

DECEMBER

The Bowl4Life Foundation is please to honor **Daniel Bolan** as the Athlete of the Month for December.



Daniel Bolan



Current Age: 19

Current Location: Indianapolis attending Marian Univerisity

Current School: Marian University 4.00 current GPA

Current coach: Gary Hiday and Jordan Gray - Western Bowl

Biography:

Started bowling at age 12 and going into my 7th year in the sport. Trained under Coach Del Warren for 5 years and have multiple local, state, regional and one

national team title. Won the Florida State High School Individual Championship in 2016 and the TNBA Team Nation in 2017. In Junior Gold finished 58, 259, 37 and 107 still looking forward to make the top 16.

Daniel is Eagle Scout, Orange County Citizen of the year, presidential award winner and USBC Youth Ambassador.

Daniel is on student government, athletic advisory committee and hall representative as well on the varsity bowling team, among his many accomplishments in bowling including top 5 percent finishes in Junior gold, FSHAA State Singles Champion as well many other titles including the TNBA National Team Title.

His community service effort with Strike for Vets is crossing the nation giving 100 percent of all proceeds to veterans groups

Latest Achievements: Dairymen Bowler of the Year in Florida, Spectrum Sport Florida Bowler of the Year, and the Orlando Sentinel Bowler of the Year

What is your proudest moment so far in your bowling career? Winning the 2016 state high school championship beating Pete Vergos in the finals.

Who is your favorite PBA or WPBA bowler of all time? Why do you look up to and/or admire this person? Kelly Kulick she has always helped me and been very supportive and positive.

What advice do you have for young athletes getting started in bowling? Practice with strategy, make your spares and stay in the frame you can not do anything from the past or the future stay in the moment.

NOVEMBER

Bowl4Life is thrilled to announce **Jamey Kragh** as the Athlete of the month.



Athletes biography - Jamey has been bowling since he could walk. And has always loved the sport of bowling. He is now 15 and is a sophomore at Minot High School, he carries a 3.8 GPA. He has been on a rampage for the past couple years in North Dakota, winning almost everything he goes to. He was the youngest person in the state of North Dakota to win MVB in high school bowling. He has won his division in pepsi multiple times. He has been to Jr.Gold six times and Teen Masters once. With his highest finish in Jr.gold being 33rd this year and his highest finish at Teen Masters was in 2016 when he took 2nd in the u14 division. He won class AA scratch singles and all events as a freshmen. He won state high average as a freshmen in high school. Along with all of his accomplishments on the lanes he is also a level 1 certified coach, is on the North Dakota state youth board, and helps with youth league on Saturday mornings when he is not attending a tournament.

Latest achievements -

2016 high school mvb

2016 class AA scratch all events champion

2016 class AA scratch singles champion

2nd in the 2016 teen masters u14

5th in scratch all events at the 2017 youth open

Qualified 13th and took 33rd in the 2017 Jr.Gold

Team took 2nd in the 2017 youth open team handicapped u20

Team won handicap and scratch team at the North Dakota state tournament

2016 high average for the state of ND

Class A singles champion for travel team in ND

2016 u15 pepsi champion

2016 youth/adult Midwest Youth Championships champion

U15 championship at the Red River scholarship tournament

Age- 15

GPA- 3.8

Coach and Home Center- Scott Pohl - North Hill Bowl

Current location- Minot, North Dakota

What is your proudest moment so far in your bowling career? My proudest moment in my bowling career would be making it to the final advancers round this year at Jr.Gold.

*Who is your favorite PBA or WPBA bowler of all time? Why do you look up to and/or admire this person?*My favorite PBA bowler of all time would have to be Matt McNeil. It would have to be him because he is a great ambassador to the sport of bowling and is willing to help anyone that wants help.

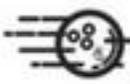
What advice do you have for young athletes getting started in bowling? Never get down on yourself. If you throw a bad shot just pick up your spare ball, make the spare and go on to the next shot.

AUGUST

Bowl4Life is humbled to introduce you to an amazing young lady in youth bowling. As you will see as you read about her below. Congratulations **Montana Meyer**, continue to strive to [#growbowling](#).



