

SUPPLEMENT FACTS

Serving Size: 2 Capsules
Serving per container: 75

Amount Per Serving

%DV

Vitamin A (as Beta Carotene)	2400 mcg RAE (4, 000 IU)	185%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D3 (as Cholecalciferol)	10 mcg (400 UI)	67%
Vitamin K2 (MK-7)	100 mcg	111%
Vitamin E (d-alpha tocopheryl succinate)	20.10 mg (30 UI)	106%
Vitamin B1 (as Thiamin Mononitrate)	1800 mcg	129%
Vitamin B2 (as Riboflavin)	1700 mcg	106%
Vitamin B3 (as Niacinamide)	20 mg	111%
Vitamin B6 (as Pyridoxine HCL)	2600 mcg	130%
Folate L-5-Methylfolate	800 mcg DFE	133%
Vitamin B12 (as Methylcobalamin)	8 mcg	286%
Calcium (as Calcium Carbonate)	200 mcg	0.02%
Iron (as Ferrous Chelate)	28 mg	104%
Zinc (as Zinc Chelate)	25 mg	192%
Selenium (as Amino Acid Chelate)	100 mcg	143%
Copper (as Copper Gluconate)	2 mg	154%
Magnesium (as Manesium Oxide)	200 mg	50%
Ginger root powder (Zingiber officinale)	75 mg	**
L - Glutathione	26.5 mg	**

** Daily Value (DV) not established

OTHER INGREDIENTS: Vegetarian Capsule

Manufactured For: Raise Them Well • PO Box 709 • Clemmons NC 27012
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