

HOME, STYLE, BEAUTY, HEALTH

| THE WELL-KEPT HOME |

# Inner Happiness

What's the polar opposite of cabin fever?
Homebody heaven. And it can be yours wherever you live when you outfit your place with goods that invite everyone to get comfortable—and diversions that offer hours of indoor fun.
The next time the temperature goes down, your outlook will be up.

TEXT BY CLAIRE SULLIVAN



PHOTOGRAPHS BY LENNART WEIBULL MARTHA STEWART LIVING 25



## CREATURE COMFORTS

## 1. SINK IN AND STAY AWHILE

These feather-and-down-filled poufs implore you to do just that. The nubby, neutral cushions are crafted by artisans in Argentina and Guatemala from dense, durable organic sheep's wool. From top: Sien + Co Puna handwoven pillow, in Ivory, \$245; Molt Studio handmade wool shag pillow, in Spice,\$160; and Sien + Co Campo pillow, in Ivory with Gold Stripe, \$235, bloomist.com.

## 2. PAD AROUND YOUR PAD

Unlike slip-ons that leave your heels out in the cold, Glerups felted wool slippers fully cocoon your feet. \$95, Ilbean.com.

## 3. FIND A NEW FLAME Bellocq Tea Atelier candles are

infused with the aromas of the artisanal Brooklyn teamaker's specialty blends (lemongrass and sage, mint and cedar) and emit a glow in gleaming brass. \$86 each, bellocqtea.com.

## 4. GET WARMER

Flick on Muji's electric kettle for instant tea: The Japanese plug-in pot boils a cup of water in exactly 80 seconds, and has minimalist mojo to spare. \$95, muji.com.

# 5. HAVE A SOFT SPOT

When you drape a plush, sustainably sourced Jenni Kayne Double Sheepskin onto a sofa, the humans in your house may start to hibernate—or at least purr. In Dark Linen, \$260, jennikayne.com.

## **6. MAKE A BLANKET STATEMENT**

Evangeline Linens' wool, cashmere, and mohair throws are like your favorite chunky sweater, writ large. Herringbone throws, in Harvest and Rosé, \$275 each; and mohair throw, in Rosé, \$297, evangelinelinens.com.

## 7. LIGHT YOUR HEARTH

Pluck a stick from the base of the handblown-glass Skeem Design fireplace match cloche, and starting a fire will be as meditative as listening to it crackle. In Smoke, \$48, skeemshop.com.



## **FUN & GAMES**

## 8. CLEAR THE COFFEE TABLE Gray Malin's two-sided The Snow puzzle is a daily double: Complete an aerial shot of powdery evergreens, then flip and unscramble a slopeful of colorful skiers. \$25, graymalin.com.

9. HAVE A HYGGE MOMENT

Sea-buckthorn leaves handpicked by family farmers in Sweden give Ayla + MyHavtorn Happy tea its delicate flavor and mood-lifting, anti-inflammatory effect. \$39 for 40 g, aylabeauty.com.

## 10. STEEP AND REPEAT

Pack leaves in the dishwashersafe Martha Stewart Collection tea infuser for a well-balanced brew without any waste. \$9, macys.com.

## 11. MAKE IT A MOVIE NIGHT

The patterned side of Rumpl's Sherpa blanket is camping-grade and water-repellent (aka spillproof). The downy underside is supremely snuggly. And it's made from recycled plastic bottles. In Nantuck'y, \$129, rumpl.com.

## 12. SET THE BAR HIGH

Subtle tropical and floral notes (lychee, rose) distinguish Suntory Hibiki Harmony whisky. Our food editors suggest sipping the Japanese blend straight, ideally with a slice of fruit tart. \$75, thewhiskyexchange.com.

## 13. LET CARES MELT AWAY

Bubbling with Gruyère and fontina or bittersweet chocolate, the Boska fondue set, made of heatconducting copper, will beautifully cap off your next snow day. \$139, food52.com.

## 14. KEEP GAMES ON DECK

Don't let this looker languish in a cabinet. The ice-blue, aqua, and navy design on Printworks' backgammon set is fit for play and display. \$47, printworksmarket.us.

## **15. FLOCK TOGETHER**

In the addictive, gorgeously illustrated Wingspan board game, you compete to fill your aviary with exciting finds-painted buntings, prothonotary warblers, sandhill cranes—from among 170 species. \$60, stonemaiergames.com.

