

Silat for the Steet™ Sparring Log

Level 1

Entry Games - Dive Entry

										10
										20
										30
										40
										50

Clinch Game - Double Bicep Tie

										10
										20
										30
										40
										50

Power Generation 1

										10
										20
										30
										40
										50

Level 2

Entry Games - Ram's Horn or Full Cover

										10
										20
										30
										40
										50

Clinch Game - Overhook, Neck/Head Control, Supported Throat Grab

										10
										20
										30
										40
										50

Power Generation 2

										10
										20
										30
										40
										50

****Rounds 41-50 are for instructor candidates****

Silat for the Steet™ Sparring Log

Level 3

Entry Games - Flower Entry

										10
										20
										30
										40
										50

Clinch Game - Underhook or Body Lock

										10
										20
										30
										40
										50

Power Generation 3

										10
										20
										30
										40
										50

Level 4

Entry Games - Parry & Crash

										10
										20
										30
										40
										50

Clinch Game - All Postitions

										10
										20
										30
										40
										50

Power Generation 4

										10
										20
										30
										40
										50

****Rounds 41-50 are for instructor candidates****