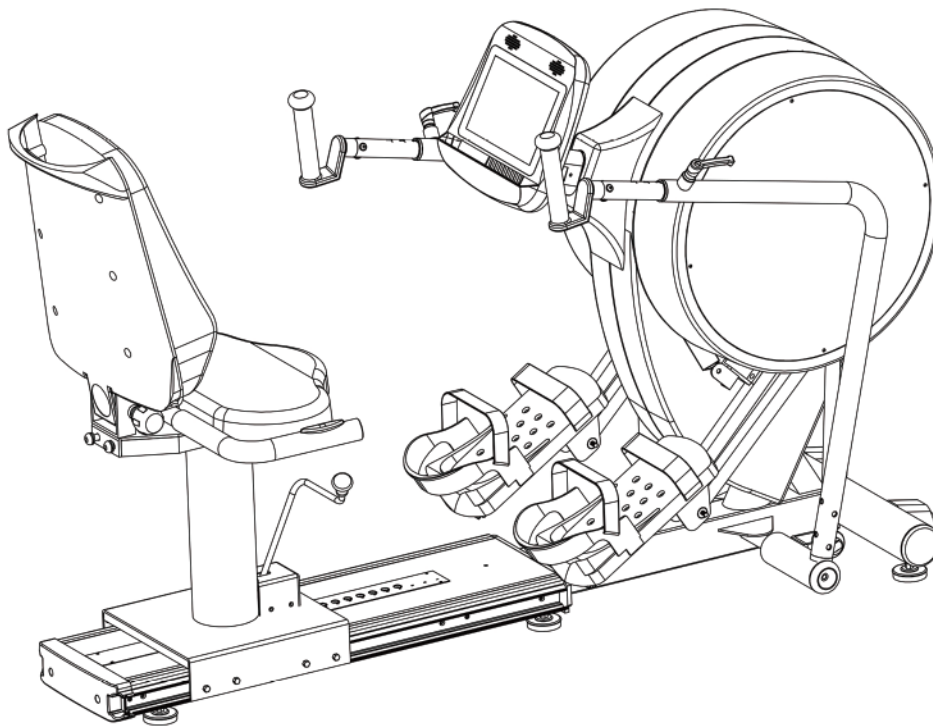




**OWNER'S MANUAL V2**

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## **Safety Precautions**

This exercise equipment was designed and built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before assembly and operation of this machine.

Also, please note the following **safety precautions**:

1. Read all instructions carefully before using the machine.
2. Consult your physician or other health care professional before beginning this or any type of exercise program.
3. Always wear proper exercise apparel when using the machine.
4. If at any time you feel faint, light-headed or dizzy while operating the machine, stop exercise immediately. You should also stop exercising if you are experiencing pain or pressure.
5. Keep children and pets away from the machine while in use.
6. Only one person can use the machine at a time.
7. Make sure your machine is correctly assembled before you use it. Be sure all screws, nuts, and bolts are tightened prior to use and retighten periodically.
8. Do not operate this or any exercise equipment if it is damaged.
9. Keep hands and feet away from any moving parts. Do not insert any objects into any openings.
10. Keep clothes, jewelry and loose items away from moving parts.



**NOTE: MAXIMUM WEIGHT CAPACITY FOR THE  
PHYSIOSTEP PRO IS 500 LBS. (227 KGS)**

**WARNING:**

**BEFORE BEGINNING ANY EXERCISE PROGRAM CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PEOPLE WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING THIS FITNESS EQUIPMENT. WE ASSUME NO RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH THE USE OF THIS PRODUCT.**

**Dear Valued Customer,**

Thank you for your recent purchase of the **PhysioStep PRO** from HCI Fitness. We believe that you have purchased one of the highest quality and affordable stepper cross trainers on the market today. Prior to using your new **PhysioStep PRO** please review the owner's manual and product tips to maximize your workout experience.

Wishing you the best of luck in reaching your health and fitness goals!



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*HealthCare International is a leading supplier and distributor of innovative products for Health, Wellness, Fitness & Active Aging. Visit our website – [www.HCIFitness.com](http://www.HCIFitness.com) for information on all of our products.*

### **Warranty Information**

*(Your Serial Number is found on a white sticker at the rear base of the unit, the front of the user manual, and on the box)*

**Serial #:** \_\_\_\_\_ **Purchase Date:** \_\_\_\_\_

**3 Year Parts Warranty, One Year Labor, Lifetime Main Frame**

#### **NOTE**

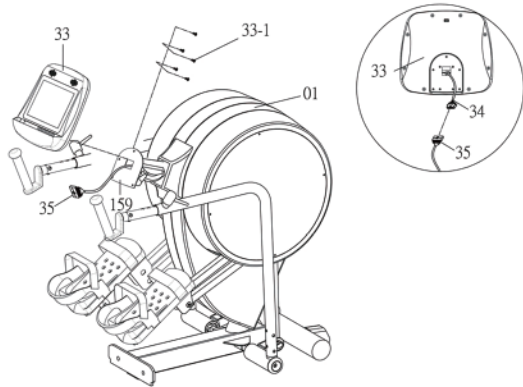
Before you start to assemble this unit, please note that some of the parts and screws needed for assembly are already in place on the unit.

#### **TOOL SET:**

Tool	QTY
5mm L Type Tool	1
6mm L Type Tool	1
10mm L Type Tool	1
13*15 Screwdriver/Wrench Combo Tool	1

## **Assembly Instruction:**

### **Step 1**

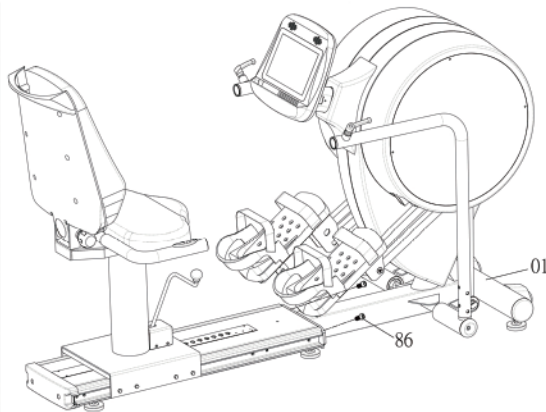


### **Assembling the Console Display**

Connect the control wire (34) [behind the computer (33)] and the control wire (35) [from the computer post (159)] firmly as the drawing shows.

Attach the computer (33) to the computer post (159) using the bolt (33-1).

### **Step 2**

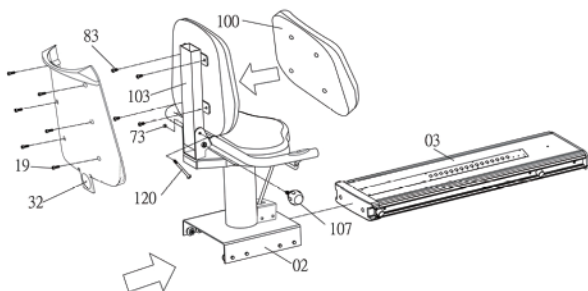


### **Connecting Seat to the Frame**

1. Attach the levelers to the base.
2. Release the StepLock
3. Attach the seat rail to the main frame using hex bolt (86).
4. Slide the seat base onto the rail.
5. Screw in the rubber seat stops.
6. Adjust the levelers.
7. Optional – Screw in wheel chair mount.

