



FABRIC FACE MASKS

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This fabric face mask is designed to be made with quilting cotton, or other high thread count cottons. The pattern has optional instructions for flexible wire nose shaping, and an optional interfacing lining for extra filtration.

See our IGTV channel for a video tutorial, and instructions on how to make quick, comfortable straps from a t-shirt or knit fabric, or sturdier straps by making your own bias tape from woven cotton fabric.

[#coloradomaskproject](https://www.instagram.com/coloradomaskproject)

FABRIC FACE MASK

MASK MATERIALS: (MAKES 6 MASKS)

1/4 yd (or 1 fat quarter) of Quilting Cotton for mask exteriors
 1/4 yd (or 1 fat quarter) of Poplin or Quilting Cotton for mask lining

Optional:

1 yd Non-woven Interfacing such as Pellon 910, Pellon 930 (or 1/2 yard Pellon Easy Pattern) for optional extra filtration layer
 Paper clips, wire, or pipe cleaners (4" piece per mask) for flexible nose fitting.

TOOLS

Scissors
 or Rotary Cutter & Cutting Mat
 Marking Tool or Chalk
 Pins
 Sewing Machine & Thread
 Iron

MASK STRAP MATERIALS:

Bias Tape (12 yards will make straps for 6 masks)

or

Jersey Strips (2/3 yd jersey will make straps for 24 masks OR one recycled tee will make straps for 10 - 20 masks) [Make Jersey Ties video tutorial](#)

or

Make Bias Tape from Fabric - 1/2 yard will make about 6 masks) [Make Your Own Bias Tape video tutorial](#)

or

Ribbon or twill tape can also be used (36" straps

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(See all our tutorials)

[IGTV](#): tinyurl.com/fancyigtv

[Youtube](#): tinyurl.com/fancyyoutube



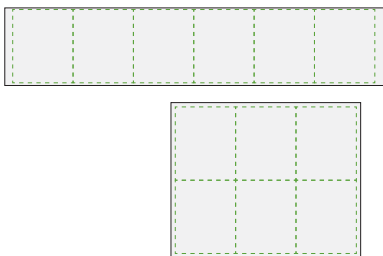
View our full tutorial

CUT

For each mask, cut:

- One exterior - 7" wide x 8.5" tall
- One lining - 7" wide x 8.5" tall
- Optional filter layer - 7" wide x 8.5" tall
- Optional nose fitting wire - 4" length
- Two mask straps (see strap material info to left). Straps can be cut from Jersey fabric at 24" long x 1", bias tape or ribbon straps should be 36" long.

*You can get 6 mask pieces from the width of a 1/4 yard, or two rows of three pieces from a fat quarter. Mark and cut carefully, as there will not be much extra fabric!



SEW

Place your Exterior and Lining pieces right sides together. If you are using a filter layer, place it on top.

Using a scant 1/4" seam allowance, sew along the top and bottom—along the 7" sides of the mask.

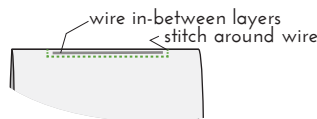
Turn the mask right side out and press flat.

OPTIONAL NOSE-FITTING WIRE

(or skip to PLEAT step)

Place a 4" wire inside the mask layers, centered between open sides and snug up inside the top seam. Pin in place.

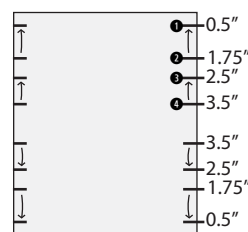
Make two marks on the exterior of the mask, one at each edge of the wire. Set your machine to a very short stitch length, and stitch a box around the wire, to secure it in place. Be careful not to hit the wire with your machine needle.



PLEAT

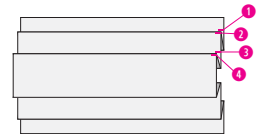
Mark for the pleats on the exterior of mask. Measure from each of the 4 corners and mark along the two raw edges, at:

- 1) 0.5"
- 2) 1.75"
- 3) 2.5"
- 4) 3.5"



As you fold the pleats, fold all layers as one. Start with the four marks at the top right of the mask. Pinch the SECOND mark from the top, and bring it upward to match the FIRST mark. Pin in place. Skip past the next mark to the fourth mark, pinch and bring it up to the third mark. Pin in place.

Repeat for the opposite side, rotate the mask and repeat for the remaining two bottom sections.

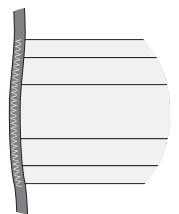


Change your stitch settings to a basting stitch (long stitch length) and baste along the two raw edges at 1/4" to secure pleats.

MAKE & ATTACH MASK STRAPS

Our favorite, fast method: Cut two 1" x 24" jersey strips. Center the strip on the raw edge of the mask, wrap the jersey around the raw edge and pin in place. Using a wide zigzag, secure the jersey along the edge of the mask.

Bias tape, or even ribbon, also works great. Center, wrap raw edge and pin in the same way, but zigzag the entire length of the bias tape, securing it to the mask.



All done! Share a mask, wear a mask, and take care!

Washing Instructions: Hand wash or machine wash in a delicates bag. Hang to dry, or use a hot iron to help it dry faster. You can also dry in the dryer inside of a delicates bag.