

### **TRAINING BOOK** Wellputt Mats 10FT / 13FT



wellputt.com

#### WELLPUTT TRAINING APP

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Appended by Cameron McCormick coach of Jordan Spieth and So Yeon Ryu

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WELLPUTT

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WELLPUTT TRAINING APP is made for Wellputt products users who want to improve their putting skills with fun training programs.

- Save your stats
- Share your scores
- Challenge your friends

#### Training Book available on the app





### INTRODUCTION

Golf is a unique game and putting represents the biggest opportunity for players to improve their score. 45% of the strokes that we take are strokes made with a putter!

Wellputt will allow you to train indoors, all year long.

Its innovative designs will help you adjust your position, alignment, touch and speed control while having fun.

Over the years, Wellputt has become a leader of Golf Training Aids in the world, from a scientific understanding of golfers and athletic performance. It has been tested and approved by 2015 world's best coach Cameron McCormick (coach of Jordan Spieth) who is now our brand ambassador.

With Wellputt, become a master of the game !



TRAINING BOOK - WELLPUTT MAT 10FT / 13FT / 13FT PREMIUM

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## SUMMARY

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### THE CONCEPT

#### « The Ultimate Putting Tool »

A good putt is the result of correct aiming and speed control. The Wellputt mat was created to allow players to putt/play in both directions.

It is the association of **AIM** and **SPEED CONTROL**.

#### Features of the mats :

Length : 10ft or 13 ft / 3m or 4m

Width: 1.64ft / 50cm

Stimp meter speed : 10/11.5ft

Weight : 4.4lbs or 5.7lbs / 2kg or 2.6kg

Approved by Cameron McCormick

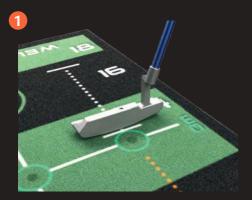
Aiming & speed control training

More than 50 practice exercises on the Wellputt App (available on iOS & Android)





### **ALIGNMENT & AMPLITUDE**



#### Alignment line for the putter face

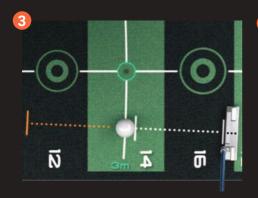
For squaring the putter face and body.



#### **Alignment line**

For accuracy training.





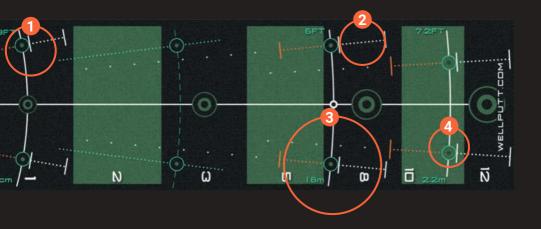
#### Putter head stroke control

To get through the ball with the right speed.



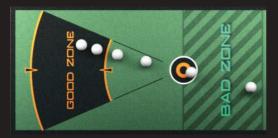
#### Eye position marker

To help you in your position, we have created a new optical marker to keep your eyes above the ball.



## THE WELLPUTT ZONE

The essence of the Wellputt concept resides in the way we think about putting. For the first time you will make your ball roll over the hole and have to stop in the « Good Zone » or « Wellputt Zone ».



**Good Putt Zone** 

It is proven that a putt that has enough speed to finish between 12 and 24 inches behind the hole will resist slopes better and therefore has a better chance of going in.



**Uphill Putt Zone** 

For advanced golfers this zone will develop a good offensive attitude while securing the coming back putt.



**Downhill Putt Zone** 

As in the uphill putt, this zone will develop a finer sensitivity for the player while securing an easy return putt.







# **10FT COURSE**

### ORANGE

### BLUE

### BLACK

## 10FT - ORANGE COURSE FRONT 9 >

#### You must successfully get 1 ball out of 3.

Important: play with 3 identical golf balls

Take 3 balls and place them as indicated below. Play and keep score. Place a circular object in the center of the hole, the size of the orange circle so you can have a physical entity (ex : a coin) to hit with the ball.



Place the ball behind the Wellputt Zone (S). Putt towards zone 1. (F).



Place the ball 3 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 2. (F).



Place the ball 4.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 3. (F).



Place the ball 7.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 5. (F).



Place the ball 4.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 8. (F).

Important: When you get to 22 points, you can move on to the back nine.



### 10FT - ORANGE COURSE BACK 9 >

#### You must successfully get 1 ball out of 3.

Important: play with 3 identical golf balls



Place the ball behind the Wellputt Zone (S). Putt towards zone 5. (F).



Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 8. (F).



Place the ball on the white line 6 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 10. (F).



Place the ball on the white line 7.5 feet from the hole (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 12. (F).