Attaching the back seat (100) to the back seat fixed frame (103) using the Bolt (83).

### **Step 3**

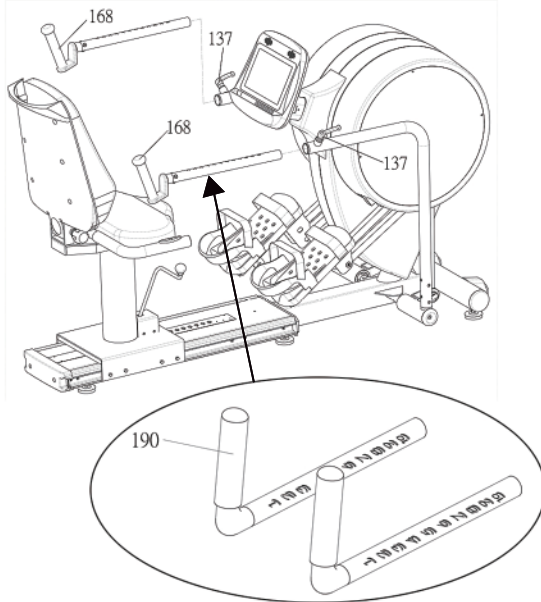


### **Assembling the Seat**

1. Attach the handle bars to the seat base.
2. Attach the seat back mast (103).
3. Unscrew bolts from the seat back (100).
4. Place AA batteries in heart rate transmitter.
5. Attach the seat back (100) to the seat back mast (103).
6. Attach the seat back cover (32) to the seat back using bolts (19).

**Note: If Heart Rate Measurement Appears Inaccurate or Does not Connect to the Display – Move the Display Toward the User and Replace Batteries**

**Step 4**



**Assembling the Rotatable Handles**

The rotating handle set (168) can be adjusted the angle freely and using the rotating pop-lock (137) to fixed desired length.

**Assembling the L type Handles**

The L type handle set (190) can be adjusted the angle freely and using the rotating pop-lock (137) to fixed desired length.

***Please note:***

Connect the power adaptor to the unit before use.

***Assembly Complete!***

To ensure you get the most out of your workout, be sure to read the seat and handle adjustment instructions on pages 7 and 8.

Once you have your unit adjusted correctly, continue reading onto page 9 to learn about the functions of the display buttons.

Now you are ready for your first workout! To get started simply press the green **QuickStart** button. You can easily change the resistance using the **[+]** and **[-]** buttons on the right side of the display.

If there will be more than one person using the machine, you can record your personal configuration below for quick reference.

Name	Handle Bar #	Seat Slide #	Seat Recline #

## Quick Tips

### AC Adaptor:

The **PhysioStep PRO** needs to be plugged into a standard electrical outlet. The AC adaptor connects at the rear base of the unit, at ground level, on the end of the unit that is beneath the seat. Connect the AC adaptor to the unit and then plug it into the wall. The display is powered by the adaptor and does not need batteries to facilitate low watt training.

### Levelers:

There are levelers in the front of the unit, beneath the shroud. Please adjust the levelers to stabilize the unit on your floor.

### Seat Adjustments:

The **PhysioStep PRO** seat position can be adjusted forward and backward by pulling the long yellow bar located on the right side of the seat. The handle on the left of the seat allows the seat to swivel for easy access. In addition you can adjust the tilt of the **PhysioStep PRO** seat back by pulling the knob located on the back cushion support.



### Quick Start:

If you would like to start a simple workout, press the Start Button and use the arrows to set the resistance. It will automatically start you at level 1.

### Heart Rate:

If you would like to monitor your heart rate while using the **PhysioStep PRO**, simply use any chest belt. There is a wireless heart rate receiver in the display and it will automatically connect with all common brands of chest belts (i.e. Polar, Garmin etc). If you don't already have one, local sporting goods stores are a good place to purchase. The **Polar T31 Non-Coded** is one model that works well.

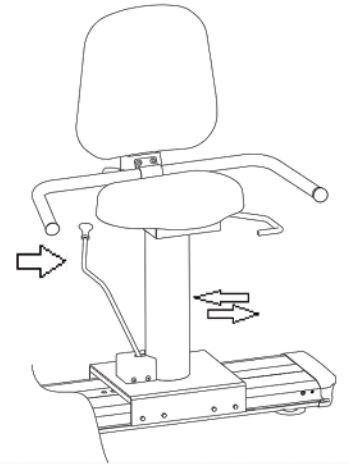
### USB Workout Summary Report:

The **PhysioStep PRO** features a USB workout summary report. The USB slot is located on the back of the display. Simply insert a USB into the back of the display before you start your work out and press the **REPORT** button when you are finished with your workout. Please view **page 17** for more detail.

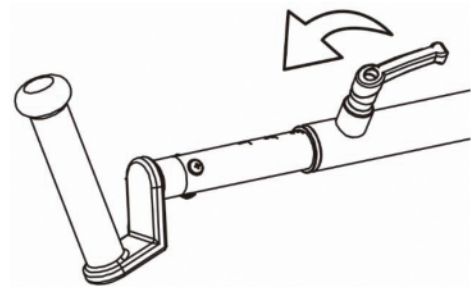
The USB workout summary feedback reports total time, total calories, total distance, as well as Averages and Peaks for METS, WATTs, Heart Rate, Steps Per Minute, and Speed

## Operating Adjustments:

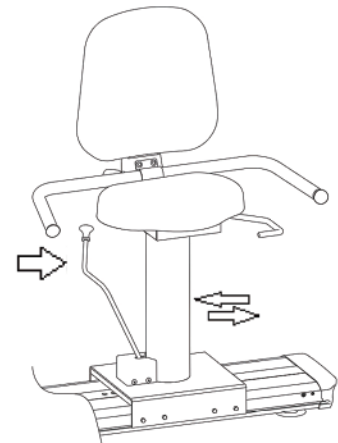
1. **Seat Slide:** Pull back on the vertical seat knob to move the seat forward and backward. The seat will click into place when the seat is in the locked position.



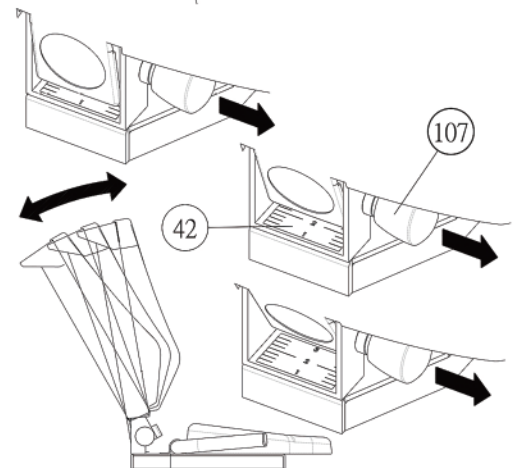
2. **Handle Adjustment:** Turn the handle lock knob to the left to release the handle slide. Slide the handle in and out to change the handle position.



