

Blue Bottle Fly Care Sheet
USMantis.com



Blue Bottle flies are cultured commercially for the fishing industry, reptile industry, and also for pollinating crops. We sell Spikes (AKA larvae) that will last about 3 weeks with high pupation rates.

What do I do when I get them?

The spikes will arrive in a plastic container. To keep them from all pupating, keep them in the refrigerator, the target temperature is 36 degrees. Higher refrigerator temperature will shorten the life of the Spikes.

Gut loading Blue Bottle Flies

Blue Bottle Flies have 20% protein, and on 6% fat. You can gut load the flies by placing honey and/or powdered sugar in a container. *I personally don't gut load, it is messy, and if you feed them, they leave "spit marks" in the cage.* To dust them with supplements, place the adult flies in the refrigerator, they will become sluggish, you can then cover them in supplements and easily put them in the cage without escapes.

How do I get them in the cage?

Take a small clean deli cup (like for cole slaw) make a hole on the side and put a peice of paper tape covering it. I also suggest some small holes in the bottom so they dont hold water from misting. Put some of the larvae or pupae into the small plastic cup, snap the lid on, take off the painters' tape, and put the cup in the animals' cage. The flies will pupate and then hatch, exit the hole, and fly to their doom... Doing this same process with many cups, and taking one cup out of the refrigerator every 2-3 days will give you constant supply of flies hatching.

Note:

We buy weekly from USDA Fly Farm, so your spikes will have at least 3 weeks of high hatch rates. Blue Bottle flies have rapid movement and will travel every inch of the cage. The rapid movement can break a hunger strike, and is a favorite feeder for Bearded Dragons, Chameleons, Frogs, and Especially Praying Mantis.