

Battlefield Kali Knife

Antás Tatlo – Level 3

Please keep the length of the video test to under 6 minutes.

You must log 80 rounds of hand and leg sparring before taking the Level 3 test.

1. Explain and demonstrate in one minute or less why leg attacks are dangerous to initiate.
2. Explain and demonstrate in one minute or less the concept of the shortened arc.
3. Explain and demonstrate in one minute or less the basic leg evasion drill.
4. Perform a one minute round of the Leg Attacks Power Generation Drill.
5. Perform one, 2 minute round of Hand and Leg sparring.