Montana
Meyer

BOWL4LIFE YOUTH
 **athlete**
OF THE MONTH

Current age: 17

Current location: Imperial, MO

Current school and GPA: Fox Senior High School 3.7 GPA

Coach/Home Center: Mark Brevard - Imperial Bowl

Biography:

I've been bowling for three years. I started in the High School bowling program my Freshman year. I've grown very fond of the sport and try to do all I can to get others interested and involved. I am a level one certified bowling coach, and I coach youth regularly at my home bowling center. I also have the pleasure of serving on the Missouri State USBC and the St. Louis USBC board of directors. It is a lifelong goal of mine to grow the sport of bowling, to get youth involved, and to give them the opportunities I would have had if I would have started

bowling sooner. However, I am so thankful for my great experiences and amazing support system.

Latest Achievements:

Bowled in the Pepsi PWBA Lincoln Open in June

4th place in the Cleveland DV8 shootout and earned my Junior Gold spot for Dallas.

52nd place in Junior Gold Cleveland.

Proudest Moment: (coaching):

I regularly coach a 7 year old girl. One day I asked her if she wanted to learn something new. She was very excited. I decided to teach her four step timing. I know it's a bit of a stretch for a 7 year old, but I knew she could do it. After a lot of hard work and practice she had next to perfect timing. I am so proud at how well she listened and focused to get to where she is today. I am very excited to see how much she progresses in the sport of bowling.

Proudest Moment (bowling):

This year I competed in my second Junior Gold tournament in Cleveland, Ohio. With how late I started bowling, it has been a long, hard road to get to where I am now. I bowl almost every day throughout the entire year. With that being said, it was a long year of preparations for Junior Gold. I set a simple average goal for Junior Gold this year. I wanted to average 180 or higher despite my 175 average at home. With help from my coach, Mark Brevard, I surpassed that goal. I averaged 193 in qualifying and 191 for the entire tournament for a 52nd place finish. Although my spare shooting could have been better, I am happy that I did not let that affect me. I am so proud of how mentally strong I was throughout the entire tournament. I am also very excited to see what next year brings.

Favorite PWBA Bowler:

Diana Zavjalova is my favorite PWBA bowler. She is very down to-earth and funny, but serious when she needs to be. She is very helpful and a great ambassador for the sport. She took the time to talk to me about college bowling, and gave me a lot of wonderful insight. I am very thankful there are bowlers like her bowling professionally.

Advice for New Bowlers:

Never give up. No matter what challenge you face, stare it right back and overcome it. Also, remember that you get out what you put into something. As long as you keep practicing and working hard the good scores follow. Always do your best. That is all you can do. Take it one frame, one shot, one pin at a time.

JULY

Join us in congratulating Emily Floyd as we announce her as the Youth Athlete this month. It also happens to be a special day for her - Happy Birthday Miss Emily!



Emily
Floyd

BOWL4LIFE YOUTH
athlete
OF THE MONTH

Current Age: 13

Current Location: Slidell, LA

Current School/GPA: Slidell Jr High/ A-B Honor Roll

Current Coach/Home Center: Christopher Floyd / Bowling USA

Emily, has been bowling since the age of 4. As the daughter of a US Coast Guard member, she has lived and bowled in Maryland, Virginia, and Louisiana. At age 10, she was diagnosed with Juvenile Idiopathic Arthritis (JIA). She tried playing other sports (soccer, softball, cross country) but bowling is the only one that she has been able to continue with even while going through monthly infusions to control the inflammation and pain. Over the last year, she has made a significant transition in her passion for the sport and dedication toward improving her game. She has focused on her form, technique, and picking up spares. She has improved her average by over 40 pins. It seems like overnight, her finish position, form, scores, and attitude changed and she blossomed into a

fine young bowler. She has become an inspiration to the younger girls. They constantly ask her if they can help with whatever she is doing before league, what ball she is throwing, or how she can get the ball to hook like that.

Latest Achievements: She has improved her average 25 pins (135) in the last six months. Bowled her first 450 series.

1. What is your proudest moment so far in your bowling career? Placing 6th in the Virginia State USBC 2012 Pepsi Youth Championship at the age of 7; beating my older sister by 5 pins.

2. Who is your favorite PBA or WPBA bowler of all time? Why do you look up to and/or admire this person?

My favorite PWBA bowler is Josie Earnest-Barnes. I look up to her because she coaches college girls at Vanderbilt University and bowls on the PWBA tour showing girls like me that anything is possible.

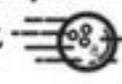
3. What advice do you have for young athletes getting started in bowling? Don't worry about a bad shot, that's why you get two. Make the second one count. Spares matter.

