

HEALTHCARE

I N T E R N A T I O N A L

Manufacture of Rehabilitation Equipment Since 1992



*Active Aging | Fitness | Rehabilitation
Sports Medicine | Human Performance*

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GSA Contract Number: GS-03F-0148W

FDA Registration Number: 3010291544

Brands



▶ HCI Fitness

- ▶ Since 1992, HealthCare International has been family owned and operated with dedication to providing affordable quality products with exceptional service!
- ▶ Products: Recumbent Cross Trainers, Upper Body Ergometers, Total Body Trainers, Treadmills, Dynamic Unweighting Systems, & Active and Passive Trainers.



MONARK

SPORTS & MEDICAL

▶ Monark Exercise

- ▶ HealthCare International is the Exclusive North American Distributor
- ▶ Products: Testing Ergometers, Stationary Cycles, Recumbent Cycles, & Upper Body Ergometers
- ▶ *ACSM Discounts Available*

Brands



▶ Mediana

- ▶ Since 1993, Mediana has provided professional and general medical equipment and technology to help revitalize heart function and provide accurate measurement of biological signals.



▶ CardioMed Treadmills

- ▶ At **CardioMed Treadmills** we strive to provide reliable testing treadmills with innovative solutions at an affordable price. CardioMed Treadmills are proudly manufactured in the European Union using small batch production that allows for the highest level of attention to detail and the ability to develop unique solutions for a variety of testing applications.

HCI Fitness Advantages

▶ ***Low Starting Resistance and Speed***

Dedicated to accommodating a wide range of users with different activity levels, HCI Fitness products offer a low starting resistance **as low as 5 watts**. HCI Fitness manufactured Treadmills start at **0.1 MPH** and can be adjusted in 0.1 increments.

▶ ***Bi-Directional Movement***

HCI Fitness products offer bi-directional movement for **advanced** strength, balance, and gait training. Changing the direction of exercise not only reduces risk of injury but also helps **motivate** users and increase training sessions.

▶ ***Workout Summary Report***

Many HCI Fitness products have a built-in USB workout report function that allows facilities to track progress with key metrics such as **WATTS** and **METS**

▶ ***Customizable Programs***

Clinicians can customize programs including **Constant or Ramping WATT** and **ISOKENTIC** resistance programs to tailor the training session to the user.

▶ ***Increased Accessibility***

HCI Fitness products are easy to access with removable seats to accommodate wheelchair access, oversized **swivel seats**, low treadmill step-up heights, **user weight capacity up to 500 lbs** and adjustable features to fit a wide range of users.

▶ ***Family Owned and Operated***

HealthCare International is proud to be one of the longest standing owned and operated fitness equipment manufacturers based in the USA! When you purchase HCI Fitness equipment you become part of the HCI Fitness Family!

Commercial Display



Featured Programs

- ▶ Isokinetic
- ▶ Constant WATTS
- ▶ Heart Rate Controlled
- ▶ Custom User Program

- ▶ 32 Levels of Resistance
- ▶ WATTS and METS
- ▶ Download Workout Report
- ▶ 20 Workout Programs
- ▶ Heart Rate Receiver
- ▶ Quick Start Button

Recumbent Cross Trainers



PhysioStep LXT - Recumbent *Linear* Cross Trainer

- ▶ 450 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, Telescopic Display AC Plug
- ▶ Natural 2:1 Linear Stepping Motion
- ▶ Commercial Rating
- ▶ Item: LXT-700



PhysioStep MDX - Recumbent *Elliptical* Cross Trainer

- ▶ 500 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Commercial Rating
- ▶ Item: RXT-1000 MDX

Recumbent Cross Trainers



CardioStep - Recumbent *Semi-Elliptical* Cross Trainer

- ▶ 400 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Commercial Rating
- ▶ Item: CS-600



VersaStep - Recumbent *Elliptical* Cross Trainer

with *Ipsilateral Arm and Leg Connection*

- ▶ 500 lbs Capacity, Swivel Seat, Contact Heart Rate, WATTS and METS, AC Plug
- ▶ Balance and Stability
- ▶ Commercial Rating
- ▶ Item: VSX

Recumbent Cross Trainers



- ▶ **PhysioStep PRO** - Recumbent *Stepper* Cross Trainer
 - ▶ 500 lbs Capacity, Swivel Seat, Removable Seat, Contact Heart Rate, WATTS and METS, AC Plug
 - ▶ Ipsilateral Left and Right Side Connected Movement
 - ▶ Commercial Rating
 - ▶ Item: SXT



- ▶ **PhysioStep HXT** - Recumbent *Semi-Elliptical* Cross Trainer
 - ▶ 330 lbs Capacity, Contact Heart Rate, WATTS, AC Plug
 - ▶ Most Compact Recumbent Cross Trainer
 - ▶ Light Commercial Rating
 - ▶ Item: HXT-300

Recumbent Cross Trainers



- ▶ **CyclePlus** - Recumbent Bike with Cross Trainer Arm Motion
 - ▶ 400 lbs Capacity, Contact Heart Rate, WATTS and METS, AC Plug or Self Powered
 - ▶ Recumbent Cycling Motion with Connected Arm Movement
 - ▶ Light Commercial Rating
 - ▶ Item: CS-400

HCI Fitness Premium Comfort Seat



The HCI Fitness Premium Comfort Seat is included standard on all the commercial rated products we manufacture.

