Courage is not the absence of fear, but The great opportunity is where you are. rather the judgment that something else Every place is under the stars. Whatever you are, be a good one. Abraham Lincoln is more important than fear. Every place is the center of the universe. Ambrose Redmoon John Burroughs There is only one corner of the universe Life shrinks or expands in proportion Do what you can, with what you have, you can be certain of improving, to one's courage. where you are. and that's your own self. Theodore Roosevelt Anais Nin Aldous Huxley Do not look for approval except for the What you are afraid to do is a clear indicator Imagination is more important consciousness of doing your best. of the next thing you need to do. than knowledge. Andrew Carnegie Anonymous Albert Einstein Life isn't about finding yourself. You must do the thing Adventure is worthwhile in itself. you think you cannot do. Life is about creating yourself. Amelia Earhart George Bernard Shaw Eleanor Roosevelt Thinking is easy, acting is difficult, Use what talent you possess; the woods would be very silent if no birds sang there and to put one's thoughts into action Creativity takes courage. is the most difficult thing in the world. Henri Matisse except those that sang best. Johann Wolfgang von Goethe Anonymous The only way to discover the limits Courage is being scared to death When I let go of what I am, of the possible is to go beyond them I become what I might be. and saddling up anyway. into the impossible. Lao Tzu John Wayne Arthur C. Clarke The important thing is this: to be able Nothing in life is to be feared. If we are facing in the right direction, at any moment to sacrifice what we are all we have to do is keep on walking. It is only to be understood. for what we could become. Buddhist proverb Marie Curie Maharishi Mahesh Yogi If we did all the things we are capable of doing Courage is very important. Life is a great big canvas and you should we would literally astound ourselves. Like a muscle, it is strengthened by use. throw all the paint on it you can. Thomas Edison Danny Kaye Ruth Gordon Overcome the notion that you must It is not the mountain that we conquer, Shake the tree of life itself and be regular. It robs you of the chance but ourselves. bring down fruit unheard of. to be extraordinary. Edwin Arlington Robinson Sir Edmund Hillary Uta Hagen Let your light shine. Be a source of The future belongs to those who believe strength and courage. Share your wisdom. Bloom where you are planted. in the beauty of their dreams. Radiate love. Anonymous Eleanor Roosevelt Wilfred Peterson I am the master of my fate; We cannot do everything at once, Above all, try something. I am the captain of my soul. but we can do something at once. Franklin Delano Roosevelt William Ernest Henley Calvin Coolidge

Don't wait for inspiration.
It comes while one is working.
Henri Matisse

The great use of life is to spend it for something that will outlast it.

William James

It is easy to be brave from a safe distance.

Aesop

Do not wait for extraordinary circumstances to do good action; try to use ordinary situations.

Jean Paul Richter

It is never too late to be what you might have been.

George Eliot

Go confidently in the direction of your dreams! Live the life you've imagined.

Henry David Thoreau

The important thing is somehow to begin. Henry Moore	If we really want to live, we'd better start at once to try. W.H. Auden	Only those who attempt the absurd will achieve the impossible. M.C. Escher
Adopt the pace of nature; her secret is patience. Ralph Waldo Emerson	Even if you're on the right track, you'll get run over if you just sit there. Will Rogers	When nothing is sure, everything is possible. Margaret Drabble
Follow your bliss. Find where it is and don't be afraid to follow it. Joseph Campbell	I don't want to get to the end of my life and find that I lived just the length of it. I want to have lived the width of it as well. Diane Ackerman	Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover. Mark Twain
You are one of the forces of nature. Jules Michelet	On with the dance! Let joy be unconfined. Lord Byron	Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes, and having fun. Mary Lou Cook
Shoot for the moon. Even if you miss it, you will land among the stars. Les Brown	One doesn't discover new lands without consenting to lose sight of shore for a very long time. André Gide	The greater the obstacle, the more glory in overcoming it. Molière
Life loves to be taken by the lapel and told: "I'm with you kid. Let's go." Maya Angelou	To get something you've never had, you have to do something you've never done. Anonymous	I am always doing that which I cannot do, in order that I may learn how to do it. Pablo Picasso
It always seems impossible until it's done. Nelson Mandela	Be bold. If you're going to make an error, make a doozy, and don't be afraid to hit the ball. Billie Jean King	Be brave. Take risks. Nothing can substitute experience. Paulo Coelho
We should act more, think less, and stop watching ourselves live. Nicolas de Chamfort	What makes you vulnerable makes you beautiful. Brené Brown	Do not go where the path may lead, go instead where there is no path and leave a trail. Ralph Waldo Emerson
Let your hook always be cast. In the stream where you least expect it, there will be a fish. Ovid	He who deliberates fully before taking a step will spend his entire life on one leg. Chinese proverb	Only those who dare to fail greatly can ever achieve greatly. Robert F. Kennedy
Great is the road I climb, but the garland offered by an easier effort is not worth the gathering. Propertius	The greatest mistake you can make is to be continually fearing you will make one. Elbert Hubbard	It is not because things are difficult that we do not dare; it is because we do not dare that they are difficult. Seneca
No one knows what he can do until he tries. Publilius Syrus	Creativity requires the courage to let go of certainties. Erich Fromm	Only those who will risk going too far can possibly find out how far one can go. T.S. Eliot
To be what we are, and to become what we are capable of becoming, is the only end of life. Robert Louis Stevenson	Hope is a risk that must be run. Georges Bernanos	I am not discouraged, because every wrong attempt discarded is another step forward. Thomas Edison
Go as far as you can see, and when you get there you will see farther. Thomas Carlyle	Fall seven times, stand up eight. Japanese proverb	You miss 100% of the shots you don't take. Wayne Gretzky