Emily shows true dedication and a love for the sport of bowling overcoming any obstacles in her way. She is a true athlete and the Bowl4Life Foundation is proud to honor her this month as athlete of the month.

JUNE

Join us in congratulating **Breanna Clemmer** as we announce her as the Youth Athlete this month.



BOWL4LIFE YOUTH
Breanna  **athlete**
Clemmer OF THE MONTH

Current age – 19

Current location – Lebanon, Illinois

Current school GPA – 3.4

Current coach – Shannon and Bryan O’Keefe

Athletes Biography –

I started bowling at the age of 2 with my grandpa and my uncle coaching me along the way, a couple of years later I entered my first competition at the age of 12 and realized that this was something that I wanted to continue. After that I began to train with Jack Ness, Joey Clinton, and Chuck Gardner II and went to compete at the Junior Gold Championships and won my first title at the age of 14. Two years after that I won the U20 girls division at the Junior Gold Championships and made Jr. Team USA.

Latest Achievements –

Making Jr. Team USA 2017-18, 2017 NCAA National Team title, 2017 ITC National Team title, 12 Bagger YBT Tournament Champion (U20 Girls)

What is your proudest moment so far in your bowling career?

I have two; making Junior Team USA 2014-18, and striking in the 10th to help McKendree women's team win its first NCAA title.

Who is your favorite PBA or WPBA bowler of all time? Why do you look up to and/or admire this person?

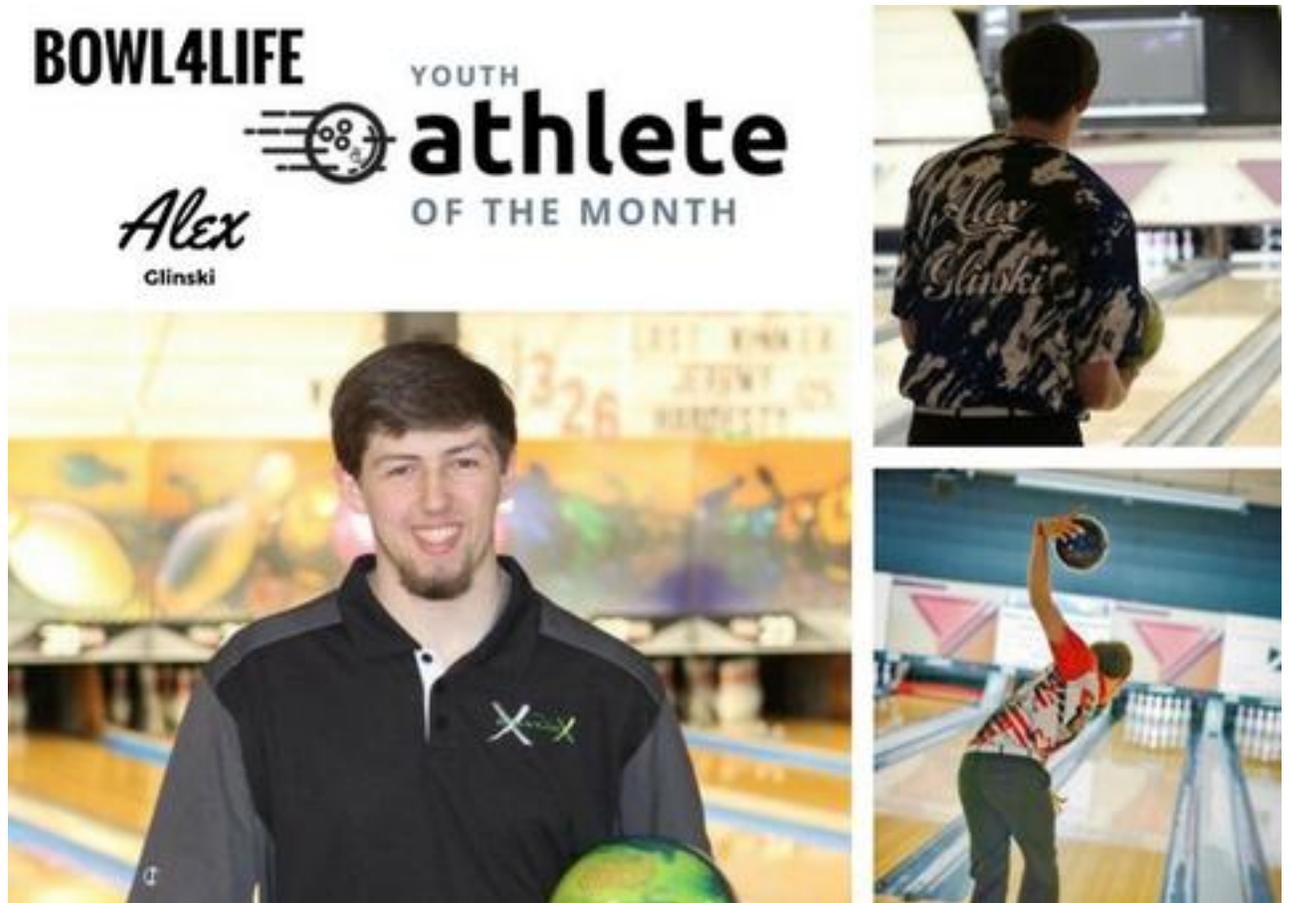
Shannon O'Keefe is my favorite professional women's bowler because she pushes all her players to be the best at what they love to do, and she loves the sport of bowling with all her heart. Shannon works unbelievable grueling day's in and day out to make sure that her bearcat family is taken care of, and she has no idea how much that means to each player. When we are down she picks us up and tells us to reach for our dreams no matter how high they are. She also has an amazing work ethic, and when something does not go as planned, she picks herself up, works hard, and tries again.

