

## Introduction



 The device waterproof level is IPX5, Can be worn in shower or rain.

 When positioned correctly the Red LED will glow.

**Charging station**

**Red charging LED**



## Charging your device

- Before you use the device, please place it in the charging station for at least 3 to 4 hours before using.
- When placing the device in the charging station make sure it is positioned correctly. The red light on the charging station should glow.
- Recharge the device at least once for 3 to 4 hours every 2 to 3 days.
- When the battery level in the device falls below 20% it will send a low battery warning text message to all people on the emergency contact list.



**Tip** It is a good idea to keep the charging station next to your bed at night. That way you can have it close by and you can pop it in there each night to recharge.



## Turning on and off & getting a GPS fix

- To turn the device off- hold down the SOS button and the side talk button together till the Green and Blue LEDs go off.
- To turn on the device- press the side talk button. The Green and Blue LEDs will flash rapidly. The device can also be turned on automatically by placing it into the charging station or connecting to the power via USB cable connected to the side power socket on the device.
- To get an initial fix for the GPS features, use outdoors or near a window and make sure device is in motion, so the device can get a fix on the satellites, this could take 1 to 10 mins.

## Using your mobile alarm



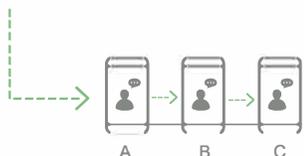
### SOS 1 When you need help

Press the SOS/Help button down for 3 to 4 seconds till you hear an audible beep.  
 → This starts the sequence of help text messages followed by the outgoing help calls.

### Help text messages sent 2



The device will send a help message to all of your emergency contacts. Mobile numbers will receive the exact location of the wearer on Google Maps.



### 3 Help call sequence begins

The device will then begin to call your emergency contacts in your chosen order. The first person to answer is the person who can talk to you. The wearer listens & speaks through the device. To end the call the wearer presses SOS.

#### Programming of your emergency contacts



**Tip** The mobile alarm can call mobiles & landlines. Only people with mobile phones will receive the text message with the location on Google Maps.



**Tip** There is a risk that the SOS call will be answered by a voice mail/answering service, we suggest all recipients to disable voice mail/answering service to avoid missing SOS call.

## How to make changes to emergency contacts.

You can make changes to the emergency contacts and other settings by sending simple commands to the mobile number of the device via sms.

To change any contact number send these commands to it from a mobile phone:

Person A --->  Send ↗

Person B --->  Send ↗

Person C --->  Send ↗

Do not include spaces in any sms command. Is not case sensitive. The device will respond to each sms command with a reply sms to confirm the change.

## Calling the device.

Anyone who knows the mobile number of the device can call it and it will answer automatically in speakerphone mode.

## Finding the location of the device using GPS.

To find out the location of the device send a simple sms command to the device:

Send ↗

The device will send a reply sms with it's location on Google Maps to within 2 metres.