3. **Swivel Seat:** Pull up on the horizontal seat handle and rotate the seat. Release the handle to lock the seat into position.



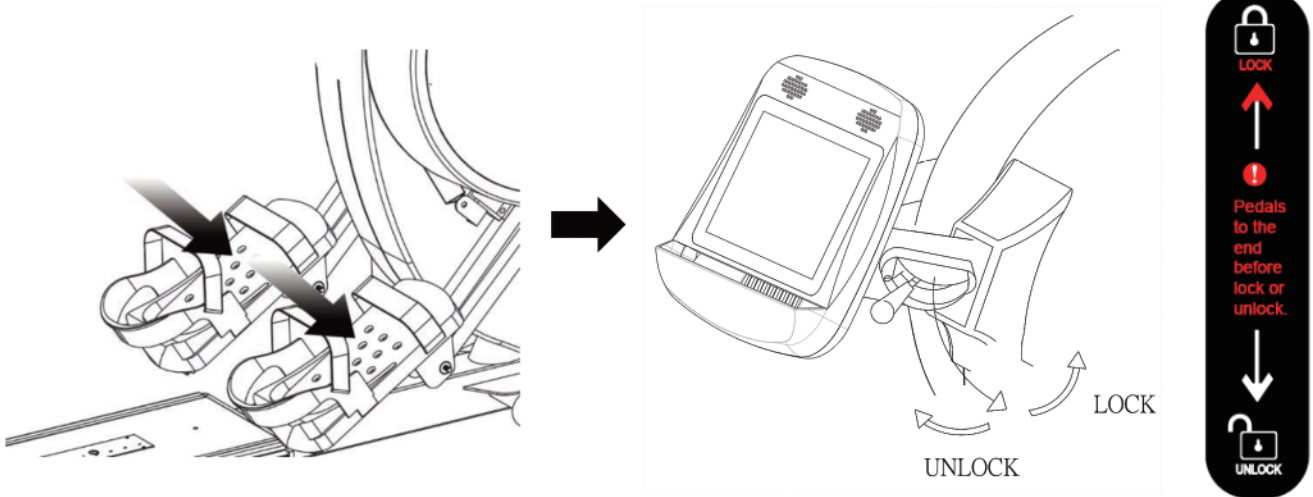
4. **Seatback Adjustments:** Pull out the back seat knob to adjust the angle of the seat back.





5. **StepLock:** *The StepLock allows users to lock the pedals in place during transfers providing a safe environment to secure their feet to the pedals.*

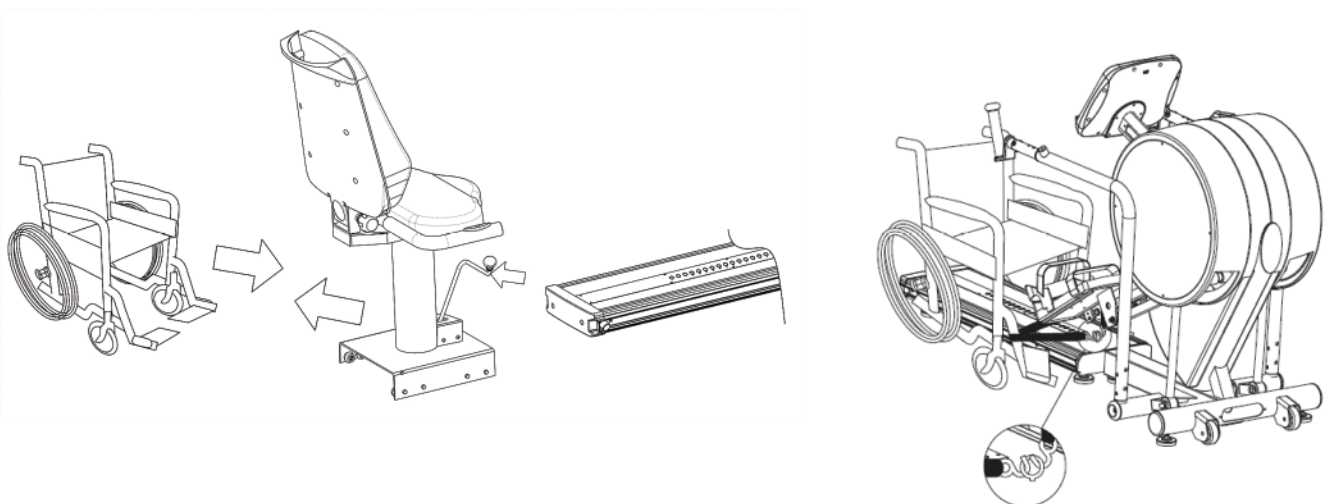
To lock or unlock the StepLock, the pedals must be fully engaged. Then the StepLock handle can be switched to unlock or lock the pedals.



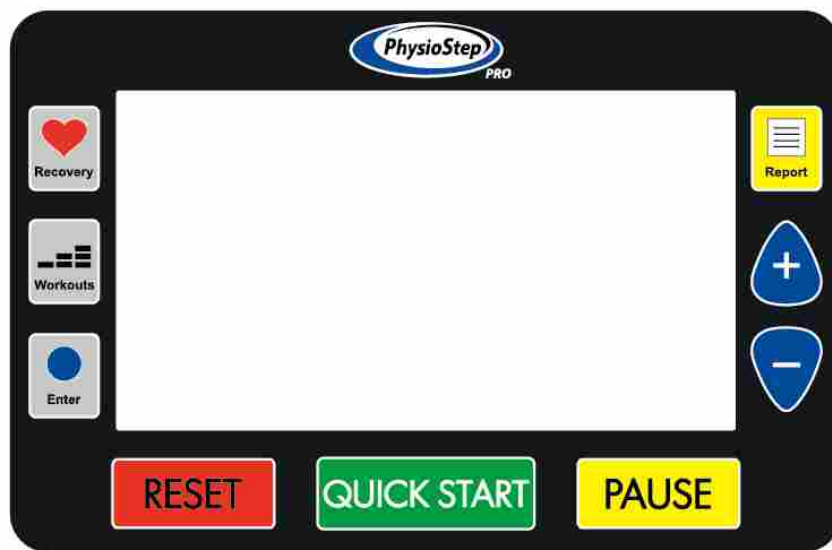
6. **Wheelchair Access:** *The seat assembly can be removed allowing for wheelchair bound users to easily access the unit.*

First remove the 2 rubber stoppers located at the end of the seat rail. Then pull on the vertical seat knob to slide the seat off the seat rail. Before use, lock the rear stoppers on the wheelchair and connect the front of the wheel chair to the unit using the safety strap and center hook located on the seat rail.