What advice do you have for young athletes getting started in bowling?

Work hard, practice your spares (strikes help, but spares are what wins the game), listen to your parents/coaches and always follow your dreams. You may think you are always right, but 95% of the time you are not, the people who support you and bring you to tournaments are your biggest fans and you should cherish that with all your heart.

MAY

We are thrilled to announce **Alex Glinski** as the Youth Athlete this month.



Current Age: 18

Current Location: Linfield, Pennsylvania

Current School: Spring-Ford

Current Coach/Home Center: Krista Sandt Limerick Bowling Center

Biography:

Started bowling at the age of 3 years old and ever since I threw the first ball I knew bowling was my passion. At the age of 5 I started my first bowling league without bumpers. Fast forwarding to around the age of 13, I shot my very first 300 game. With years of practicing and getting better I have won many tournaments at my home house and in local PJBT Tournaments. When I was 15 years old I competed in my first ever Junior Gold tournament and placed 37th out of over 1400 other competitors. A year later I competed in my first Teen Masters Tournament and placed 28th out of over 200 competitors. With the years going by and by the age of 18 I can say that I have competed in a total of

3 Junior Gold events including this years competition.

Latest Achievements:

I have achieved many 300 (18) games as well as 800 (10) games. In the 2015-2016 season I have also been awarded the Marc Gaines Sportsmanship Bowler of the Year through a vote in the PJBT Tournaments.

The proudest moment in my bowling career would have to be making my first ever Junior Gold event.

My favorite PBA bowler is Wes Malott and he has been my all time favorite bowler because he shows dedication and heart when he bowls.

For all the young Athletes in the bowling world, the number one thing I would say to them is that there is no E.N.D. (Effort Never Dies).

APRIL

We are thrilled to announce **Hunter Harper** as the Youth Athlete this month.



Current Age: 13

Current Location: Dallas, GA

Current School/GPA: East Paulding Middle School

Current Coach/Home Center: Jonathan Griggs/Brunswick Zone Austell

Athletes Biography:

My name is Hunter Harper. I have been bowling since the age of 4. Started on league at age 6 at Brunswick Zone Austell. Since I have been bowling, I have accomplished goals I set for myself. My highest series is 656, during my Saturday league at Brunswick Zone Austell. This year I started the Junior Gold league at Stars and Strikes in Dallas, GA. My first year bowling, I qualified for Ohio in July. I was asked to be on Georgia Allstars Team USA this year. Our team was 4th over all in pin fall. We qualified in the top 7 for the regionals.

Athletes Latest Achievements:

Bowled 656 high series

Qualified for Jr Gold in Ohio
Joined Georgia Allstars Team USA

1. What is your proudest moment so far in your bowling career?
Bringing my average up in the past two months.

2. Who is your favorite PBA or WPBA bowler of all time? Why do you look up to and/or admire this person?
Jason Sterner. He is a great bowler who loves the game. He has worked hard to get to where he is today.

3. What advice do you have for young athletes getting started in bowling?
Practice your skills and never give up.

Join us in congratulating Hunter this month.

