



LEARN TO SURF IN EL SALVADOR

Learning to surf is quite simply one of the best things you can do in life. We are fortunate to have some of El Salvador's best surf instructors at our disposal to help you through those first stages.



From your surf and travel pros at www.astadventures.com

LA LIBERTAD

La Libertad Surfing consists in several different world class waves beginning at the coastal town of La Libertad. It contains one of the highest ranked waves in Central America, Punta Roca. La Libertad Surfing, offers a great selection of waves for all levels, La Libertad excellent surf year round, there are no flat days in La Libertad.



BEGINNERS SURF TRIP/ LA LIBERTAD



SURF / HIKE / EXPLORE & MORE

The Beginners Surf Trip in La Libertad incorporates Surfing, Hiking and Exploring some of the most amazing destinations in El Salvador. You can book any of our packages starting from 4 nights, 6 nights, 9 nights or more, AST in La Libertad offers amazing accommodations with stunning ocean views. Don't be a tourist, travel local style with exceptional knowledge of this county to breath taking sights and adventures.

Itinerary Sample, it varies deppeding on lenght of stay.





BEGINNERS SURF TRIP/ LA LIBERTAD

DAY 1/ ARRIVAL – LA LIBERTAD

La Libertad

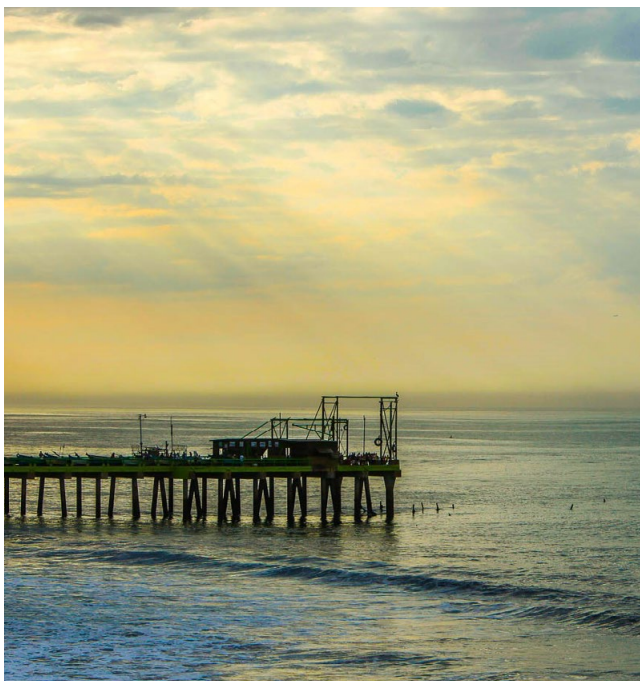
Our driver will be waiting for you at the airport to welcome you to El Salvador and drive you to your hotel, located in Playa Punta Roca in La Libertad, this is a coastal town in Puerto de La Libertad
Private Transfer Airport – Hotel Transfer

Hotel: AST Punta Surf Hotel, Ocean front accommodations

Our staff will welcome you with cold coconut water so you can taste the flavor of the tropics since the very first sip.

Activities: on the day one we'll show guests Punta Roca beach, we'll go in walk along the colorful town, then we'll enjoy the sunset in in our swimming pool area or in our roof top bar. During the dinner, the guide will explain about the Surf Training itinerary and activities included.

Meals included: Dinner + Non alcoholic beverages.



DAY 2/ LA LIBERTAD

La Libertad

While Staying in La Libertad every morning guests will taste the flavor of Salvadorian coffee, after having some fruit we go to the beach to get some surf. Your surf guide/ instructor will be on the beach teaching the techniques of how to catch the best waves.

After catching some waves guest can come to enjoy a hearty and healthy Salvadorian breakfast.

Activities: While staying in La Libertad guests will receive surf lessons/ Surfing Introduction, safety, paddling, and techniques on how to catch waves.

Lessons include: Practice on the beach and practice in the water

Meals included: Breakfast + Lunch + Dinner + Non alcoholic beverages.