You've got to go out on a limb sometimes because that's where the fruit is. Will Rogers	There are two ways of exerting one's strength: one is pushing down, the other is pulling up. Booker T. Washington	I like to praise and reward loudly, to blame quietly. Catherine the Great
Leap and the net will appear. Zen proverb	Everyone has a message. My life is my message. Gandhi	No one is useless in this world who lightens the burdens of it for anyone else. Charles Dickens
Well done is better than well said. Benjamin Franklin	Never look down on anybody unless you're helping him up. Jesse Jackson	My religion is very simple — my religion is kindness. Dalai Lama
A thousand words will not leave so deep an impression as one deed. Henrik Ibsen	It is the nature of man to rise to greatness if greatness is expected of him. John Steinbeck	Success has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others. Danny Thomas
All the beautiful sentiments in the world weigh less than a single lovely action. James Russell Lowell	To lead the people, walk behind them. Lao Tzu	Love generously, praise loudly, live fully. Elias Porter
You have your way. I have my way. As for the right way, the correct way, and the only way, it does not exist. Friedrich Nietzsche	Really great people make you feel that you, too, can become great. Mark Twain	If I can stop one heart from breaking, I shall not live in vain. Emily Dickinson
We judge ourselves by what we feel capable of doing, while others judge us by what we have already done. Henry Wadsworth Longfellow	Trust men and they will be true to you; treat them greatly and they will show themselves great. Ralph Waldo Emerson	What do we live for if not to make the world less difficult for each other? George Eliot
Always hold your head up, but be careful to keep your nose at a friendly level. Max L. Forman	A kind heart is a fountain of gladness, making everything in its vicinity freshen into smiles. Washington Irving	How beautiful a day can be when kindness touches it. George Elliston
If you judge people, you have no time to love them. Mother Teresa	When I was young, I admired clever people. Now that I am old, I admire kind people. Abraham Joshua Heschel	Make the most of today. Translate your good intentions into actual deeds. Grenville Kleiser
Do something wonderful, people may imitate it. Albert Schweitzer	No act of kindness, no matter how small, is ever wasted. Aesop	Life is slippery. Here, take my hand. H. Jackson Brown, Jr.
Example is not the main thing in influencing others. It is the only thing. Albert Schweitzer	Scatter seeds of kindness everywhere you go. Amy R. Raabe	All altruism springs from putting yourself in the other person's place. Harry Emerson Fosdick
The true worth of a man is not to be found in man himself, but in the colors and textures that come alive in others. Albert Schweitzer	Kind words do not cost much. Yet they accomplish much. Blaise Pascal	It's not what you gather, but what you scatter that tells what kind of life you have lived. Helen Walton
The greatest good you can do for another is not just to share your riches, but to reveal to him his own. Benjamin Disraeli	Kindness is more than deeds. It is an attitude, an expression, a look, a touch. It is anything that lifts another person. C. Neil Strait	Have you had a kindness shown? Pass it on! Henry Burton

