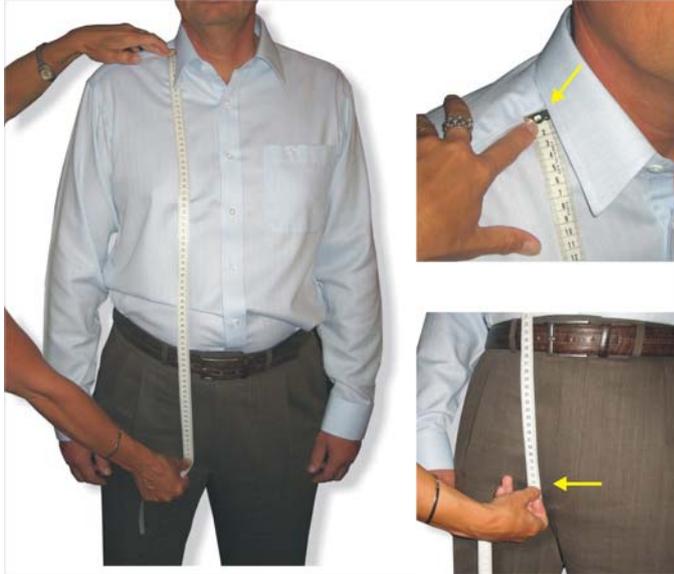


Steve & James Collections

Shirt Measurement Guide

Please stand and breath normally during measuring. Do not blow out or in, stomach or chest. Please measure in inches and sum it to the nearest 1/4, 1/2 or 3/4 of the inches.

1. Shirt length



Measure the shirt length at front.

Measure from the shoulder seam near the neck, over the stomach, down to the desired length.

Standard measurement is 6-7 inch below the band (belt).

2. Chest



Measure around fullest part of the chest.

Be relaxed when measuring and do not tighten the measurement tape.

Measure at the widest point.

Please measure exactly, give no allowance.

3. Waist



Measure around the widest part of the waist.

Be relaxed when measuring and do not tighten the measurement tape.

Please measure exactly, give no allowance.

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4. Hips



Measure around the hips at the widest point of seats.

Be relaxed when measuring and do not tighten the measurement tape.

Make sure the trouser pockets are empty before applying the tape measure.

Please measure exactly, give no allowance.

5. Shoulder



Measure from the end of one shoulder to the end of the other shoulder, across the back.

The standard measurement is from a point about $\frac{1}{2}$ -1 inch down the arm from the end of shoulder bone (where the arms are connected). Measure to the same point at the other shoulder.

If you are wearing a shirt that fits you perfect, measure between the seams where the sleeves are attached.

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6. Sleeve length (long)



Measure with the arm at your side.

Measure from the tip of the shoulder (same point as used when measuring the shoulder) down to the desired length.

Standard measurement is down to the first knuckle of your thumb.

7. Sleeve length (short)



Keep the forearm bent.

Measure from the tip of the shoulder (same point as used when measuring the shoulder) down to the desired length.

Standard measurement is down to the middle of the forearm.

8. Neck



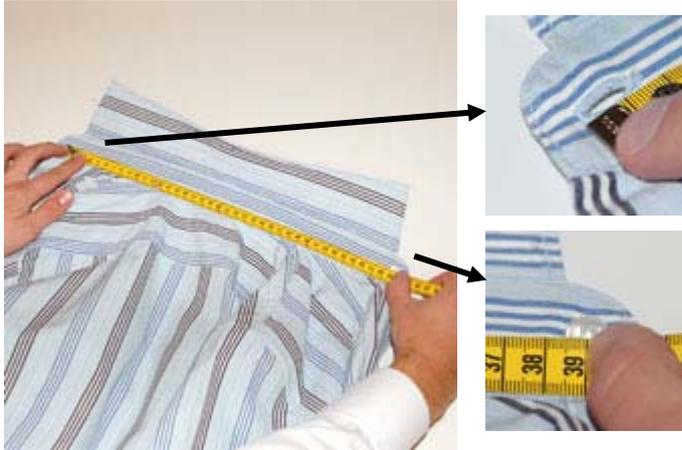
Please put the neck straight - not up nor down.

Measure around the lower part of your neck where the collar should be. Measure around your bare neck. Take a loose measurement.

Place one to two fingers between the neck and the tape for extra breathing space.

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8. Neck - Alternative



Measure on a shirt that fits well in neck.

Measure from left side of button hole to middle of button.

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9. Shoulders

Select type of shoulders.



Normal shoulders



Sloping shoulders



Square shoulders

10. Neck

Select type of neck posture.



Normal neck



Short neck



Long neck

10. Posture

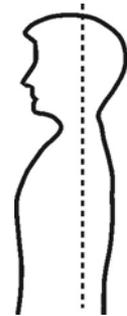
Select type of posture



Normal



Stoop



Erect

11. Waist

Select type of waist



Normal



Stout



Belly