BEGINNERS SURF TRIP/ LA LIBERTAD

DAY 3/ LA LIBERTAD - APANECA & JUAYUA

La Libertad

- Sunrise Coffee and Beach
- Early morning Surf
- Adventure Waterfall Tour in Juayua
 - While in Apaneca or Juayua guests have the option to go to Ataco for a snack
- Return to the hotel appx. 6:30pm

This day we'll go to the towns of Apaneca, Juayua and Ataco. We'll drive north from La Libertad to the highlands to explore colonial towns with cobble stone streets and surrounded by coffee plantations.

Meals included: Breakfast + Dinner + Non alcoholic beverages.



TAZUMAL, SAN ANDRES AND JOYA DE CEREN.

La Libertad

- Coffee
- Early morning Surf
- Breakfast

We depart from hotel at 10:00am

During this tour we'll be exploring the mayan temples of San Andres, Joya de Ceren, and Tazumal.

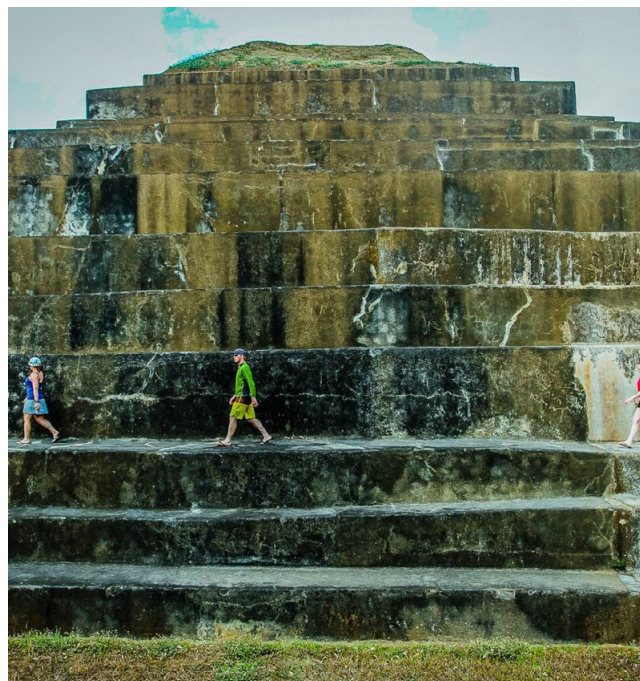
San Andres and Tazumal include piramides and temples while Joya de Ceren a village that got covered by volcanic ashes from San Salvador volcano.

Return to the hotel appx. 6:30pm

On this tour we'll go to a local restaurant for lunch.

Meals included: Breakfast + Dinner + Non alcoholic beverages

Hotel: AST Surf Hotel with ocean front accommodations.





BEGINNERS SURF TRIP/ LA LIBERTAD

DAY 5/ CERRO VERDE & COATEPEQUE LAKE – SANTA ANA

La Libertad

- Coffee
- Early morning Surf

This day we include an exciting adventure to the top of the Ilamatepec Volcano, a real scenic gem. It's the highest and largest of the coastal mountain range. Reaches 2382 masl. Collapse of the volcano during the late Pleistocene or early Holocene produced a massive debris avalanche that swept into the Pacific, forming the Acajutla Peninsula.

- Adventure Volcano Hike Tour:
 - 2.5 hours up hill & 1 hour down hill & Round trip 3 hours
 - Coatepeque Lake/ after hiking we get a refreshment in Coatepeque Lake.
 - This Tour last 7 – 8 hours

Meals included: Breakfast + Dinner + Non alcoholic beverages

Hotel: AST Surf Hotel with ocean front accommodations



DAY 6/ SAN SALVADOR CITY

La Libertad

- Surfing
- Morning Pupusaria Excursion
- Adventure City Tour: San Salvador:
 - San Salvador volcano and San Salvador Historical Center
 - Craft market

Meals included: Breakfast + Dinner + Non alcoholic beverages.

Hotel: AST Surf Hotel with ocean front accommodations



DAY 7

La Libertad, West El Salvador

- Morning Coffee
- Local Free Surf, Personal Relaxation Time Sunrise Before Departure
- Departure to San Salvador Airport

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