Three things in human life are important: That best portion of a good man's life, You can accomplish by kindness The first is to be kind. The second is His little, nameless, unremembered acts what you cannot by force. to be kind. And the third is to be kind. Of kindness and of love. Publilius Syrus Henry James William Wordsworth Give what you have. To some one, We make a living by what we get, Scatter joy. it may be better than you dare to think. we make a life by what we give. Ralph Waldo Emerson Henry Wadsworth Longfellow Winston Churchill If it is given with love, Give, if thou can, an alms; We cannot hold a torch to light another's path a mere handful is enough. if not, a sweet and gentle word. without brightening our own. Hindu proverb Robert Herrick Ben Sweetland It is enough that I am of value Always set high value He who wishes to secure the good of others to somebody today. on spontaneous kindness. has already secured his own. Hugh Prather Samuel Johnson Confucian proverb Kindness is in our power, Kindness can become its own motive. You cannot shake hands with a clenched fist. even when fondness is not. We are made kind by being kind. Indira Gandhi Eric Hoffer Samuel Johnson Remember there's no such thing The game of life is a game of boomerangs. Man's thoughts, deeds and words return to as a small act of kindness. Every act Always be a little kinder than necessary. J.M. Barrie creates a ripple with no logical end. Scott Adams Florence Scovel Shinn One kind word can warm Wherever there is a human being, No one *gives* joy or sorrow...We gather the consequences of our own deeds. three winter months. there is an opportunity for a kindness. Garuda Purana Japanese proverb Seneca A little thought and a little kindness are often Our deeds determine us, as much as Kindness gives birth to kindness. worth more than a great deal of money. we determine our deeds. Sophocles John Ruskin George Eliot Kindness in words creates confidence. One who knows how to show and The habit of being uniformly Kindness in thinking creates profoundness. to accept kindness will be a friend considerate toward others will Kindness in giving creates love. better than any possessions. bring increased happiness to you. Lao Tzu Sophocles Grenville Kleiser People will forget what you said, people will

forget what you did, but people will never forget how you made them feel. Maya Angelou

Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing. Mother Teresa

Kind words can be short and easy to speak, but their echoes are truly endless. Mother Teresa

> Be kind, for everyone you meet is fighting a hard battle. Plato

It's so easy to laugh. It's so easy to hate. It takes strength to be gentle and kind. Stephen Morrissev

Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom. Theodore Isaac Rubin

One thing everybody in the world wants and needs is friendliness. William E. Holler

How far that little candle throws his beams. So shines a good deed in a naughty world. William Shakespeare

him sooner or later with astounding accuracy.

Goodness is the only investment that never fails. Henry David Thoreau

Help your brother's boat across, and your own will reach the shore. Hindu proverb

Those who bring sunshine to the lives of others cannot keep it from themselves. J.M. Barrie

The true way to soften one's troubles is to solace those of others. Madame De Maintenon

When we show our respect for other living things, they respond with respect for us. Native American proverb	I will act as if what I do makes a difference. William James	The more a man knows, the more he forgives. Catherine the Great
To receive everything, one must open one's hands and give. Taisen Deshimaru	She would rather light candles than curse the darkness, and her glow has warmed the world. Adlai Stevenson, about Eleanor Roosevelt	It does not require many words to speak the truth. Chief Joseph
Without kindness, there can be no true joy. Thomas Carlyle	How wonderful is it that nobody need wait a single moment before starting to improve the world. Anne Frank	Compassion and tolerance are not a sign of weakness, but a sign of strength. Dalai Lama
When we seek to discover the best in others, we somehow bring out the best in ourselves. William Arthur Ward	When you have decided what you believe, what you feel must be done, have the courage to stand alone and be counted. Eleanor Roosevelt	Wisdom is the reward you get for a lifetime of listening when you'd have preferred to talk. Doug Larson
In the depth of winter, I finally learned that there was in me an invincible summer. Albert Camus	We must be the change we wish to see in the world. Gandhi	A good heart is better than all the heads in the world. Edward Bulwer-Lytton
Everybody is talented, original and has something important to say. Brenda Ueland	You have within you the strength, the patience, and the passion to reach for the stars to change the world. Harriet Tubman	Fame is a vapor, popularity an accident, riches take wings. Only one thing endures and that is character. Horace Greeley
You, yourself, as much as anybody in the entire universe deserve your love and affection. Buddha	Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. Margaret Mead	Live your life as though your every act were to become a universal law. Immanuel Kant
You're braver than you believe, and stronger than you seem, and smarter than you think. Christopher Robin to Winnie-the-Pooh	Happy is the man who ventures boldly to defend what he holds dear. Ovid	Circumstance does not make the man; it reveals him to himself. James Allen
Once we believe in ourselves, we can risk curiosity, wonder, spontaneous delight, or any experience that reveals the human spirit. e.e. cummings	We should be too big to take offense and too noble to give it. Abraham Lincoln	I cannot and will not cut my conscience to fit this year's fashions. Lillian Hellman
I'll walk where my own nature would be leading; it vexes me to choose another guide. Emily Brontë	Try not to become a man of success, but rather a man of value. Albert Einstein	If it is not right, do not do it; if it is not true, do not say it. Marcus Aurelius
Do not let what you cannot do interfere with what you can do. John Wooden	My father used to say, "Don't raise your voice. Improve your argument." Archbishop Desmond Tutu	Waste no more time arguing what a good man should be. Be one. Marcus Aurelius

