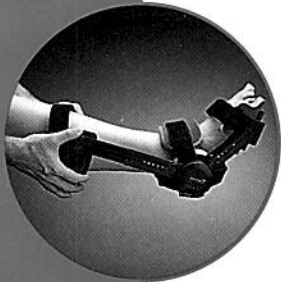
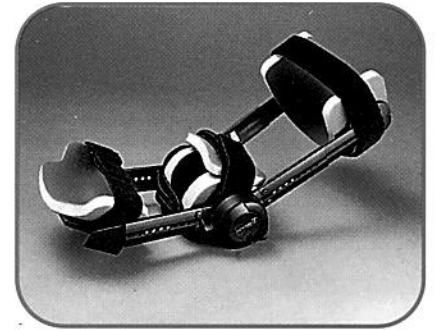


Easy Fit Instructions For Advance Dynamic ROM[®] Ankle Orthosis



BEFORE APPLYING ORTHOSIS:

- Check leg for any neurological or vascular changes.
- Check device to be sure that lock and lock safety are engaged.



TO APPLY ORTHOSIS:

- Unfasten or loosen all straps.
- Slide device onto foot and align tension springs with ankle joint (maleoli).
- Align struts with long bones of the calf, making sure tension springs remain aligned with ankle joint.
- Refasten and tighten straps in this order:
 - top ankle strap
 - calf strap
 - foot cradle straps

Straps should be snug enough to allow one finger to be inserted between strap and skin.



FOR DYNAMIC TENSION:

- Swing lock lever safeties away from lock levers.
- Disengage lock levers by slightly flexing foot.



TO INSPECT THE FIT:

- Check alignment and adjust straps for comfort.
- Check for any neurological or vascular changes.



TO REMOVE ORTHOSIS:

- Lock device into resident's present position (angle) by engaging lock lever safeties with lock levers.
- Unfasten/loosen straps and carefully slide orthosis off foot.

