

# ATTENTION!

Important information to obtain maximum results from your ShapeOn Shaper

**WASH INSTRUCTIONS:** Machine Wash - Hand Dry - Do Not Iron or Bleach

## How to slip on your new ShapeOn the first time

(See below or view our video on ShapeOn.net)



### No Underwear = No Panty Lines (underwear in pictures for illustration only)

As ShapeOn is produced with a hygienic open cotton gusset, we recommend you wear your ShapeOn shaper “without underwear” to avoid panty lines.

#### Step 1

Remove jewelry prior to slipping on your ShapeOn. Then insert your hands in the **torso section** and stretch product as much as you can (material is extremely robust and will not tear) to make fabric more supple and facilitate the “slipping on” process (demonstrated below).



#### Step 2

Insert your hands inside **each leg** (**individually**) and stretch product as much as you can to obtain the same results as in step 1 (to distinguish front from back, look for extra fabric in buttocks area).



#### Step 3

Slip in one leg to above the knee.



#### Step 4

Stretch the band out towards the other leg and repeat step 3.



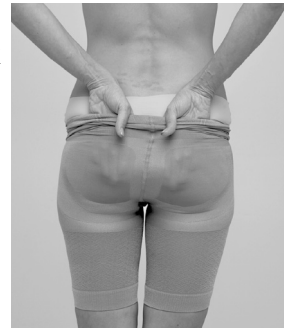
#### Step 5

Pull up to the top of your thighs.



#### Step 6

Place both hands inside the back part, palms facing out.



#### Step 7

Pull up until buttocks support band fits snugly under your buttocks.



#### Step 8

Pull top band up to just beneath your bust and adjust to same height at the back. Ensure gusset fits snugly between your legs for a perfect fit.

