

Battlefield Kali Knife

Antás Dalawa – Level 2

Please keep the length of the video test to under 6 minutes.

You must log 80 rounds of hand and head sparring before taking the Level 2 test.

1. Explain and demonstrate in one minute or less the defences for the straight thrust.
2. Explain and demonstrate in one minute or less the concept of feinting.
3. Explain and slowly demonstrate in one minute or less the basic blocking drill.
4. Perform a one minute round of the Power Generation Blocking Drill, including slashes and thrusts. (Wear all protective equipment, including forearm pads)
5. Perform one, 2 minute round of hand and head sparring.