Knit Bow Headband
Knit Pattern

by Lisa Johnson

Materials Needed:

- 1 cake of Silk Roving Worsted Weight Yarn
- US Size 10.5 (6.5 mm) Knitting Needles
- Tapestry needle and scissors

Pattern Notes:

- Finished Dimensions: Approximately 3" W x 19" L (laid flat)
- Gauge: 12 sts by 24 rows: 3" x 3"
- Pattern can be adjusted to removing or adding rows (in the double seed section) to the preferred head size. The double seed section becomes very stretchy because of the large needle size, so pay attention to that when readjusting sizes
- Stitch counts per row are in <brackets>
- Blocking: To block, use a water and white vinegar solution to help keep your colors bright and minimize any bleeding

Abbreviations:

K2tog: Knit two together
RS: Right side
M1: Make one (increase by making a stitch)

K: Knit
P: Purl
St/s: Stitch/es
CO: Cast on

The Pattern:

CO 2 sts
- Row 1: K1, M1, K1 <3>
- Row 2: Purl entire row <3>
- Row 3: Knit across row, M1 before last st <4>
- Row 4-14: Repeat rows 2 and 3 <14>
- Row 15: Purl across row to end on RS

Create double seed st for ~18" (or however long you want your headband to be):
- Row 16-17: *k2, p2*
- Row 18-19: *p2, k2*

Repeat rows 16-19 until you have reached your desired length (about 70 more rows for 18") End on a wrong side row.

Now we will start to decrease (if your row numbers don't match these, that is okay!):
- Row 85: k row until last 2 sts, k2tog
- Row 86: purl across

Repeat rows 85-86 until you have 2 sts left on needle, then k2tog
Cut yarn and bind off, weave in excess yarn with tapestry needle

Finishing Touches:

Place the headband down on a table and fold in half to line up stockinette sections. Take the tapestry needle with a piece of yarn, work yarn through both sides (at the intersection of the double seed st and stockinette and pull together to cinch.
Tie a knot underneath the headband and weave in ends.
Tie the two ends of stockinette into a knot and pull tightly.

darn good yarn