Quality is not an act. It is a habit.

Aristotle

To be beautiful means to be yourself. You don't need to be accepted by others. You need to accept yourself. Thich Nhat Hanh

You can *enjoy* encouragement coming

from outside, but cannot *need* for it

to come from outside. Vladimir Zworykin Don't try to be different. Just be good. To be good is different enough. Arthur Freed Always do right. This will gratify some people and astonish the rest.

Mark Twain

Go into the world and do well. But more importantly, go into the world and do good. Minor Myers, Jr.

A good head and a good heart are always a formidable combination. Nelson Mandela	Enjoy the little things, for one day you may look back and realize they were the big things. Robert Brault	I am searching for that which every man seeks — peace and rest. Dante Alighieri
It is not enough to have a good mind: the main thing is to use it well. René Descartes	Great things are not done by impulse, but by a series of small things brought together. Vincent Van Gogh	Go placidly amid the noise and the haste, and remember what peace there may be in silence. Max Ehrmann
Nothing is so strong as gentleness, nothing so gentle as real strength. St. Francis de Sales	In all things of nature there is something of the marvelous. Aristotle	First keep the peace within yourself, then you can also bring peace to others. Thomas à Kempis
Success is more permanent when you achieve it without destroying your principles. Walter Cronkite	All things share the same breath — the beast, the tree, the manthe air shares its spirit with all the life it supports. Chief Seattle	Peace is always beautiful. Walt Whitman
Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. Winston Churchill	I have a room all to myself; it is nature. Henry David Thoreau	Where there is love there is life. Gandhi
Do all the good you can, and make as little fuss about it as possible. Charles Dickens	In every walk with nature one receives far more than he seeks. John Muir	A loving heart is the truest wisdom. Charles Dickens
Goodness is uneventful. It does not flash, it glows. David Grayson	When one tugs at a single thing in nature, he finds it attached to the rest of the world. John Muir	When the power of love overcomes the love of power, the world will know peace. Jimi Hendrix
If we lose affection and kindliness from our life, we lose all that gives it charm. Cicero	I think that I shall never see A poem lovely as a tree. Joyce Kilmer	Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that. Martin Luther King, Jr.
Life is painting a picture, not doing a sum. Oliver Wendell Holmes, Jr.	All my life through, the new sights of Nature made me rejoice like a child. Marie Curie	Love is the only force capable of transforming an enemy into friend. Martin Luther King, Jr.
Know how to give without hesitation, how to lose without regret, how to acquire without meanness. George Sand	The wilderness holds answers to questions man has not yet learned to ask. Nancy Newhall	The most important thing in life is to learn how to give out love and to let it come in. Morrie Schwartz
To do the useful thing, to say the courageous thing, to contemplate the beautiful thing: that is enough for one man's life. T.S. Eliot	We do not inherit the earth from our ancestors. We borrow it from our children. Native American proverb	Love is the joy of the good, the wonder of the wise, and the amazement of the Gods. Plato

I believe a leaf of grass is no less than the journey-work of the stars.

Walt Whitman

One touch of nature

makes the whole world kin. William Shakespeare You come to love not by finding a

perfect person, but by learning to see

an imperfect person perfectly.
Sam Keen

The supreme happiness of life

is the conviction that we are loved.

Victor Hugo

The power of a man's virtue should not be measured by his special efforts,

but by his ordinary doing.

Blaise Pascal

I long to accomplish a great and noble task,

but it is my chief duty to accomplish small tasks as if they were great and noble.

