

# L-Arginine 500mg

Nitric Oxide Precursor



## DESCRIPTION

L-Arginine is a conditionally essential amino acid. In that role L-Arginine supports nitric oxide formation, which is important for healthy dilation of blood vessels, circulation, and blood flow. In trials, L-Arginine has demonstrated the potential to support endothelial function in blood vessels, platelet function, exercise tolerance, and sexual function. Typically the body is able to manufacture sufficient quantities of L-arginine. However, in certain conditions, such as aging, cardiovascular disease, and trauma, arginine synthesis is reduced and requirements increased. L-arginine is necessary for the synthesis of creatine phosphate (PCr), which is essential for the synthesis of ATP, the source of energy in the mitochondria, particularly in muscle tissue. Vitamin B-6 is included in this formulation and serves as an essential nutrient for the metabolism of amino acids in the body.

## INDICATIONS

L-Arginine may be a useful supplement for individuals leading an active lifestyle or who want to support healthy cardiovascular function.

## FORMULA (VW #10284)

### One vegetarian capsule contains:

Vitamin B-6..... 10 mg  
(as pyridoxine hydrochloride)  
L-Arginine..... 500 mg  
Other Ingredients: Capsules (cellulose and water), magnesium stearate, and silica.  
Vitamin B-6 is paired with L-Arginine because of its role in metabolizing amino acids.

This product contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors, or flavors.

## SUGGESTED USE

Adults take one capsule, 2 to 6 times daily between meals or as directed by a healthcare professional.

## SIDE EFFECTS

No adverse effects have been reported.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured For:

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