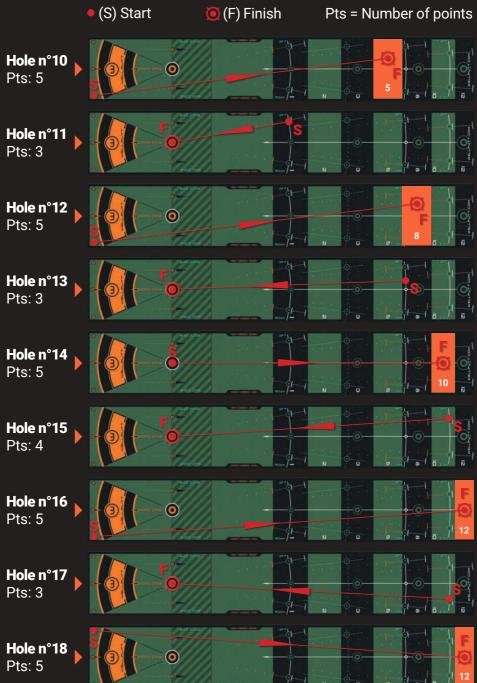


Place the ball 7.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards zone 12. (F).

Important: When you reach 47 points, you can move on to the Blue Course.

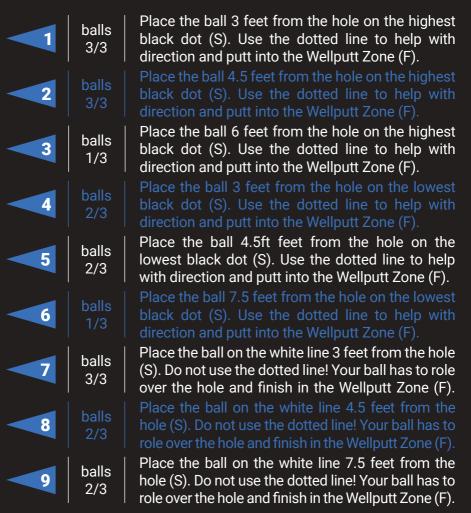


## 10FT - BLUE COURSE FRONT 9 >

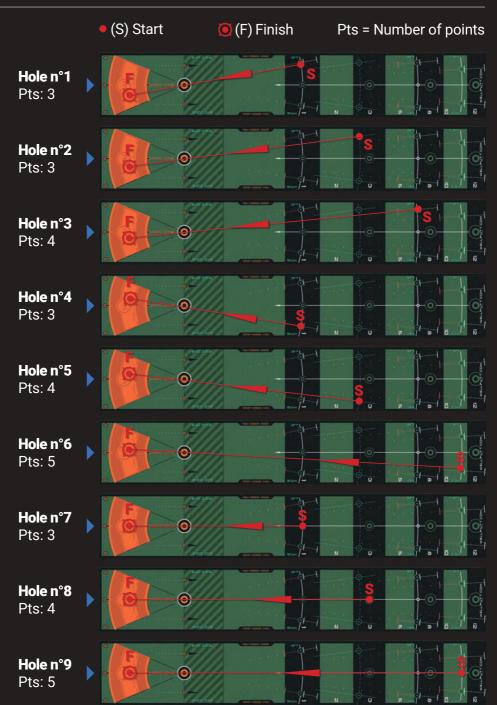
#### **Discover the Wellputt Zone** Important: play with 3 identical golf balls

Take 3 balls and place them as indicated below.

Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole n°1. Play and keep score.



Important: When you get to 22 points, you can move on to the back nine.



## 10FT - BLUE COURSE BACK 9 ►

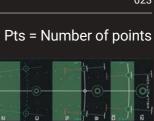
Important: play with 3 identical golf balls

Take 3 balls and place them as indicated below.

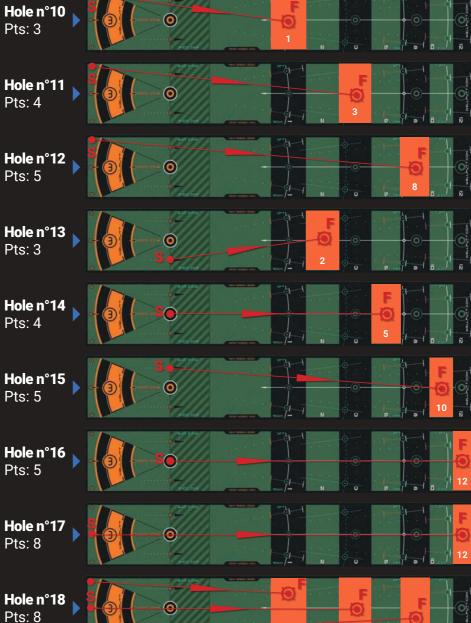
Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole n°10. Play and keep score.