Helen Keller

Love looks not with the eyes, but with the mind. William Shakespeare	If you can't fight, and you can't flee, flow. Robert Eliot	Everyone chases after happiness, not noticing that happiness is right at their heels. Bertolt Brecht
The lover of life makes the whole world into his family. Charles Baudelaire	I make the most of all that comes and the least of all that goes. Sara Teasdale	There is no way to happiness — happiness is the way. Buddhist proverb
Man does not weave this web of life. He is merely a strand of it. Whatever he does to the web, he does to himself. Chief Seattle	When the student is ready, the teacher appears. Buddhist proverb	Happiness is not something ready made. It comes from your own actions. Dalai Lama
When eating bamboo sprouts, remember the man who planted them. Chinese proverb	l dwell in Possibility Emily Dickinson	Happiness is where we find it, but rarely where we seek it. J. Petit Senn
We cannot live only for ourselves. A thousand fibers connect us with our fellow men. Herman Melville	The soul should always stand ajar. Emily Dickinson	Poetry is to be found nowhere unless we carry it within us. Joseph Joubert
The world is my country, all mankind are my brethren, and to do good is my religion. Thomas Paine	To remain young while growing old is the highest blessing. German proverb	Happiness is a butterfly which, when pursued, is always beyond our grasp, but, if you will sit down quietly, may alight upon you. Nathaniel Hawthorne
What a wonderful life I've had! I only wish I'd realized it sooner. Colette	One never knows what each day is going to bring. The important thing is to be open and ready for it. Henry Moore	Watch with glittering eyes the whole world around you, because the greatest secrets are always hidden in the most unlikely places. Roald Dahl
Success is getting what you want. Happiness is wanting what you get. Dale Carnegie	The great man is he who does not lose his childlike heart. Mencius	The only Zen you find on the tops of mountains is the Zen you bring up there. Robert M. Pirsig
Before we set our hearts too much upon anything, let us examine how happy they are who already possess it. François de La Rochefoucauld	May your life be like a wildflower, growing freely in the beauty and joy of each day. Native American proverb	Pleasure is very seldom found where it is sought; our brightest blazes of gladness are commonly kindled by unexpected sparks. Samuel Johnson
Let him who has enough wish for nothing more. Horace	Always keep an open mind and a compassionate heart. Phil Jackson	We carry with us the wonders we seek without us. Sir Thomas Browne
The secret of happiness is not in doing what one likes, but in liking what one has to do. J.M. Barrie	Life is not a problem to be solved, but a reality to be experienced. Soren Kierkegaard	Most men pursue pleasure with such breathless haste that they hurry past it. Soren Kierkegaard
To be content with what we possess is the greatest and most secure of riches. Cicero	It is not easy to find happiness in ourselves, and it is not possible to find it elsewhere. Agnes Repplier	Perfect happiness is the absence of striving for happiness. Zhuangzi

What you can't get out of, get into wholeheartedly.
Mignon McLaughlin

Wherever you go, no matter what the weather, always bring your own sunshine.
Anthony J. D'Angelo Expect nothing. Live frugally on surprise. Alice Walker

If you worry about what might be, and wonder what might have been, you will ignore what is. Anonymous	I am not afraid of tomorrow, for I have seen yesterday and I love today. William Allen White	There will come a time when you believe everything is finished. That will be the beginning. Louis L'Amour
Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight. Benjamin Franklin	The shell must break before the bird can fly. Alfred Tennyson	I am not afraid of storms, for I am learning how to sail my ship. Louisa May Alcott
It isn't where you came from, it's where you're going that counts. Ella Fitzgerald	If you can't change your fate, change your attitude. Amy Tan	The greater part of our happiness or misery depends on our dispositions, and not our circumstances. Martha Washington
Yesterday is ashes; tomorrow wood. Only today does the fire burn brightly. Eskimo proverb	Life isn't about waiting for the storm to pass. It's about learning to dance in the rain. Anonymous	We must accept finite disappointment, but we must never lose infinite hope. Martin Luther King, Jr.
The past is but the beginning of a beginning, and all that is and has been is but the twilight of the dawn. H.G. Wells	The art of living lies less in eliminating our troubles than in growing with them. Bernard M. Baruch	Barn's burnt down, now I can see the moon. Mizuta Masahide
Cease to inquire what the future has in store, and take as a gift whatever the day brings forth. Horace	We either make ourselves miserable, or we make ourselves strong. The amount of work is the same. Carlos Castaneda	I will love the light for it shows me the way, yet I will endure the darkness because it shows me the stars. Og Mandino
Let us not look back in anger, nor forward in fear, but around us in awareness. James Thurber	Life is ten percent what happens to you and ninety percent how you react to it. Charles Swindoll	Every ending brings with it a brand new beginning. Oprah Winfrey
Let the past drift away with the water. Japanese proverb	The gem cannot be polished without friction, nor man perfected without trials. Chinese proverb	Turn your wounds into wisdom. Oprah Winfrey
If your eyes are blinded with your worries, you cannot see the beauty of the sunset. Krishnamurti	The way I see it, if you want the rainbow, you gotta put up with the rain. Dolly Parton	You can't wring your hands and roll up your sleeves at the same time. Pat Schroeder
The past is a guidepost, not a hitching post. L. Thomas Holdcroft	Don't cry because it's over. Smile because it happened. Dr. Seuss	Nothing ever goes away until it has taught us what we need to know. Pema Chodron
Few of us ever live in the present. We are forever anticipating what is to come or remembering what has gone. Louis L'Amour	One shouldbe able to see things as hopeless and yet be determined to make them otherwise. F. Scott Fitzgerald	Where the old tracks are lost, new country is revealed with its wonders. Rabindranath Tagore

