AFTER CARE



irispiercing.com

WHAT TO DO

- Do not twist, pick at, or remove your jewelry during the healing process.
- The more you leave your piercing alone the quicker it will heal.



Rinse your piercing well with running water each day. You can follow each daily rinse with a spray of sterile saline wound wash.

You can rinse with available at saline wound wash - IRIS - 1-3x a day.

Do not use products other than sterile saline wound wash to clean your piercing.

No alcohol or peroxide!

CONTINUED

- Avoid hot tubs, pools, or open bodies of water.*
- Avoid excess pressure* and moisture on your piercing.
- Be careful with towels and other items that can snag your jewelry.

*Healing Tips

Going for a swim? Waterproof bandages can protect piercings in some placements while submerged.

New ear piercing? Placing your ear in a travel pillow while sleeping can reduce pressure.

For oral piercings:

- Drink lots of cold water, rinsing well after eating or drinking.
- Avoid alcohol, smoking, chewing tobacco, mouthwash, hot/spicy foods, and other people's bodily fluids.

DOWNSIZING

A helpful step in the healing process for a majority of piercings is to stop in and have a shorter post installed as the swelling subsides on your new piercing.

Having properly fitted jewelry minimizes excess movement, catching, and snagging which can lead to your piercing becoming irritated.

We will give you a 10% discount on your shorter post.

We suggest you visit us around:



Scan here to schedule your downsize appointment!

KEEP IN TOUCH

If you have any other questions on do's and do not's you can always reach out to us via text or email!

The number you received a followup text from is our studio phone and someone will respond to you as quick as we can during our business hours.

You are also welcome to stop by the studio for a check up as needed.

We are always happy to take a look at your piercing for you.

New piercing selfie? We'd love to see! Tag us on Instagram!



@iris_piercing_studios

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