

CERETIC

Ceretic is a simple beanie with a fun twist, courtesy of an Inverted Gull cable panel. It is a great project to try out your first cables (maybe even without a cable needle) and it's quick and entertaining knit.

Some background to this hat's name: Ceretic was the last king of Elmet, an ancient northern kingdom in early post-Roman Britain. Ceretic ruled until 617, when Elmet became part of Northumbria.

Elmet is also one of the most interesting British yarn you can find: hand-dyed by Triskelion Yarn and Fibre, it is a mix of 75% Bluefaced Leicester and 25% Masham, and results in a very glossy and hardwearing yarn, perfect for hats.



ABBREVIATIONS

R: round

St(s): stitch(es)

K2tog: knit next 2 stitches together

P2tog: purl next 2 stitches together

1/3 LC (Left Cable): slip next st on to cable needle, hold at the front, k3, k1 from cable needle

1/3 RC (Right Cable): slip next 3 sts on to cable needle, hold at the back, k1, k3 from cable needle 1/2 LC (Left Cable): slip next st on to cable needle, hold at the front, k2, k1 from cable needle

1/2 RC (Right Cable): slip

next 2 sts on to cable needle, hold at the back, k1, k2 from cable needle 1/1 LC (Left Cable): slip next st on to cable needle, hold at the front, k1, k1 from cable needle

1/1 RC (Right Cable): slip next st on to cable needle, hold at the back, k1, k1 from cable needle

SKILLS NEEDED

Casting-on, knitting, purling, basic decrease, cabling **GAUGE**

17 sts and 21 rows over 10cm / 4" in stockinette stitch in the round, on larger needles, wet blocked. Gauge is crucial for this project, determining not only yarn usage, but also size

SIZES

Adult

To fit head circumferences: 54 cm / 21" Finished hat circumference: 48 cm / 19" Finished height: 21 cm / 8.25"

MATERIALS

Yarn

60 g, [100 m / 105 yd] of any weight yarn that will give the correct gauge.

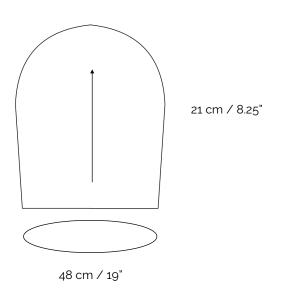
Sample is knit in Elmet Aran by Triskelion Yarn and Fibre, Aran/10 ply, 75% Bluefaced Leicester, 25% Masham, colourway Idisi

Needles

4 mm (US size 6) **AND** 4.5 mm (US size 7), 60 cm / 23" circular needles, or size to obtain correct gauge

1 stitch marker

Tapestry needle to weave in ends



KNIT CABLES WITHOUT THE CABLE NEEDLE

If you dare (and you really should), you can knit these cables without a cable needle. The cables used in this cowl are worked over just 3 stitches at most.

Don't be afraid of letting a stitch hang in mid-air for a few seconds: it won't escape, and will happily wait for you to pick it back up!

1/3 LC: slip 1 st and let it hang in mid-air at the front of your work. Slip next 3 sts on to the right needle. Put the single st back on to the left needle, then put the 3 sts back on to the left needle. Knit the 4 sts.

1/3 RC: slip the next 3 sts on to the right needle, slip 1 st and let it hang in mid-air at the front of your work while you slip the 3 sts back to the left needle. Pick up the single stitch and put it back on to the left needle. Knit the 4 sts.

1/2 LC: slip 1 st and let it hang in mid-air at the front of your work. Slip next 2 sts on to the right needle, Put the single st back on to the left needle, put back on left needle, then put the 2 sts back on to the left needle. Knit the 3 sts.

1/2 RC: slip the next 2 sts on to the right needle, slip 1 st and let it hang in mid-air at the front of your work while you slip the 2 sts back on to the left needle. Pick up the single stitch and put it back on to the left needle. Knit the 3 sts.

1/1 LC: slip 1 st and let it hang in mid-air at the front of your work. Knit the next stitch, put the single st back on to the left needle and knit it.

1/1 RC: slip the next stitch on to the right needle, slip 1 stitch and let it hang in mid-air at the front of your work while you slip the stitch back on to the left needle. Pick up the single st and put it back on to the left needle. Knit the 2 sts.

INSTRUCTIONS

CAST ON

With smaller needles, loosely cast on 83 sts, place marker, and cast on one more stitch, which will be decreased during the set-up rounds.

Join in the round, being careful to not to twist the stitches.

SET-UP ROUNDS

R A: P2, k9, * p2, k2; repeat from * to marker.

R B: Slip marker, p2tog, k9, * p2, k2; repeat from * to end of round.

RIB

R 1 -2: P2, k9, * p2, k2; repeat from * to end of round.

R 3: P2, 1/3LC, k1, 1/3RC, * p2, k2; repeat from * to end of round.

R 4: P2, k9, * p2, k2; repeat from * to end of round

Repeat rounds 1 to 3 once more.

BEGIN HAT

Change to larger needles.

R 1 - 3: P2, k9, p2, k to end of round.

R 4: P2, 1/3LC, k1, 1/3RC, p2, k to end of round.

Repeat these 4 rounds 7 more times.

CROWN SHAPING

R1: P2, k9, p2, * k5, k2tog; repeat from * to end of round: 73 sts.

R 2: P2, k9, p2, k to end of round.

R 3: P2, k2, ssk, k1, k2tog, k2, p2, * k4, k2tog; repeat from * to end of round: 61 sts.

R 4: P2, 1/2LC, k1, 1/2RC, p2, k to end of round.

R 5: P2, k7, p2, *k3, k2tog; repeat from * to end of round: 51 sts.

R 6: P2, k7, p2, k to end of round.

R 7: P2, k1, ssk, k1, k2tog, k1, p2, * k2, k2tog; repeat from * to end of round: 39 sts.

R 8: P2, 1/1LC, k1, 1/1RC, p2, k to end of round.

R 9: P2, k5, p2, *k1, k2tog; repeat from *to end of round: 29 sts.

R 10: P2, k5, p2, k to end of round.

R 11: P2, ssk, k1, k2tog, p2, * k2tog; repeat from * to end of round: 17 sts.

R 12: P2tog, k3, p2tog, * k2tog; repeat from * to end of round: 10 sts.

FINISHING

Cut the yarn, leaving a 20 cm / 8" tail. Use the tapestry needle to thread the tail through the remaining stitches, and pull to close the hat.

BLOCKING

Weave in all ends, gently hand-wash and wetblock to measurements, without stretching the brim.

Wear it with pride!

I hope you had fun knitting this!
I would love to see pictures of your finished projects: you can email me at lacavealaine@gmail.com or tag me on Facebook or Instagram @lacavealaine #lacavealaine