***Be sure to inspect the wheelchair connection before using the unit.***



# PhysioStep PRO Display Console



## Button Functions

### 1. QUICK START BUTTON

1.1. Pressing the **QUICK START** button starts a manual workout.

### 2. ENTER BUTTON

2.1. The **ENTER** button selects programs and confirms data entry.

### 3. [+] / UP BUTTON

3.1. Press the **[+]** button to increase values.

3.2. Holding the **[+]** button will rapidly increase values.

### 4. [-] / DOWN BUTTON

4.1. Press the **[-]** button to decrease values.

4.2. Holding the **[-]** button will rapidly decrease values.

### 5. WORKOUTS BUTTON

5.1. Before you start your workout, press the **WORKOUTS** button to choose a preset program. Continue to press the **WORKOUTS** button to cycle through the programs.

5.2. If you have already started a workout, press **RESET** twice then use the **WORKOUTS** button as explained above.

### 6. RECOVERY BUTTON

6.1. The recovery function is only available when using a HR monitor.

6.2. Press the **RECOVERY** button to enter the cool down mode.

6.3. When in the recovery mode, all other buttons are disabled.

## 7. PAUSE BUTTON

- 7.1. While exercising press the **PAUSE** button to pause your workout. The display will show *“Press QUICKSTART to resume or RESET for workout summary”*.
- 7.2. Press the **QUICKSTART** button to resume your workout.
- 7.3. Press the **RESET** button to view your workout summary.
- 7.4. In the Report Mode, the **PAUSE** button will return you to the last step.

## 8. RESET BUTTON

- 8.1. To end your workout and view your workout summary press the **RESET** button.
- 8.2. Holding down the **RESET** button for 3 seconds will reset the display.

## 9. REPORT BUTTON

- 9.1. Enables the USB workout report export function in summary mode.

## Quick Start –Sit, Start, & Step!

1. Adjust your seat and handles to a comfortable position allowing your legs and arms to use the full range of motion.
2. Press the **QUICK START** button.
3. Start Stepping! You can use **[+] / [-]** buttons to adjust the resistance level at any time during your workout.



**OR**

## Select a Workout Program

1. Press the **WORKOUTS** button to view programs.
2. To scroll through the different programs continue to press the **WORKOUTS** button.
3. Then press the **Enter** button to select your desired workout program.
4. Follow the steps described in the next section to start your desired workout.

\*If you have not selected anything after 5 minutes the display will automatically power off.

## Setup your Workout Programs

*Before starting your workout make sure that your seat is comfortably adjusted.*

**NOTE:** Use the **WORKOUTS** button to cycle through programs. Press the **WORKOUTS** button again to view the next workout. Press **ENTER** to select your desired workout.

### User Setup:

After selecting your desired workout the first step is to enter your user information. This step will be the same for all workouts.

*Use the **PAUSE** button to return to the previous step when entering user info.*

**Gender:** Use the **[+] / [-]** buttons to change Male (**M**) or Female (**F**).

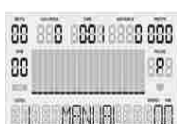
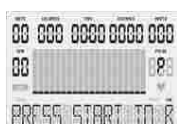
Press the **ENTER** button to set gender.

**Age:** Use the **[+] / [-]** buttons to change your age.

Press the **ENTER** button to set age.

**Weight:** Use the **[+] / [-]** buttons to change your weight.

Press the **ENTER** button to set weight.



# 1. Basic Programs

Manual, Warm Up, Interval, Valley, Ramp, Mountain, Rolling, Climb, Random, Hill, Fat Burn, Cardio, and Strength.

1.1. **User Setup** - You will be prompted gender, age, weight, and time.

Use the **PAUSE** button to return to the previous step when entering user info.

1.2. **Set Time:** Use the **[+] / [-]** buttons to set workout time. (Counting Down)

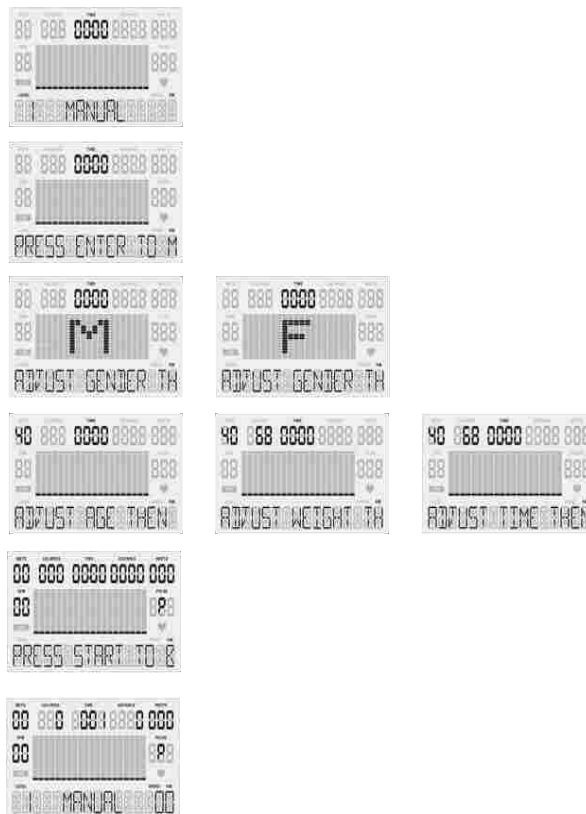
1.2.1.1. Press the **ENTER** button to set workout time.

1.3. Once your user information has been entered press **Quick Start!**

1.4. In the basic programs you can use the **[+] / [-]** buttons to change the resistance level.

1.5. Once your workout is complete a 3 minute Cool Down will begin.

## Basic Programs Screens



## 2. Heart Rate Programs (HR 65% / HR 85%) \*Requires HR Monitor

**\*Recommended Model Polar T31 Non-Coded Version**

2.1. **User Setup** - You will be prompted gender, age, weight, time, & HR.

Use the **PAUSE** button to return to the previous step when entering user info.

2.1.1. **Set Time:** Use the **[+] / [-]** buttons to set workout time. (Counting Down)

2.1.1.1. Press the **ENTER** button to set workout time.

2.1.2. **Pulse:** Use the **[+] / [-]** buttons to change your target heart rate.

(Shown as percentage [65% or 85%] of full target heart rate)

2.1.2.1. Press the **ENTER** button to set your target heart rate.

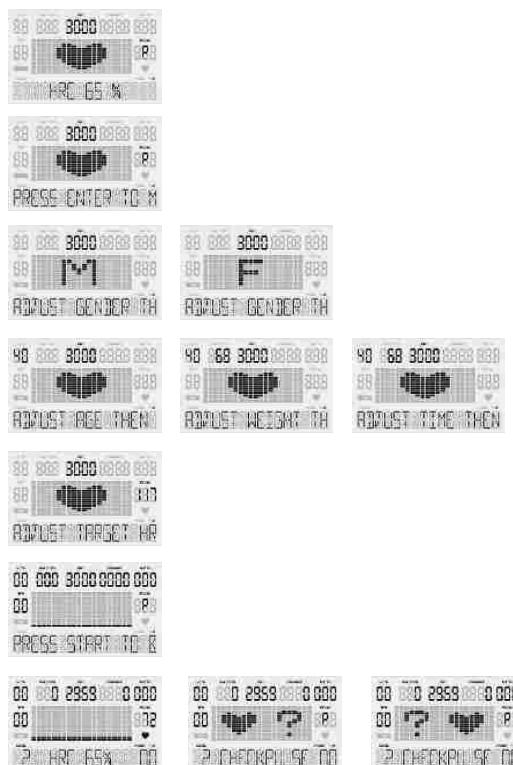
2.2. Once your user information has been entered press **Quick Start!**

2.3. If your heart rate cannot be detected, the screen will show [?♥ ] and reset to the home screen.

2.4. In the Heart Rate programs your resistance level will automatically increase or decrease to help reach your target heart rate.