MARCH

We are thrilled to announce **Brianna Archabal** as the Youth Athlete this month. Brianna has an amazing spirit and encouraging outlook for youth bowling.



Current Age: 9

Current Location: Boise, Idaho

Current School/GPA: 3rd grade, Maple Grove Elementary just had 5 A's and 1 B

Current Coach/Home Center: Scot Archabal, Meridian Bowling Lanes

She started bowling league at 3 years old, she currently bowls league once a week and tournaments. She loves everything about bowling, her favorite part is helping others and of course suggesting new equipment they need. She hopes to one-day bowl in college and compete at PBA events.

Athletes Latest Achievements:

1st place Idaho gold & silver tournament

High state average for 15-16 season for age

Just shot her highest score of 224 clean!

What is your proudest moment so far in your bowling career? Shooting my first 200 and not realizing it, I was focused and having fun at the same time. And when Ben Laughlin let me throw his last strike at the pro-am for a 300!

Who is your favorite PBA or WPBA bowler of all time? Why do you look up to and/or admire this person? Parker Bohn - He's really nice and respectful. He never gives up and always has a good attitude.

What advice do you have for young athletes getting started in bowling?
You can bowl however you want to bowl; your style is exactly that, your style. Always follow through on your release. Smile it makes bowling better. Practice, and shoot your spares they are really important!

Join us in congratulating Brianna this month. As our youngest youth athlete of the month thus far, we can't wait to see what you will continue to do with your bowling.

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FEBRUARY

We are pleased to announce **Makenna Mitchell** as the Youth Athlete of the Month.



My name is Makenna Mitchell. I am 18 years old and currently a freshman at Adrian College. While being in high school, I was on the honor roll for 4 years and named a Michigan Scholar. I have also taken college courses on top of traveling for bowling. I have been bowling for 13 years and am a 4-year varsity bowler. During those 13 years, I have attended bowling camps with professional bowlers, bowled for junior gold, qualified for the Pepsi Scholarship tournaments and underwent shoulder surgery. Aside from bowling, I am a member of Holy Angels Catholic Church and a 9-year member of the Burr Oak 4-H Club. I am not only the photographer for the club but I also participate in multiple community service opportunities.

As a freshman I made it to state. I averaged 169 on the middle road pattern and had a high game of 221 for the season. With it being my first year on varsity, making it to state was a great learning experience. Instead of attending a

bowling camp that year, I continued the Saturday league I was on. The more I bowled, the more things started to go downhill.

Sophomore year I averaged 159 on the middle road challenge pattern. That year I went on to attend a bowling camp to take my skills to the next level. I went to the camp and met several professional bowlers that video taped, taught, and showed me where my strengths and weaknesses were. There I learned that it is important to do what I love to do and to always have a positive mind set; you can't succeed and do better if you don't have a positive mind.

Junior year was the year of many ups and downs for me; but there was one to especially remember. It was my 3-year on varsity and I was named captain and MVP of the team. I received certificates for high average and most valuable player for the 3-year in a row. I averaged 172 and had a high game of 211. I cherished every moment that I had with my team. During the past 3 bowling seasons, the pain in my right shoulder got worse. In June of 2015 I finally gone and got it checked out. I was told that I had to have 6 weeks of physical therapy before I could have an MRI performed. The 6 weeks had come and gone and the pain was still there; nothing was helping. In July I finally got the MRI that I had been waiting for. We got a call 3 days later telling us that the MRI showed a 50% torn rotator cuff and I needed to have surgery as soon as possible. We then got referred to Dr. Highhouse in Kalamazoo. When we told him everything I had done and explained that nothing was working, he set surgery for August 4. After a few hours we got good news – I didn't have a torn rotator cuff. I did however, have a lot of inflammation that was bursitis and that needed to be removed.

Finally, my senior year, I was doing better than ever! After having surgery, I was now averaging 205 on the Allen pattern. I was top bowler in the conference and had a chance of being named All-State. I had already broken my own school record for series 3 times and broke the high game record. My high game is 278 and high series is 466. After looking back on my 3 years and seeing my average decreasing from my shoulder, and then to come back with a 205 average is an incredible accomplishment. This year I am also captain of the team for the 2-year in a row and have the high average.

As a freshman in college, I have seen a lot of ups and downs. I looked at all schools that had bowling teams and thought the one that I chose was where I wanted to be. After placing fourth at tryouts, I only bowled 4 frames within 3 months and only traveled once. After being verbally abused by the coach quite often, my grades started to suffer and I had to make the biggest decision of my life. I decided to withdrawal from the team. It is very rough but I am happier and don't have to worry about whether I am going to leave practice crying or not.

