## **Crystal Quest® PFAS Water Safety Checklist**

Protect your home and family from harmful 'forever chemicals' in drinking water.

Step 1: Test Your Water
[] Purchase a PFAS-certified home water test kit.
[] Review your latest local water quality report (CCR).
[] Ask your water utility if PFAS testing has been done recently.
Step 2: Choose a Trusted Water Filtration Brand
[] Use a water filtration system from a trusted brand that addresses PFAS.
[] Install a reverse osmosis system for comprehensive PFAS reduction.
[] Explore solutions with advanced filtration media like SMART multimedia.
Step 3: Make Smart Household Changes
[] Switch from non-stick cookware to stainless steel or cast iron.
[] Avoid stain-resistant carpets and fabrics when possible.
[] Limit use of fast food wrappers and microwave popcorn bags.
Step 4: Maintain Ongoing Protection
[] Set calendar reminders to replace filter cartridges on schedule.
[] Re-test your water every 6-12 months, especially if conditions change.
[] Educate household members about PFAS and prevention strategies.