2.5. Once your workout is complete a 3 minute Cool Down will begin.

## Heart Rate Programs Screens



### 3. Constant Programs (Isokinetic / WATTS)

3.1. **User Setup** - You will be prompted gender, age, weight, time & constant.

Use the **PAUSE** button to return to the previous step when entering user info.

3.1.1. **Set Time:** Use the **[+]** / **[-]** buttons to set workout time. (Counting Down)

3.1.1.1. Press the **ENTER** button to set workout time.

3.1.2. **Set SPM / WATTS:** Use the **[+]** / **[-]** buttons to change your constant metric.

3.1.2.1. Press the **ENTER** button to set your constant metric.

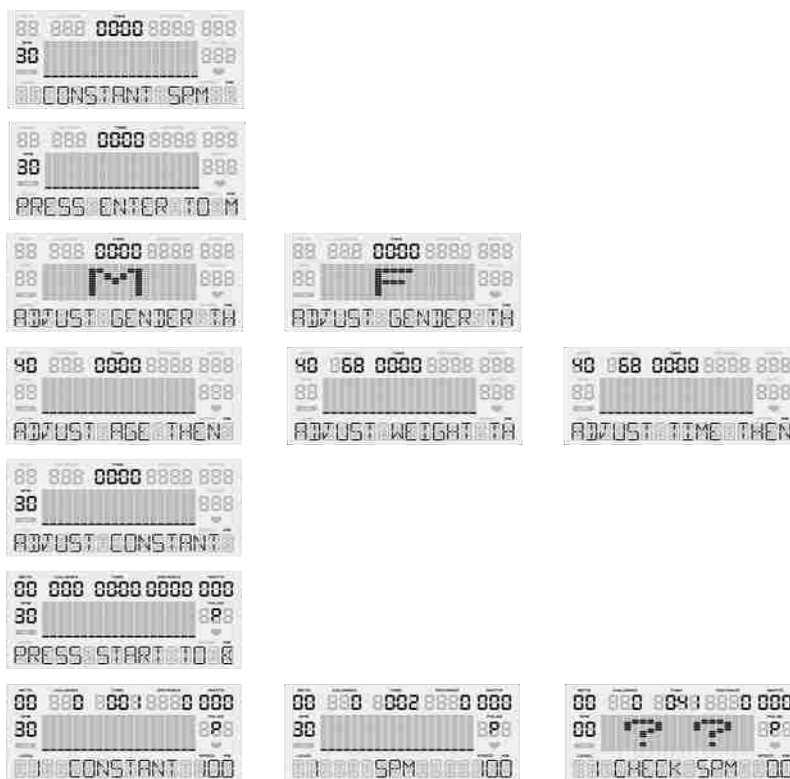
3.2. Once your user information has been entered press **Quick Start!**

3.3. If you are not using the machine, the screen will show "[?] Check SPM"

3.4. In the constant programs your resistance level will automatically increase or decrease to maintain constant SPM or WATTS.

3.5. Once your workout is complete a 3 minute Cool Down will begin.

### Constant Programs Screens



## 4. Goal Set Programs (Calories / Distance)

4.1. **User Setup** - You will be prompted gender, age, weight, time, & goal.

Use the **PAUSE** button to return to the previous step when entering user info.

4.1.1. **Set Time:** Use the **[+]** / **[-]** buttons to set workout time. (Counting Down)

4.1.1.1. Press the **ENTER** button to set workout time.

4.1.2. **Set Calories / Distance:** Use the **[+]** / **[-]** buttons to change your goal.

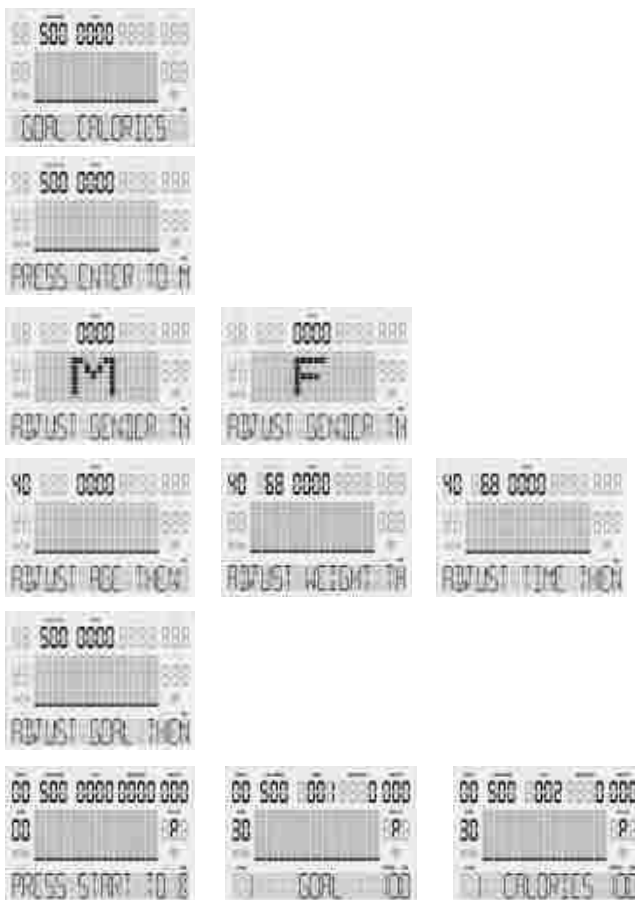
4.1.2.1. Press the **ENTER** button to set your goal.

4.2. Once your user information has been entered press **Quick Start!**

4.3. In the Goal programs your workout will complete once your goal is reached. Use the **[+]** / **[-]** buttons to change the resistance level.

4.4. Once your workout is complete a 3 minute Cool Down will begin.

## Goal Set Programs Screens





## Custom User Programs (User 1)

Create a custom protocol with user selected watt resistance levels with up to 20 equally timed stages.

### Set Time Interval for Stages

Total Time	Individual Stage Time
10 Minutes	30 Seconds
20 Minutes	1 Minute

1.1. **User Setup** - You will be prompted to enter; gender, age, weight, time, & level profile.

Use the **PAUSE** button to return to the previous step when entering user info.

1.1.1. **Set Time:** Use the **[+] / [-]** buttons to set workout time. (Counting Down)

1.1.1.1. Press the **ENTER** button to set workout time.

1.1.2. **Set Custom WATT Levels:** Use the **[+] / [-]** buttons to change your training resistance level.

