

# CoEnzyme-B



## DESCRIPTION

CoEnzyme-B provides the “activated” form of the B-vitamins for enhanced bioavailability to assist in the many biochemical pathways requiring these nutrients.

## FUNCTIONS

B-vitamins are required for numerous biochemical and physiological processes including the metabolism of macronutrients (carbohydrates, fats, and proteins) to make energy, support of healthy nervous system function and for cardiovascular function. Typically B-vitamins are used as needed and any excess is excreted. This makes it very important to consume these essential nutrients on a daily basis. Once B-vitamins are consumed they cannot perform their necessary functions until they are converted into their active coenzyme forms. Aging, chronic disease and other factors may limit one’s ability to convert B-vitamins into their coenzyme forms. CoEnzyme-B provides the active, coenzymated forms of the essential B-vitamins that do not require metabolic conversion, and therefore may offer an advantage to certain populations such as the elderly, those with malabsorption issues, metabolic diseases such as diabetes, and many others.

## INDICATIONS

CoEnzyme-B may be a useful dietary supplement for those who wish to increase their intake of the B-vitamins in a readily absorbable and more bioavailable form.

## SUGGESTED USE

Adults take one (1) vegetarian capsule daily or as directed by a healthcare professional.

## SIDE EFFECTS

No adverse effects have been reported.

## FORMULA (WW #10245)

### 1 Vegetarian Capsule Contains:

Vitamin B-1 (as thiamin HCl).....	50 mg
Vitamin B-2 (as riboflavin) .....	50 mg
Niacin (as niacinamide) .....	50 mg
Vitamin B-6 (as pyridoxine HCl).....	50 mg
Vitamin B-12 (as cyanocobalamin) .....	50 mcg
Folate (as folic acid).....	800 mcg
Biotin.....	200 mcg
Pantothenic Acid (as d-calcium pantothenate).....	50 mg
Choline (as choline bitartrate).....	25 mg
Inositol .....	25 mg
PABA .....	25 mg
Coccarboxylase (coenzyme vitamin B-1).....	5 mg
Riboflavin-5-phosphate (coenzyme vitamin B-2)...	5 mg
Pantethine (coenzyme vitamin B-5).....	5 mg
Pyridoxal-5-phosphate (coenzyme vitamin B-6)....	5 mg
Methylcobalamin (coenzyme vitamin B-12) .....	25 mcg
Dibenzozide (coenzyme vitamin B-12) .....	25 mcg
Other Ingredients: capsules (gelatin, water), cellulose, magnesium stearate, and silica.	

This product contains NO sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

- Berdanier, C., Zempleni, J. Advanced Nutrition: Macronutrients, Micronutrients, and Metabolism. CRC Press; 2000
- Gropper, S., Smith J. Advanced Nutrition and Metabolism. Wadsworth; 2009.

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