



The Black Dog Heights Cafe

465 Grand Avenue • Falmouth, MA • 508.388.7713

Coffee & Tea

HOT BEVERAGES	12oz.	16oz.	20oz
coffee	\$2.50	\$3.00	\$3.50
tea	\$2.00	\$2.30	\$2.50
latte	\$4.50	\$5.00	\$5.50
cappuccino	\$3.25	\$4.00	\$5.00
americano	\$3.25	\$4.50	\$5.00
mocha latte	\$3.75	\$4.50	\$5.50
captains coco	\$3.75	\$4.25	\$4.50
chai latte	\$4.25	\$4.75	\$5.25
ICED BEVERAGES	20oz.	32oz.	
iced coffee	\$3.50	\$4.75	
iced tea	\$3.50	\$4.75	
iced latte	\$6.75	\$7.75	
iced chai latte	\$6.25	\$7.25	
iced mocha latte	\$6.50	\$7.25	
iced americano	\$4.50	\$6.50	
single shot of espresso	\$2.75		
double shot of espresso.	\$4.00		

Smoothies

Made with your choice of regular, skim, oat, soy, or almond milk

CHOCOLATE COVERED BANANA choice of milk blended with banana, chocolate, peanut butter, and spinach \$9

CREAMSICLE choice of milk blended with orange juice, pineapple, vanilla, and chia seeds \$9

TRIPLE BERRY blueberries, raspberries, strawberries, and yogurt, blended with a splash of orange juice \$9

PEACHES & CREAM choice of milk blended with vanilla yogurt, peaches, spinach, and cinnamon \$9

Bakery Case Favorites

BAGEL \$2.00

plain cream cheese	add \$.75
flavored cream cheese	add \$1.00
peanut butter	add \$.75
butter	add \$.25

CROISSANTS

plain	\$2.75
chocolate	\$3.50
spinach & feta	\$3.85

MUFFINS \$2.50

COOKIES \$2.25

Signature Breakfasts

Heights Breakfast selections served all day!

CLASSIC WOOFER two fried eggs, bacon, sausage, or ham, with american, swiss, cheddar, mozzarella or pepper jack served on choice of multigrain, sourdough, marble rye, or peasant bread \$9
substitute english muffin or wrap add \$1.50
substitute bagel or croissant add \$2.00

BLACK DOG BURRITO three eggs scrambled with fire-roasted corn and black bean salsa, cheddar jack cheese, and your choice of meat, served with a side of salsa \$11
add avocado \$3

STEAK & EGGS two fried eggs, slow-cooked beef, and caramelized onions, with your choice of cheese on grilled focaccia roll \$10

SMOKED SALMON BAGEL your choice of bagel topped with smoked salmon, tomato, red onions, capers, & whipped cream cheese \$11

AVOCADO TOAST toasted multigrain, avocado, heirloom tomatoes, mozzarella, pesto, & balsamic reduction \$9
add fried egg \$1.50

BLACK DOG SUNRISE GRANOLA made with a mix of oats, wheat germ, sesame seeds, sunflower seeds, raisins, almonds, maple syrup, soybean oil, spices, and vanilla. featured on the food network
with yogurt \$8 • with fruit \$7 • with fruit & yogurt \$9

HEIGHTS BREAKFAST BOWL

BUILD YOUR BASE :

three scrambled eggs \$5

PICK YOUR ADD-INS :

signature corned beef hash \$5

avocado • bacon • turkey • ham • sausage \$3 ea.

extra egg \$1.50

roasted red peppers • spinach • mushrooms • diced tomatoes

red onions • caramelized onions \$.50 ea.

cheddar • swiss • american • provolone • pepper jack \$2 ea.

BREAKFAST SIDES

toast or english muffin \$3

bacon, sausage, ham, turkey, avocado \$3 ea.

add ons: roasted red peppers • spinach • mushrooms

diced tomatoes • red onions • caramelized onions \$.50 ea.

extra egg \$1.50

cheddar • swiss • american • provolone • pepper jack \$2 ea.

