oil, Natural Flavour, Emulsifier (Soy Lecithin), Salt, Antioxidant (Vitamin E), Sweetener (Steviol Glycosides). Contains Wheat, Milk, Soybean, Made on equipment that processes Peants. Tree Nuts & Sesame, therefore these allergens may be present. Excess consumption of this food may have a laxative effect. Store under cool, dry conditions below 20°C.

