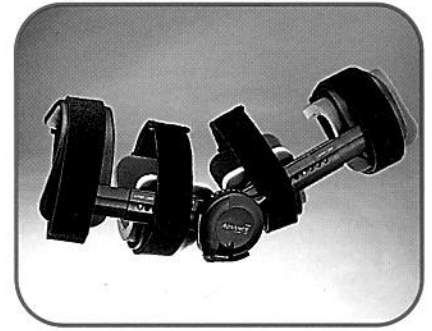


Easy Fit Instructions For Advance Dynamic ROM[®] Elbow Orthosis (Extension)



BEFORE APPLYING ORTHOSIS:

- Check arm for any neurological or vascular changes.
- Check device to be sure that lock and lock safety are engaged.

TO APPLY ORTHOSIS:

- Unfasten or loosen all straps.
- Slide device onto arm with strut placed on outside of limb and tension spring lined up at the elbow joint.
- Align the struts by following the long bones of the arm.
- Fasten and tighten straps (outer straps first followed by middle straps). Straps should be snug enough for one finger to be inserted between the strap and skin.

FOR DYNAMIC TENSION:

- Swing lock lever safety away from lock lever.
- Disengage lock lever by slightly flexing arm.

TO INSPECT THE FIT:

- Check alignment and adjust straps for comfort.
- Check for any neurological or vascular changes.

TO REMOVE ORTHOSIS:

- Lock device into resident's present position (angle) by engaging lock lever safety with lock lever.
- Unfasten/loosen straps and carefully slide orthosis off arm.