1.1.2.1. Press the **ENTER** button to set your custom workout.

1.2. Once your user information has been entered press **Quick Start!**

1.3. Once your workout is complete a 3 minute Cool Down will begin.

## Cool Down Mode

1. After completing your workout program a 3 **minute cool down** will automatically start.
2. Press the **PAUSE** button to pause your cool down, and **QUICK START** to resume your cool down.
3. Press the **RESET** button to skip the cool down and view workout summary.

## Workout Summary Mode

\* After cool down mode, the display shows workout summary\*

1. The workout summary mode displays your personal data as shown below: Total Time, Distance, and Calories; as well as Average METs, WATTS, Steps per Minute (SPM) and Pulse.



## Export Workout Summary to USB

*\*USB Slot Located on Back of Display\**

**Quickly Enter Workout Summary by Pressing: Pause, Reset, Report.**

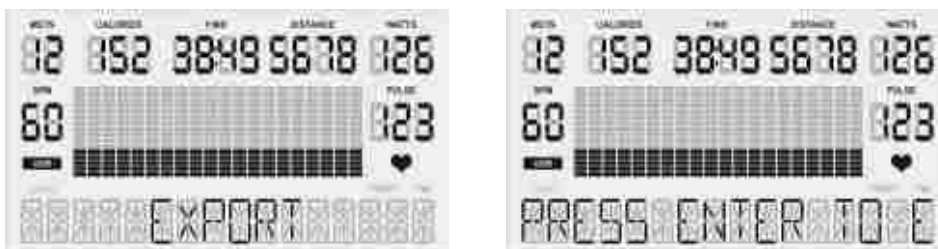
1. Insert your USB into the USB slot on the back of the display.
2. When the USB is correctly inserted the display will show the symbol "USB."
3. When you have completed your workout and are on the Workout Summary Mode screen, press the **REPORT** button to begin the export process.
4. Press the **ENTER** button twice to set your Workout ID.



5. Use the **[+] / [-]** buttons to scroll through values (a-z and #0-9). Press the **ENTER** button to select a value and move to the next space.
6. Set your ID by pressing the **ENTER** button until you reach the last space.

**PLEASE NOTE:** At any time you can press **PAUSE** to return to the previous step.

7. After you have set your personal ID, press **ENTER** to select the date (Day / Month / Year). Use the **[+] / [-]** buttons to scroll through the values [a-z and #0-9]. Once the date is selected, press the **ENTER** button to confirm and complete.



8. Once the data is complete, the display will show the messages “*Export*” and “*Press Enter to Export Data*”. Press the **ENTER** button to export your workout summary report to USB. Saving your workout summary will take a few seconds.
9. Your workout summary report will be saved in a .csv file that you can open in excel. The display will read “*Complete*” when it has been exported successfully.
10. If there is an error during the data export, the display will read “*Error.*” If this happens, press the **PAUSE** button to return to the previous step and export again.



## **Sleep Mode**

- If you do not use the unit for five minutes the display will automatically power off.
- In sleep mode, the LCD monitor will be powered off; any buttons or USB functions will be disabled.
- To wake the unit – start using the machine again and it will power on.

## **Recovery Mode**

*\*Requires HR Monitor*

1. At any time during a workout program you can press the **RECOVERY** button to enter the recovery mode to see how quickly your body returns to its resting heart rate.
2. Once in the recovery mode the user’s peak heart rate is displayed on the top left with the active heart rate below. You will have 1 minute to monitor your heart rate in recovery mode.
3. When the recovery is complete, the screen will display: Excellent (F1.0), Very Good (F2.0), Good (F3.0), Satisfactory (F4.0), Sufficient (F5.0) or Fail (F6.0) based on the rate of recovery.
4. P0 = the user’s heart rate when the recovery mode was initiated.  
P1 = the user’s heart rate after completing the recovery mode.

## Using Optional Heart Rate Monitors

### 1. Chest Strap

1.1. In order to ensure the chest strap is working correctly please refer to the manufacturer's instructions. In general, the chest strap must remain wet to accurately work. Moistening the electrodes is very important. Be sure to fasten the strap correctly below your pectoral muscle.

## General Maintenance

- Cleaning** - Use soap and warm water or antibacterial wipes to clean your unit.
- Tightening** - Periodically inspect your unit to ensure that all screws, nuts, and bolts are tightened and retighten if necessary. Do not over tighten.

### *Recommended Maintenance Inspection Schedule*

Item	6 Months	1 Year	3 Years	5 Years
Frame				X
Electrical			X	
Mechanical			X	
Labor		X		
Upholstery, Seats, Grips, Belts		X		
High Wear Items (Heart rate Straps, Pedal Straps)	X			

## General Display Information

### 1. Gender

1.1. Men are MALE, Women are FEMALE (preset value is MALE).

1.2. The display shows [M] / [F] when setting.

### 2. Age

2.1. The age range is between 10 and 99, preset value is 60 years old.

2.2. Age is shown in the top left of the display in the METS window.

### 3. Weight

3.1. The weight range is between 40 – 400 lbs (30 – 200 KG), preset value is 150 lbs (68 KG).

3.2. Weight is shown next to age in the calories window.

### 4. Target Heart Rate (THR)

4.1. Using the Heart Rate Control (HRC) programs the user can train at 65% or 85% of their target heart rate.

4.2. When setting age in the Heart Rate Control programs, the computer will calculate a proposed target heart rate for the user. The target heart rate shown on the screen is a percentage (65% or 85%) of your full target heart rate. You can adjust your target heart rate using the **[+] / [-]** buttons and set your desired target heart rate by pressing **ENTER**.

4.3. Target Heart Rate Formula =  $(220 - \text{AGE}) * X\%$

**NOTE:** Target Heart Rate Function is only available when using a HR monitor.

### 5. Pulse

5.1. When using a heart rate monitor, your heart rate will show in the pulse window on the right side of the display. If your heart rate cannot be detected, the pulse window will show (\_P\_).

### 6. Units

6.1. Miles are denoted as M, Kilometers are denoted as KM. Preset value: **M**

6.2. To change units please view the Change Units Section on page 21

### 7. METs

7.1. The Metabolic Equivalent of Task (MET), or simply metabolic equivalent, is a physiological measure expressing the energy cost of physical activities and is defined as the rate of energy consumption during a specific physical activity. PhysioStep METs calculations are based on ACSM formulas.

### 8. Steps Per Minute (SPM)

8.1. Calculates your steps per minutes based on your revolutions per minute (RPM). Steps per minute are shown on the left of the display.

## **Display Settings – Engineering Mode**

To enter the Engineering Mode first make sure you are on the home screen by pressing **RESET** twice. Then press and hold **ENTER**, **QUICK START**, and **[+]** button at the same time.

Once in the Engineering Mode press **ENTER** to view settings and **[+] / [-]** buttons to cycle settings. Press **PAUSE** to go back a page.

### **Edit Settings**

Use the **ENTER** button to select a setting from the list (Including “EXIT”).