Remember that not getting what you want is sometimes a wonderful stroke of luck. H. Jackson Brown, Jr.

We could never learn to be brave and patient,

if there were only joy in the world.

Helen Keller

What the caterpillar calls the end of

the world, the master calls a butterfly.

Richard Bach

The best way out is always through.

Robert Frost

We are not held back by the love

we didn't receive in the past, but by

the love we're not extending in the present.

Marianne Williamson

Never let yesterday

use up too much of today.

Will Rogers

Simplicity is making the journey of this life with just baggage enough. Charles Dudley Warner	It is not so much our friends' help that helps us, as the confidence of their help. Epicurus	Happiness consists in realizing it is all a great strange dream. Jack Kerouac
Happiness is a place between too little and too much. Finnish proverb	Friendship without self-interest is one of the rare and beautiful things of life. James Francis Byrnes	Judge nothing, you will be happy. Forgive everything, you will be happier. Love everything, you will be happiest. Sri Chinmoy
I have learned to seek my happiness by limiting my desires, rather than in attempting to satisfy them. John Stuart Mill	Friendship is always a sweet responsibility, never an opportunity. Kahlil Gibran	Happiness comes of the capacity to feel deeply, to enjoy simply, to think freely, to risk life, to be needed. Storm Jameson
How few are our real wants, and how easy is it to satisfy them! Our imaginary ones are boundless and insatiable. Julius Charles Hare	In the sweetness of friendship let there be laughter, for in the dew of little things the heart finds its morning and is refreshed. Kahlil Gibran	Fear less, hope more; eat less, chew more; whine less, breathe more; talk less, say more; love more, and all good things will be yours. Swedish proverb
Simplicity is the ultimate sophistication. Leonardo da Vinci	I have seen that in any great undertaking it is not enough for a man to depend simply upon himself. Lone Man (Teton Sioux)	Think of all the beauty still left around you and be happy. Anne Frank
Life is not complex. <i>We</i> are complex. Life is simple, and the simple thing is the right thing. Oscar Wilde	It's the friends you can call up at 4 a.m. that matter. Marlene Dietrich	We do not remember days, we remember moments. Cesare Pavese
Joy is not in things; it is in us. Richard Wagner	Unless you bear with the faults of a friend, you betray your own. Publilius Syrus	Keep a green tree in your heart and perhaps a songbird will come. Chinese proverb
Simplicity and naturalness are the truest marks of distinction. W. Somerset Maugham	There is nothing on this earth more to be prized than true friendship. St. Thomas Aquinas	Stretch out your hand and take the world's wide gift of joy and beauty. Corinne Roosevelt Robinson
The best thing to hold on to in life is each other. Audrey Hepburn	The most precious gift we can offer anyone is our attention. Thich Nhat Hanh	That man is happiest who lives from day to day and asks no more, garnering the simple goodness of life. Euripides
Be slow in choosing a friend, slower in changing. Benjamin Franklin	How rare and wonderful is that flash of a moment when we realize we have discovered a friend. William Rotsler	Live in the moment and make it so beautiful that it will be worth remembering. Fanny Crosby
Friendship is unnecessary, like philosophy, like artIt has no survival value; rather is one of those things that give value to survival. C.S. Lewis	Friendship is the only cement that will ever hold the world together. Woodrow Wilson	To be interested in the changing seasons is a happier state of mind than to be hopelessly in love with spring. George Santayana

May you have warmth in your igloo,

oil in your lamp, and peace in your heart. Eskimo proverb

Happiness is when what you think,

what you say, and what you do are in harmony.

