

WHAT IS THE NUTRIENT?



Nitrogen- Helps leaves and stems grow. This is like eating meat or seafood!

Potash-Strengthen plant roots and stems. This is like eating leafy greens, beans, or nuts.

Calcium- Needed for building cells. This is like drinking a glass of milk.



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Magnesium- Helps create oxygen through photosynthesis. This is like eating leaf greens, seeds, and whole grains.

Molybdenum- Regulate all the other nutrients. This is like eating lima beans, yogurt, or nuts.



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Phosphoric Acid- Helps with the growth of flowers, fruit, seeds, and strong roots. This is like eating dairy products, grains, or poultry.

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