Lunch Menu

served daily from 11am - close

First in Show

MEZZA PLATE

seasonal hummus served with warm pita, cucumbers, carrots, and celery \$14

CALAMARI

lightly floured fresh calamari, fried with pepperoncini and served with spicy remoulade \$13

CLAM FRITTERS

golden fried clam fritters served with spicy remoulade dipping sauce \$12

STUFFED QUAHOG

new england style stuffed quahog served with drawn butter \$8

SHRIMP SKEWERS

two skewers of grilled lemon-garlic shrimp \$10

CRAB CAKE

two housemade lumpmeat crab cakes with chipotle aioli \$15

CHICKEN WINGS

ten crispy fried chicken wings served with celery sticks, carrots, and blue cheese dressing \$17
choice of garlic parmesan, buffalo, BBQ, or thai chili

LOADED TOTS

tater tots loaded with cheddar cheese, bacon, scallions, salsa, and sour cream \$13

Soups & Salads

BLACK DOG CLAM CHOWDA

cup \$7 • bowl \$9

SOUP OF THE DAY

cup \$7 • bowl \$9

CAFE SALAD

mixed greens, cucumbers, cherry tomatoes, red onion, with choice of balsamic, ranch, or caesar dressing \$11

CAESAR SALAD

romaine lettuce, housemade croutons, and shaved parmesan cheese with classic Caesar dressing \$11 add anchovies \$2

ITALIAN CHOPPED SALAD

romaine lettuce, chopped salami, prosciutto, ham, provolone cheese, onions, tomatoes, and cucumbers with oregano vinaigrette dressing \$12

FARRO SALAD

farro, arugula, fennel, tomatoes, and shaved parmesan tossed with lemon vinaigrette \$12

salad add-ons: grilled or blackened chicken \$6

grilled or blackened shrimp \$6 • chicken or tuna salad \$6

Sides

FRENCH FRIES \$7

SWEET POTATO FRIES \$8

TRUFFLE FRIES \$8

TATER TOTS \$7

TRUFFLE TOTS \$8

COLESLAW \$6

Basic Training

served with choice of french fries or coleslaw
substitute sweet potato fries or truffle fries \$2

CHOOSE YOUR BREAD

peasant • multi grain • sourdough • marble rye \$9

gluten free • wrap \$10.50

focaccia roll \$11.50

CHOOSE YOUR PROTEIN

oven roasted turkey • cranberry walnut chicken salad • tuna salad
ham • salami • roast beef • marinated chicken breast

ADD CHEESE

american • swiss • cheddar • mozzarella • pepper jack
provolone • blue cheese \$2

SAUCE IT UP

classic mayo \$0.50

chipotle mayo • garlic herb aioli • pesto mayo • dijon mustard

honey mustard, garlic oil • horseradish mayo • fig mayo

vegan mayo \$1

ADD ONS

lettuce • sliced tomato • spinach • red onion \$0.50

avocado • bacon \$3

Signature Sandwiches

served with choice of french fries or coleslaw
substitute sweet potato fries or truffle fries \$2

ST. THOMAS CHAPEL grilled chicken, prosciutto, blue cheese, & fig mayo on a grilled bun \$16

THE NOBSKA our signature reuben...sauerkraut, swiss cheese, & thousand island dressing with choice of grilled pastrami or turkey on marble rye \$16

BLTA bacon, lettuce, tomatoe, and avocado on choice of bread \$12

THE ALABAMA fried chicken breast, lettuce, tomato, bacon, and ranch dressing on a toasted bun \$17

THE NORTH END salami, prosciutto, ham, provolone, red onion, lettuce, tomato, hot peppers, may, oil, vinegar, & oregano on a roll \$16

ST ARMANDS CIRCLE our cuban sandwich with pressed layers of ham, swiss, pickles, and mustard \$15

DIGGIN' DAISY avocado, sliced cucumbers, roasted red peppers, shredded carrots, spinach, and garlic oil in a wrap \$12

CHAPPY WRAP Pesto, mixed greens, tomatoes, fresh mozzarella, red onion, and balsamic glaze in a wrap \$11
substitute focaccia roll \$2 • Add chicken \$5

CODFISH SANDWICH lightly breaded Atlantic cod, lemon, lettuce, tomato, & tartar sauce on a toasted roll \$16

BLACK DOG CLASSIC BURGER 8 oz. angus patty, lettuce, tomato, & red onion on a toasted brioche with a pickle spear \$17
Add cheese \$1 • Add bacon \$2 • Add avocado \$3

LOBSTER ROLL claw & knuckle lobster meat with celery and mayo on a grilled butter roll MARKET PRICE