Gandhi

Friendship makes prosperity more brilliant,

and lightens adversity by dividing

and sharing it. Cicero

Remember, we all stumble, every one of us.

That's why it's a comfort to go hand in hand. Emily Kimbrough

> May your life be crowded with unexpected joys. H. Jackson Brown, Jr.

Every moment is a golden one for him who has the vision to recognize it as such. Henry Miller

Gladly accept the gifts of the present hour. Horace	Where love reigns the impossible may be attained. Indian proverb	We create our fate every day we live. Henry Miller
Nothing is worth more than this day. Johann Wolfgang von Goethe	When love and skill work together, expect a masterpiece. John Ruskin	The future is not in the hands of fate, but in ours. Jules Jusserano
Make each day your masterpiece. John Wooden	Great thoughts always come from the heart. Marquis de Vauvenargues	A well-spent day brings happy sleep. Leonardo da Vinci
May you live all the days of your life. Jonathan Swift	Certain things catch your eye, but pursue only those that capture your heart. Native American proverb	Everyone has it within his power to say, this I am today, that I shall be tomorrow. Louis L'Amour
Happiness is not a station you arrive at, but a manner of traveling. Margaret Lee Runbeck	Let yourself be silently drawn by the stronger pull of what you really love. Rumi	Forgiveness does not change the past, but it does enlarge the future. Paul Boese
Joy is what happens to us when we allow ourselves to recognize how good things really are. Marianne Williamson	I never did a day's work in my life; it was all fun. Thomas Edison	This is the best day the world has ever seen. Tomorrow will be better. R.A. Campbell
A bird doesn't sing because it has an answer; it sings because it has a song. Maya Angelou	I am seeking, I am striving, I am in it with all my heart. Vincent van Gogh	Judge each day not by its harvest, but by the seeds you plant. Robert Louis Stevenson
The butterfly counts not months but moments, and has time enough. Rabindranath Tagore	Where there is great love, there are always miracles. Willa Cather	Time is the most valuable thing a man can spend. Theophrastus
All animals except man know that the principal business of life is to enjoy it. Samuel Butler	Real generosity toward the future lies in giving all to the present. Albert Camus	The best preparation for a better life next year is a full, complete, harmonious, joyous life this year. Thomas Dreier
Be grateful for what you have, right now, right where you are. Swami Sivananda Radha	No yesterdays are ever wasted for those who give themselves to today. Brendan Francis	Someone's sitting in the shade today because someone planted a tree a long time ago. Warren Buffett
Let us go singing as far as we go; the road will be less tedious. Virgil	What you are is what you have been. What you will be is what you do now. Buddha	Happiness is not a matter of events; it depends upon the tides of the mind. Alice Meynell
Only passions, great passions, can elevate the soul to great things. Denis Diderot	Light tomorrow with today! Elizabeth Barrett Browning	Nurture your mind with great thoughts. To believe in the heroic makes heroes. Benjamin Disraeli
The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart. Helen Keller	Either you reach a higher point today, or you exercise your strength in order to be able to climb higher tomorrow. Friedrich Nietzsche	All that we are is the result of what we have thought. The mind is everything. What we think, we become. Buddha

In the long run, the pessimist may be proved to be right, but the optimist has a better time on the trip.

Daniel L. Reardon

Our minds can shape the way a thing will be because we act according to our expectations.

Federico Fellini

The thing always happens that you really believe in; and the belief in a thing makes it happen.

Frank Lloyd Wright

An inconvenience is only an adventure wrongly considered; an adventure is an inconvenience rightly considered.

G.K. Chesterton

If you keep saying things are going to be bad, you have a good chance of being a prophet. Isaac Bashevis Singer

We choose our joys and sorrows long before we experience them.

Kahlil Gibran

Happiness does not depend on outward things, but on the way we see them.

Leo Tolstoy

Change your thoughts and you change your world.

Norman Vincent Peale

I always entertain great hopes. Robert Frost

They are able because they think they are able.

Virgil