Current Age: 18

Current Location: Sturgis, MI

Current School/GPA: Freshman at Adrian College 3.3
Current Coach/Home Center: Scott Spahr/ Sturgis Bowl

What is your proudest moment so far in your bowling career? Having the highest average ever for the Women in the Wolverine Conference.

Who is your favorite PBA or WPBA bowler of all time? Chuck Gardner made a huge impact on my life when I went to their bowling camp a couple years ago in Indianapolis. But since he doesn't really bowl anymore, I would have to say Parker Bohn III. We have known Parker for a while because he is family to our friends and he has always answered the phone when we call him to ask him questions. He also helped me a lot at the bowling camps I went to.

Why do you look up to and/or admire this person? They both do everything they can to help you and make sure you are where you want to be.

What advice do you have for young athletes getting started in bowling?
Follow your dreams. If you want to bowl in college, then push towards that goal. But if it ends up being something you weren't expecting and you aren't happy, then make the decision that is right for you. There are so many other opportunities to bowl. Don't let someone else ruin the sport for you.

Latest Achievements:

Four year varsity athlete

Four year all conference

Highest average for women in the wolverine conference

3 year Team High Average

3 year MVP

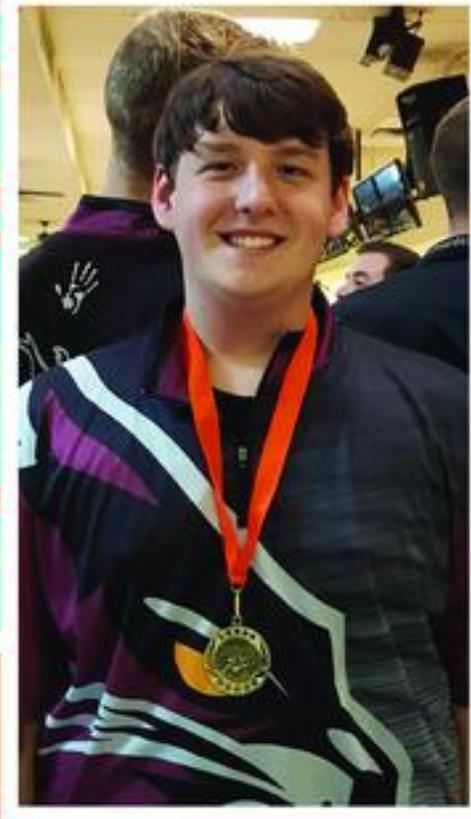
2 year Team Captain

State Qualifier (team and individual)

Youth Championship Top 10.

JANUARY

We are pleased to announce **Brandon Magennis** as the Youth Athlete of the Month.



BRANDON MAGENNIS

ROCK HILL, SOUTH CAROLINA
GRADUATED CLASS OF 2016 FROM
NATION FORD HIGH SCHOOL

CURRENTLY ATTENDING
LINDENWOOD UNIVERSITY BELLVILLE, IL
AND BOWLS ON VARSITY TEAM | 3.2 GPA

COACH: KIMBERLY WILLIAMS,
NEIL CODLEY, & JON HEIMANN

HOME CENTER: STRIKERS FAMILY SPORTSCENTER

High Score Honors: (4) 300, 815

2016 Bulldog Classic All
Tournament Team

2 Collegiate team wins:
• Thomas Burris Memorial
• The Leatherneck Classic

SC Allstar Bowler of the Year

3-time member of the SC Interstate
Allstar team

U15 USBC Nationals Youth Open
Champion 2014

Bowl4Life Jr. Team
Bowling Solutions Rock Hill

BB&T Rising Stars Champion

We asked Brandon a few questions about himself and his bowling career so far and here is what he had to say -

What is your proudest moment so far in your bowling career?
Winning the 2016 Leatherneck Classic as a member of the Lindenwood

University Belleville Varsity Bowling Team

Who is your favorite PBA or WPBA bowler of all time? Why do you look up to and/or admire this person?

Parker Bohn III, because he is left handed like me and very versatile on lane conditions and lane play. He is a positive role model to the youth of our sport today.

What advice do you have for young athletes getting started in bowling?

Have dedication in your practices and always stay positive and confident in your abilities also, to continue to strive for excellence.