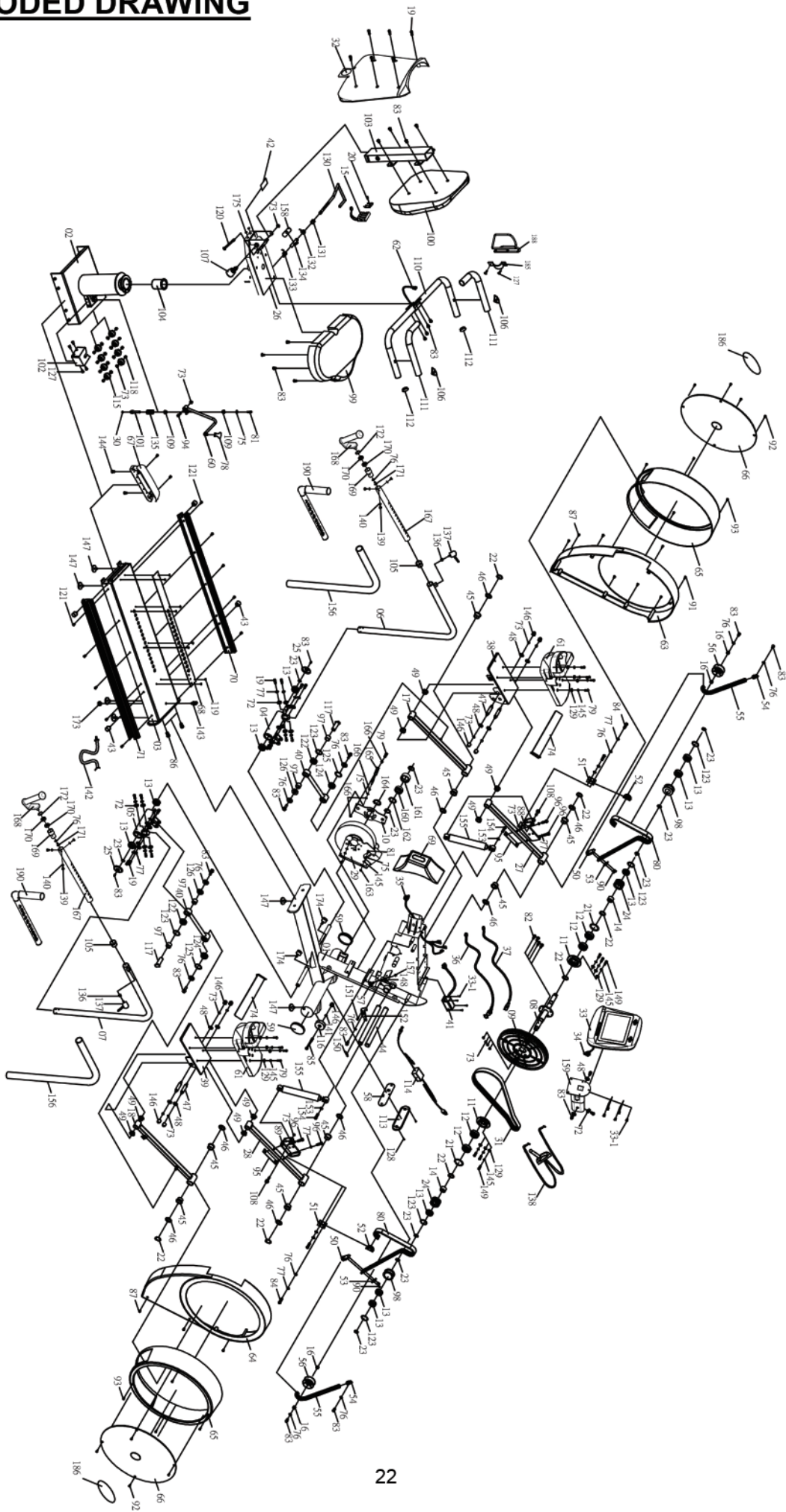
Use the **[+] / [-]** buttons to navigate and change settings.

Use the **QUICK START** button to confirm changes to settings.

The **PAUSE** button will take you to the previous screen.

1. **Key Test** – Make sure all of your keys are functioning. Press all the keys!
2. **Display Test** – See if any dot cells are not working on your display.
3. **Functions**
  - 3.1. **ODO Reset** – Reset your unit’s internal odometer.
  - 3.2. **Change Units** – Use the **[+] / [-]** buttons to change units.
    - 3.2.1. When the correct unit is displayed press **QUICK START**.
    - 3.2.2. Press **PAUSE** to go to the previous page.
    - 3.2.3. Use **[+] / [-]** buttons to navigate to “EXIT” then press **ENTER** to return to the home screen.
    - 3.2.4. On the home screen (“M”) for miles or (“KM”) for kilometers will show on the bottom right of the display.
  - 3.3. **Display Mode** – Turn display mode “ON” or “OFF”.
  - 3.4. **Manual** – DO NOT CHANGE
  - 3.5. **Elliptical or Bike** – setting for elliptical or bike. (DO NOT CHANGE).
  - 3.6. **Key Tone**– Turn Key tone “ON” or “OFF”.
4. **Security**
  - 4.1. **Child Lock** – Turn child lock “ON” or “OFF”.
5. **Factory Set** – Reset your unit to default settings.
6. **Exit**

# EXPLODED DRAWING



## **PARTS LIST**

No.	Description	Qty	No.	Description	Qty
1	Main Frame	1	35	Control Wire	1
2	Seat Base Frame	1	36	Power Inlet	1
3	Rail-Board	1	37	Sensor Wire	1
4	Moving Handle Set Post( L )	1	38	Bracket For Pedal(L)	1
5	Moving Handle Set Post( R )	1	39	Bracket For Pedal(R)	1
6	Moving Handle( L )	1	40	Connecting Parts	2
7	Moving Handle( R )	1	41	Lower Control Board	1
8	Axle of Pulley	1	42	Seat Indicator	1
9	Belt Pulley	1	43	Fix Cushion M6	4
10	Idler Support	1	44	Dual Action Handle Shaft	2
11	Bracket For Bearing Set	2	45	Bushing $\phi$ 38* $\phi$ 31* $\phi$ 25*20L	8
12	Ball Bearing 6205ZZ	4	46	Washer $\phi$ 25.2* $\phi$ 38*1t	20
13	Ball Bearing 6004ZZ	10	47	Shaft For Pedal Bracket	4
14	One way Bearing 2520	2	48	Washer $\phi$ 8.5* $\phi$ 26*2t	16
15	Battery Holder	1	49	Bushing $\phi$ 19.1* $\phi$ 25.5* $\phi$ 30.5*15L	8
16	Bushing $\phi$ 12.5* $\phi$ 15*6t	4	50	Cap For Spring	2
17	Lower Pedal Arm (L)	1	51	Belt Fixer	2
18	Lower Pedal Arm (R)	1	52	Belt Holder	2
19	Hexagonal Bolt M8*15L	22	53	Belt Support Plate	2
20	Wireless Hand Pulse Board	1	54	Cap For Spring	2
21	C-ring R-52	2	55	Spring	2
22	C-ring S-25	7	56	Pulley For Spring	2
23	C-ring S-20	10	57	Adjust Fix Cushion 3/8-16*42L	2
24	Wheel For Belt	2	58	Input Socket	1
25	Pedal Foot Cover	2	59	Roller Cap	2
26	Seat Support Frame	1	60	Movement Level	1
27	Upper Pedal Arm (L)	1	61	Pedal	2
28	Upper Pedal Arm (R )	1	62	Pulse Sensor Wire	1
29	Magnetic Flywheel	1	63	Chain Cover (L)	1
30	POM Gasket	1	64	Chain Cover (R )	1
31	Belt	1	65	Ornament Cover	2
32	Backseat Cover	1	66	Acrylic Cover (L/R)	2
33	Computer	1	67	Back Covered	1
33-1	"+" Bolt M5*10L	9	68	Decorated Tin Plate	1
34	Control Wire (Computer)	1	69	Ornament Cover -Computer Post	1