Features

- ▶ 20” Wide Oversized Seat Base
- ▶ 4” Thick Memory Foam Seat Base
- ▶ Contoured Seat Back with Lumbar Support
- ▶ Swivel Seat Function
- ▶ Reclining Seat Back

Total Body Trainers



PhysioMax - Total Body Trainer

- ▶ 500 lbs Capacity, Independent Arms & Legs, Removable Swivel Seat, WATTS and METS, AC Plug
- ▶ Optional Adjustable Length Leg Cranks
 - ▶ TBT-ADJ-LC
- ▶ Commercial Rating
- ▶ Item: TBT-1000



Total Body Trainers



PhysioCycle - *Total Body Trainer*

- ▶ 300 lbs Capacity, dependent Arms & Legs, AC Plug
- ▶ Light Commercial Rating
- ▶ Item: XT-800

Active and Passive Trainers



OmniTrainer - Advanced Active and Passive Trainer

- ▶ Automatically changes from Active to Passive Mode
- ▶ Symmetry Training
- ▶ Upper or Lower Body Trainer
- ▶ Download Workout Report
- ▶ Commercial Rating
- ▶ Item: OT-1100

- ▶ Optional Height Adjustable Lower Body
 - ▶ OT-1100P

Active and Passive Trainers



eTrainer - Passive Trainer

- ▶ Motorized Training Only
- ▶ Upper and Lower Body Trainer
- ▶ Light Commercial Rating
- ▶ Item: E-PAT



eTrainer AP - Active and Passive Trainer

- ▶ Manually Change from Active to Passive Mode
- ▶ Upper and Lower Body Trainer
- ▶ Light Commercial Rating
- ▶ Item: E-PAT-AP

Upper Body Ergometers



PhysioTrainer PRO - Upper Body Ergometer

- ▶ For use with Arms or Legs, Electronically Controlled with Programs, WATTS and METS, AC Plug
- ▶ Commercial Rating
- ▶ Item: PT-PRO
- ▶ Works with optional HCI Fitness UBE Tables



PhysioTrainer - Classic Upper Body Ergometer

- ▶ For use with Arms or Legs, Manually Adjusted Resistance
- ▶ Commercial Rating
- ▶ Item: PT-UBE
- ▶ Works with optional HCI Fitness UBE Tables

Upper Body Ergometers



881E - Upper Body Ergometer

- ▶ Calibratable, WATTS Scale, VO2 SubMax,
- ▶ Item: 881E



871E- Training Cycle

- ▶ Training Only
- ▶ Item: 871E



891E - Upper Body Ergometer

- ▶ Training Only
- ▶ Item: 891E

891EW is the correct model for Wingate Testing

UBE Table Stands

Compatible With PhysioTrainer, PhysioTrainer PRO, Monark 881E, Monark 871E



Hydraulic UBE Table- Manually Adjusted UBE Table Stand

- ▶ Item: UBE-Table

Motorized UBE Table- Motor Adjusted UBE Table Stand

- ▶ Item: UBE-Table-120V



Dynamic Unweighting System



PhysioGait - Dynamic Unweighting System

- ▶ 360 lbs Unweighting Capacity, Sit to Stand, 28" Powered Yoke Adjustment, Swivel Yoke
- ▶ **New** Adjustable Width Base
- ▶ Item: PG-360
- ▶ Works with optional PhysioMill and RehabMill Treadmills



Treadmills



PhysioMill - Deluxe Rehabilitation Treadmill

- ▶ 21" x 63" Walking Belt, 500 lbs Capacity, True Zero Start (0.1 MPH), 6.25" Step Up Height, Full Medical Handrails, Therapist Remote, +/-15% Elevation, Reverse Belt for Downhill Walking, METS, 12 Programs, 4 HP Continuous DC Motor
- ▶ Item: TMR



RehabMill- Affordable Rehab Treadmill

- ▶ 21" x 59" Walking Belt, 400 lbs Capacity, True Zero Start (0.1 MPH), +15% Elevation, Quick Keys, Dual AC Motors
- ▶ Item: RTM

Treadmills

CardioMed

♥ T R E A D M I L L S



- ▶ Flat hood ideal for motion capture research



- ▶ USB & RS232 Connectivity



- ▶ Multiple communication protocols ensures compatibility with *all* external systems

