

# Bio-Sync Ergo Synchro #6C



## 6-Position Back Lock

Type: Pull paddle

Pull lever upward and shift your weight forward or back to desired angle. Release lever to lock. To free float the back, pull lever upward until locked.



## Seat Height

Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.



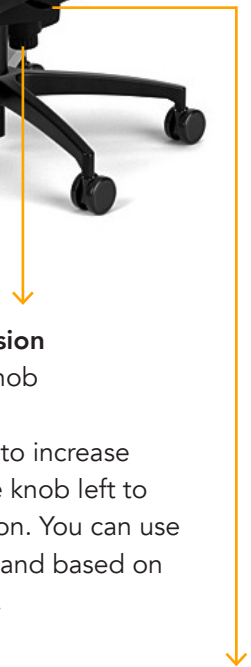
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## Back/Recline Tension

Type: Rotatable knob

Rotate knob right to increase tilt tension. Rotate knob left to decrease tilt tension. You can use your right or left hand based on your own comfort.



## Optional Seat Depth #12SS

Type: Pull paddle

Pull up on paddle while shifting your weight forward to move your seat forward. Shift backward to move your seat back.



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