## **PARTS LIST**

No.	Description	Qty	No.	Description	Qty
70	Aluminum Rail(L)	1	105	Place Controller	1
71	Aluminum Rail(R)	1	106	Handheld Pulse Sensor Plate	2
72	Curved Washer ,18.8x9x1.5t	17	107	Grey Knob(22mm)	1
73	Nylon Nut M8	24	108	Hexagonal Bolt M8*35L	2
74	Pedal Strap	2	109	Sleeve Bearing STK-F 1006-18	2
75	Plate Washer SW6	9	110	Seat Handle	1
76	Washer $\phi 8.2 * \phi 16 * 1.6t$	16	111	Handle Sponge ID31.8*460L	2
77	Spring Washer SW8	30	112	Round Plug OD31.8	2
78	Level Head	1	113	Socket Cover	1
79	Inside Hexagonal Screw M6*25L	12	114	Adapter	1
80	Wheel Belt (20-640)	2	115	Roller	8
81	Hex Bolt M6*20L	5	116	Front Stabilizer Roller	2
82	Hexagonal Bolt M8*20L	4	117	Axle	2
83	Mushroom Head Bolt M8*15L	27	118	Interval Tube for Roller	8
84	Hexagonal Bolt M8*35L	4	119	Set Screw M4*12L	8
85	Hexagonal Bolt 3/8"-16*2 1/2"L	2	120	Mushroom Head Hex Bolt M8*100L	1
86	Hex Bolt M12*25L	2	121	Set Screw M5*12L	10
87	"+" Bolt M5*8L	6	122	Spherical Bearing	2
88	Belt Holder Set (L)	1	123	C-ring R-42	6
89	Belt Holder Set (R)	1	124	Ball Bearing 6003ZZ	2
90	"+" Bolt M3*15L	4	125	C-ring R-35	2
91	"+" Bolt ST4*30L	5	126	Bushing $\phi 9 * \phi 17 * 19.4 * 22 * 5.5L$	2
92	"+" Bolt ST4*15L	8	127	Mushroom Screw M5*10L	4
93	"+" Bolt ST4*20L	8	128	"+" Bolt M5*15L	4
94	Hex Head Bolt M8*35L	1	129	Washer $\phi 6.2 * D13 * 1.2t$	26
95	Belt Holder Plank	2	130	Swivel Handle	1
96	Inside Hexagonal Screw M8*40L	6	131	Located Tube	1
97	Bushing- $\phi 18.2 * \phi 22 * 15L$	4	132	Scroll Spring(L)	1
98	Belt Holder Idler	2	133	Scroll Spring(R)	1
99	Seat	1	134	Located Pin	1
100	Back seat	1	135	Compress Spring	1
101	Located Pin	1	136	Hand Fixed Block	2
102	Level Base Cover	1	137	Rotary hand I920-8/3"	2
103	Back seat fixed	1	138	Tension Knob	1
104	POM Bushing	1	139	Mushroom Head Hex Bolt M5*12L	6

## **PARTS LIST**

No.	Description	Qty	No.	Description	Qty
140	Washer13*6.2*1	6	175	Round End Cap	2
141	Nylon Nut 3/8'-16UNC*11t	2	176	Leg Sheath	2
142	Wheel Chair Fixed Band	2	177	Leg Stabilizer Plate	2
143	Wheel Chair Mount	1	178	POP Knob	2
144	Mushroom Screw M5*10L	4	179	Seat Belt -R	1
145	Spring Washer SW6	18	180	Retractable Seat Belt -L	1
146	Nut Cover M8	11	181	Seat Belt -R/End Cap	1
147	Adjust Fix Cushion (60*15)	7	182	Mushroom Head Bolt M12*30L	2
148	Stoppage Screw M5*5L	7	183	Spring Washer SW12	2
149	Inside Hexagonal Screw M6*15L	18	184	Nut M12	2
150	Spring	2	185	Fixed plate	1
151	Mushroom Screw M4	2	186	PhysioStep PRO Sticker	2
152	Fixed Pin	2	187	Hand Grip	2
153	Washer $\phi$ 6.6*D16*1t	2	188	Bottle Holder	1
154	Mushroom Head Hex Bolt M6*10L	2	189	Safety Strap	1
155	Cylinder	2	190	L type Handle	2
156	Sponge $\psi$ 38.1*920L*3t	2			
157	Nut 3/8-17*8t	2			
158	Stopper Plate 25L*10W*3t	1			
159	Computer Post	1			
160	Ball Bearing 6204ZZ-SKF	1			
161	Idler - $\phi$ 53x $\phi$ 43x $\phi$ 50x $\phi$ 47x24L	1			
162	C-ring R-47	1			
163	Nut M6	10			
164	C-ring S-40	1			
165	Spring Fixed Welding Plate	1			
166	Nut M5	2			
167	Round Tube with Numbers	2			
168	Rotatable Handle	2			
169	Bearing Base	2			
170	Ball Bearing 6001ZZ	4			
171	Hexagonal Screw M8*12L	2			
172	R-ring R-28	2			
173	Nut -1/2"-12	1			
174	Cushion M8*45L	2			





## Stabilization Accessories



Hand Grip  
PS-HG



Leg Stabilizer  
PS-LS



Seat Belt  
PS-SB

## Stabilization Kit

PS-ACC

### Includes

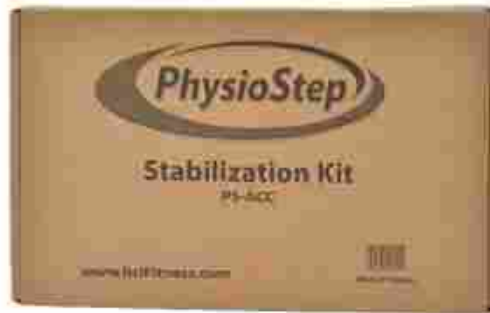
- (2) Hand Grip
- (2) Leg Stabilizers
- (1) Seat Belt

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**-25% OFF = -\$260**

**You Pay = \$780**

**Bundle &  
Save 25%!**



Item #	Description	Price	QTY	Total
PS-HG	Hand Grip (1)	\$65		
PS-LS	Leg Stabilizer (1)	\$375		
PS-SB	Seat Belt (1)	\$160		
PS-ACC	Complete Kit (2) Hand Grips (2) Leg Stabilizers (1) Seat Belt	\$1,040 \$780		

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