

MD11239  
Front

Armitron®

MD11239

LIMITED WARRANTY &  
INSTRUCTIONS MANUAL



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#### FEATURES

- Time Telling Mode (Hours, Minutes, Seconds, Month, Date, and Day of the Week)
- (2) 24 Hour Alarms
- Hourly Chime: One 'Beep' sound every full Hour
- Chronograph Mode: Hours, Minutes, Seconds and 1/100 of a Second with Lap Operation
- Countdown Timer
- Dual Time Zone
- 12/24 Hour (Military) Time
- Pacer
- Water Resistant as indicated on the watch
- INSTALITE – Electro Luminescent Display



#### ACTIVATING THE ALARM AND HOURLY CHIME

1. While in Alarm Mode, press 'C' to activate the Hourly Chime. The Hourly Chime Symbol appears to indicate the Hourly Chime will sound every hour on the hour.
2. Press 'C' again to deactivate the Hourly Chime.
3. Press 'D' to select the Alarm Number (Alarm 1 to 5).
4. Press 'C' again to activate the selected Alarm. The Alarm Symbol appears to indicate the selected Alarm will sound at the preset Alarm Time for about 60 seconds or until any button is pressed.
5. Press 'C' again to deactivate the selected Alarm.
6. Press 'B' three times to return to Time Telling Mode.

#### PACER

1. From Time Telling Mode, press 'B' five times to enter the Pacer Mode. The tempo number flashes.
2. Press 'A' to select the tempo. The tempo may be selected in the following sequence: 10, 20, 30, 40, 60, 80, 120, 160, 240, and 320.
3. Press 'C' to start the tempo.
4. Press 'C' again to stop the tempo.
5. Press 'B' to return to Time Telling Mode.

#### COUNTDOWN TIMER

1. From Time Telling Mode, press 'B' twice to enter the Countdown Timer Mode.
2. Press 'A' Hours flash. Press 'C' to adjust the Hour.
3. Press 'B' Minutes flash. Press 'C' to advance the Minutes.
4. Press 'B' Seconds flash. Press 'C' to advance the Seconds.
5. When the Countdown Time is set, press 'A' to end set sequence and return to Countdown Timer Mode.
6. Press 'C' to start the Countdown Timer.
7. If desired, press 'C' again to stop the Countdown Timer. Press 'C' again to resume the Countdown Timer.  
*NOTE: The Countdown timing will continue in any mode until 'C' is pressed. When the Timer has expired, the alarm will sound for about 10 seconds or until any button is pressed.*
8. Press 'C' to stop the Timer.
9. Press 'B' four times to return to Time Telling Mode.

#### SELECTING FEATURES

1. Time Telling Mode displays Hours, Minutes, Seconds, Month, Date, and Day of the Week.
2. From Time Telling Mode, press 'B' once. Chronograph Mode appears. Press 'B' five times to return to Time Telling Mode.
3. From Time Telling Mode, press 'B' twice. Countdown Timer Mode appears. Press 'B' four times to return to Time Telling Mode.
4. From Time Telling Mode, press 'B' three times. Alarm Mode appears. Press 'B' three to return to Time Telling Mode.
5. From Time Telling Mode, press 'B' four times. Dual Time Zone Mode appears. Press 'B' twice to return to Time Telling Mode.
6. From Time Telling Mode, press 'B' five times. Pacer Mode appears. Press 'B' once to return to Time Telling Mode.

#### DUAL TIME ZONE

1. From Time Telling Mode, press 'B' four times to enter the Second Time Zone Mode.
2. Press 'A' Hours flash. Press 'C' to advance the Hour.
3. Press 'B' Minutes flash. Press 'C' to adjust the Minutes.
4. Press 'A' to end set sequence.
5. Press 'B' twice to return to Time Telling Mode.

*NOTE: The Dual Time (Second Time Zone) Clock may be used to keep track of a foreign time.*

#### EL LIGHT FEATURE

Press 'D' in any mode to illuminate the watch face. The backlight will remain lit for 3 seconds.  
NOTE: EXCESSIVE USE OF THE LIGHT WILL SHORTEN BATTERY LIFE.

