

Royal Green Green-lipped mussel complex

100% freeze-dried green-lipped mussel with boswellia, turmeric and more

Royal Green delivers a 100% freeze-dried and full spectrum green-lipped mussel. Sustainably harvested, never heated and free of fillers! For an optimal result we add a powerful combination of boswellia, devil's claw, turmeric, ashwagandha, ginger, cinnamon and black pepper. Turmeric and boswellia contribute to the maintenance of supple joints.

Applications:

- For supple joints.
- Improves mobility.
- Anti-inflammatory.
- Analgesic.

Royal Green unique formula

Royal Green Green-lipped mussel complex contains a unique combination of no less than 6 certified organic herbs with a proven anti-inflammatory effect.

Green-lipped mussel: green-lipped mussel is rich in glycosaminoglycans. These include, among other things, glucosamine and chondroitin-4 and chondroitin-6 sulphate. These natural building blocks support the construction and repair of (damaged) cartilage. Green-lipped mussel provides a broad spectrum of omega-3 fatty acids: EPA, DHA, ALA, SDA, DPA and ETA. Green-lipped mussel inhibits inflammation, reduces pain, keeps brains and heart healthy and provides nutrients for cartilage.

Boswellia: boswellia is a tree that grows in hilly areas in India. By making a small incision in the bark, a resin is released that consists of gum and oil. At Royal Green we use a full spectrum Indian frankincense in concentrated form. Free of fillers. Boswellia has a proven positive effect on: osteoarthritis, arthritis, diarrhea, ringworm, stomach ache, fever, bronchitis (respiratory infection) and cough.

Devil's claw: Royal Green Devil's Claw comes from the deserted areas of Namibia and the north of South Africa. Devil's claw (harpagophytum) has its name because the fruit has barbs. Harpa comes from the Greek 'Harpagos' which means barb.

Proven effect on: joint pain, arthritis and osteoarthritis, lower back pain or lumbago, decreased appetite, stomach complaints, high cholesterol, migraine headache, gout and asthma.

Turmeric: reduces the COX-2 and 5LX enzyme in various ways and by doing so is anti-inflammatory.

Ashwagandha: scientific research shows the positive effects of using Ashwagandha in case of mental problems such as stress, depression and fatigue.

Ginger: according to various databanks (including Pubmed), ginger is the richest herbal source of 5LX blockers (no less than 24 plant nutrients blockers).

Cinnamon: several studies have proven the anti-inflammatory effect of cinnamon. The essential oils play an important role in this matter.

Black pepper: research shows that black pepper considerably increases the absorption of turmeric (x2000) and ginger. In this way we can guarantee maximum effect.

Royal Green Green-lipped mussel – 2 capsules:

- Green-lipped mussel (<i>Perna canaliculus</i>)	500 mg
- Boswellia (<i>Boswellia serrate</i>)	100 mg
- Devil's claw (<i>Harpagophytum</i>)	100 mg
- Turmeric	100 mg
- Ashwagandha	20 mg
- Ginger	20 mg
- Cinnamon	20 mg
- Black pepper	2 mg

Suggested use: 1-2 capsules per day, preferably with a meal.

Ideal to combine with:

Multi Gold, Turmeric complex, Astaxanthin, Vitamin D3, Ashwagandha, CoQ10 and Fish oil/Algae oil.

Available in: 60 vegicaps.