Stress Testing | Human Performance | Biomechanics | Pulmonary Testing

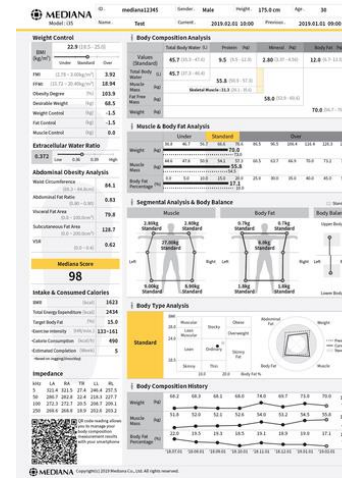
- ▶ Models: CMT 20-58, CMT 22-63, CMT 26-73, CMT 30-78, CMT 36-78

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Body Composition Analyzer Mediana i35

- ▶ Tetra-Polar 8 Point Electrodes
- ▶ 5kHz, 50 kHz, 100 kHz, 250 kHz Measuring Frequency
- ▶ Foldable Design for Easy Transport
- ▶ Quick 1 Minute Test
- ▶ Extracellular Water Ratio, Visceral Fat, Segmental Analysis & More
- ▶ FDA Registered Medical Device

Since 1993, Mediana has provided professional and general medical equipment and technology to help revitalize heart function and provide accurate measurement of biological signals.



NOVO System

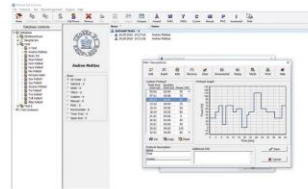
Connect your Monark Ergometer to a metabolic cart, ECG or other external system.

MONARK

SPORTS & MEDICAL

Create Custom Protocols

- Monark Test Software Included
- Unlimited Software Downloads
- Select Display Feedback



External Connectivity

- Metabolic Cart
- Cardiac Stress Testing
- RS232 or USB



30 Second Calibration

- Quick Electronic Calibration
- Classic Hanging Weight Calibration
- Accuracy Always



Sports & Medical Frames

- Performance Cycling Frame
- Medical Walk Through Frame
- Recumbent Walk Through Frame



NOVO Testing Ergometer



LC7 TT NOVO - Time Trial Ergometer

- ▶ Time Trial Software
- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Perfect Fit Frame
- ▶ Item: LC7 TT NOVO



LC6 NOVO- Performance Testing Ergometer

- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Perfect Fit Frame
- ▶ Item: LC6 NOVO

NOVO Testing Ergometer



939E NOVO- Walkthrough Testing Ergometer

- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Walkthrough Medical Frame
- ▶ Item: 939E NOVO



RC6 NOVO - Recumbent Testing Ergometer

- ▶ Novo System Electronically Controlled Testing
- ▶ External System Compatibility
- ▶ Quick Calibration
- ▶ Recumbent Frame
- ▶ Item: RC6 NOVO

Wingate Testing

The gold standard for Wingate and anaerobic testing



894E - Wingate Testing Ergometer

- ▶ Anaerobic Wingate Test
- ▶ Connects to Monark's ATS Software
- ▶ Automatic Drop Basket
- ▶ Item: 894E



891 EW - Wingate Testing Upper Body Ergometer

- ▶ Anaerobic Wingate Test
- ▶ Connects to Monark's ATS Software
- ▶ Drop Basket
- ▶ Item: 891EW

Basic Testing Ergometer



- ▶ **828E - Basic Ergometric Testing Cycle**
 - ▶ Calibratable, WATTS, VO₂ SubMax, KP Scale
 - ▶ 550 lbs Capacity
 - ▶ Item: 828E

Electronically Controlled Cycle Ergometers - G3 System

Connect to the Monark Test Software for Electronically Controlled Testing



LC4



928E



RC4

Upright Bikes



827E- Training Cycle

- ▶ Training Only
- ▶ 550 lbs Capacity
- ▶ Item: 827E



927E- Walk Through Training Cycle

- ▶ Training Only
- ▶ Walkthrough Medical Frame
- ▶ Item: 927E



874E- Weight Basket Training Cycle

- ▶ Training Only
- ▶ Walkthrough Medical Frame
- ▶ Item: 874E

894E Model is for Wingate Testing

Shipping Information

▶ ***Lead Time***

We strive to keep all units in-stock so that we can ship out upon receiving an order.

Transit time will take between 5-14 days depending on your location in the USA.

▶ ***Assembly Needed***

Our products ship 85% assembled and can be wheeled off the pallet when received by the customer. Typical items required for assembly includes: Handles, Pedals, Seat Back, and Display. All tools needed for assembly are included.

▶ ***Optional White Glove***

If needed our products can be sold with an optional white glove assembly.

Contact Information

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