#### SETTING THE TIME AND CALENDAR

1. From Time Telling Mode, press and hold 'A'. Seconds flash. Press 'C' to zero out the Seconds.  
*NOTE: Zeroing out 30 or more seconds automatically adds one minute to time.*
2. Press 'B' Hours flash. Press 'C' to advance the Hour.  
*NOTE: Pressing and holding 'C' will advance digits rapidly. When 12 Hour Format is selected, 'AM' indicates 'a.m.' times; 'PM' indicates 'p.m.' times.*
3. Press 'B' Minutes flash. Press 'C' to advance the Minutes.
4. Press 'B' The Year flashes. Press 'C' to advance the Year.
5. Press 'B' Months flash. Press 'C' to advance the Month.
6. Press 'B' The Date flashes. Press 'C' to advance the Date.
7. Press 'A' to end sequence and return to Time Telling Mode.
8. Press 'C' to select either 12/24 Hour Time Format or 24 Hour (Military) Time.  
*NOTE: AM or PM indicates 12 Hour Format.*

#### CHANGING THE BATTERY

Change the battery when the watch becomes slow, the readout darkens or does not appear, or the backlight fails. Before removing the old battery, be sure to denote its polarity so that the new battery is installed in exactly the same way. Replace with the same kind or equivalent only. This watch contains precise electronic components and should only be opened by a qualified watch technician. However, it is not necessary to return your watch to the manufacturer for battery replacement. It is recommended that you bring your timepiece to a local jeweler.

#### STOPWATCH

1. From Time Telling Mode, press 'B' once to enter the Stopwatch Mode.
2. Press 'D' to start timing.
3. Press 'C' again to stop timing.
4. Press 'A' to reset to zero.
5. Press 'B' five times to return to Time Telling Mode.

#### SPLIT TIME

1. While in the Stopwatch Mode, press 'C' to start timing.
2. Press 'A' to measure and display Split Times.
3. Press 'C' to stop timing at the end of the event and reveal the final Split Time.
4. Press 'A' again to reset to zero.
5. Press 'B' to return to Time Telling Mode.

#### WATER RESISTANCE

This is a WATER RESISTANT watch. Do not operate push buttons below the surface of the water. Should water or condensation appear in the watch, immediately have the watch checked. Water can corrode electronic parts inside the case.

#### YOUR WATCH SHOULD NOT BE RETURNED TO THE PLACE OF PURCHASE.

Carefully pack your watch in a sturdy box (do not send in a gift box for same will not be returned). Because of possible loss, we recommend that you insure the watch, return receipt requested, when using the mail. If you do not receive a receipt within a reasonable time, start a tracer through the originating post office. Never include a special watch band or any other article of personal value in your shipment.

#### SETTING THE 24 HOUR ALARM

1. From Time Telling Mode, press 'B' three times to enter the Alarm Mode.
2. Press 'D' to select the Alarm Number (Alarm 1 to 5).
3. Press 'A' Alarm Hours flash. Press 'C' to advance the Alarm Hour.  
*NOTE: Pressing and holding 'C' will advance digits rapidly.*
4. Press 'B' Alarm Minutes flash. Press 'C' to advance the Alarm Minute.
5. Press 'A' to end set sequence.
6. Press 'B' three times to return to Time Telling Mode.

#### LIMITED WARRANTY

This Armitron Watch is warranted to you, the owner, for your lifetime against all defects in material or workmanship. This warranty does not apply to normal wear and tear or abuse and excludes batteries, case, strap, crystal, or bracelet. In the event of a defect or malfunction of the movement within this period it will be repaired or replaced, at our option, provided that it is returned prepaid with a check or money order for \$12.95 to cover the cost of handling and return postage. (This is not a repair charge.) DO NOT SEND CASH. No additional charge will be made unless additional servicing is necessary for reasons beyond our control such as accident, misuse, neglect or replacement of parts not warranted is required such as case, crystal, strap, bracelet or batteries in which event a moderate charge will be made. The movement of any timepiece requires periodic cleaning/timing which is not a defect and, as such, not warranted. The above remedy is exclusive. Armitron shall not be liable for any incidental or consequential damages. Should any other part of your watch require repair, please use our Service Center for quick and inexpensive repairs on your watch.

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