10	balls 3/3	Place the ball after the Wellputt Zone on the white dot (S), putt towards $\textbf{zone 1}$ (F).
	balls 2/3	Place the ball after the Wellputt Zone on the white dot (S), putt towards <b>zone 3</b> (F).
12	balls 1/3	Place the ball after the Wellputt Zone on the white dot (S), putt towards <b>zone 8</b> (F).
13	balls 2/3	Place the ball on the hole line (S), putt towards <b>zone 2</b> (F).
14	balls 2/3	Place the ball on the hole line (S), putt towards <b>zone 5</b> (F).
15	balls   1/3	Place the ball on the hole line (S), putt towards <b>zone 10</b> (F).
16	balls 3/3	Place the ball on the hole line (S), putt towards <b>zone 12</b> (F).
17	balls 2/3	Place the ball after the Wellputt Zone on the white dot (S), putt towards <b>zone 12</b> (F).
18	balls 2/3	Place all 3 balls after the Wellputt Zone on the white dots (S). Putt the first ball towards <b>zone 1</b> , the second one towards <b>zone 3</b> and the third one towards <b>zone 8</b> .

Important: When you get to 51 points, you can move on to the Black Course.



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🦲 (F) Finish

• (S) Start

### **10FT - BLACK COURSE** FRONT 9 ►

You have to succeed with 2 out of 3 balls to validate the exercise. Important: play with 3 identical golf balls

Take 3 balls and place them as indicated below. Play and keep score.



Place the ball on the white line 3 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 1st part of the Wellputt zone (downhill putt) (F).



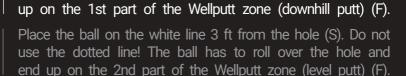
Place the ball on the white line 4.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 1st part of the Wellputt zone (downhill putt) (F).

Place the ball on the white line 7.5 ft from the hole (S). Do not

use the dotted line! The ball has to roll over the hole and end







Place the ball on the white line 6 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 2nd part of the Wellputt zone (level putt) (F).



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Place the ball on the white line 7.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 2nd part of the Wellputt zone (level putt) (F).

Place the ball on the white line 3 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 3rd part of the Wellputt zone (uphill putt) (F).



Place the ball on the white line 4.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 3rd part of the Wellputt zone (uphill putt) (F).



Place the ball on the white line 7.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 3rd part of the Wellputt zone (uphill putt) (F).

Important: When you get to 22 points, you can move on to the back nine.



### 10FT - BLACK COURSE BACK 9 ►

You have to succeed with 2 out of 3 balls to validate the exercise. Important: play with 3 identical golf balls



Place the 3 balls on the starting dots (S). Putt them into **zone 3** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 8** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 12** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 1** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 2** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 5** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 10** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 12** (F).



Place the 3 balls on the starting dots (S). Putt the 1st ball in **zone 3**, then the 2nd in **zone 8** and the 3rd in **zone 12** (F).





## 13FT GREEN & 13FT BLACK MAT COURSE

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ORANGE

BLUE

### BLACK

## 13FT - ORANGE COURSE FRONT 9 >

#### You must successfully get 1 ball out of 3.

Important: play with 3 identical golf balls

Take 3 balls and place them as indicated below. Play and keep score. Place a circular object in the center of the hole, the size of the orange circle so you can have a physical entity (ex : a coin) to hit with the ball.



Place the ball behind the Wellputt Zone (S). Putt towards zone 1. (F).



Place the ball 3 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball on the hole (S). Putt towards **zone 2**. (F).



Place the ball 6 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball on the hole (S). Putt towards **zone 3**. (F).



Place the ball 10 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball on the hole (S). Putt towards **zone 5**. (F).



Place the ball 6 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.



Place the ball behind the Wellputt Zone (S). Putt towards **zone 8**. (F).

Important: When you get to 22 points, you can move on to the back nine.



### 13FT - ORANGE COURSE BACK 9 >

#### You must successfully get 1 ball out of 3.

Important: play with 3 identical golf balls



Place the ball on the hole (S), putt towards **zone 10** (F).



Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.



Place the ball on the hole (S), putt towards **zone 12** (F).



Place the ball on the white line 6 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.



Place the ball on the hole (S), putt towards **zone 14** (F).



Place the ball on the white line 10 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.



Place the ball on the hole (S), putt towards **zone 16** (F).



Place the ball on the green line 4.5 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.



Place the ball on the hole (S), putt towards **zone 18** (F).

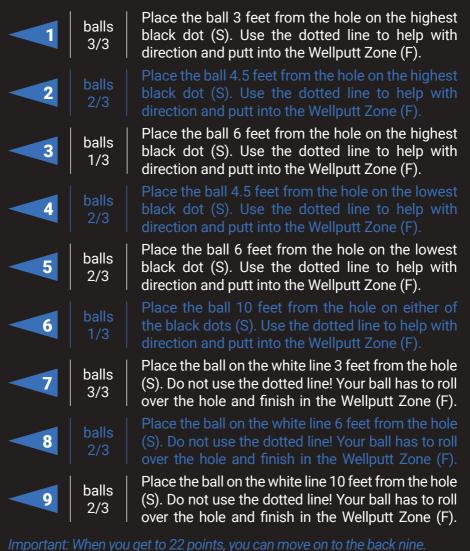
Important: When you reach 47 points, you can move on to the Blue Course.

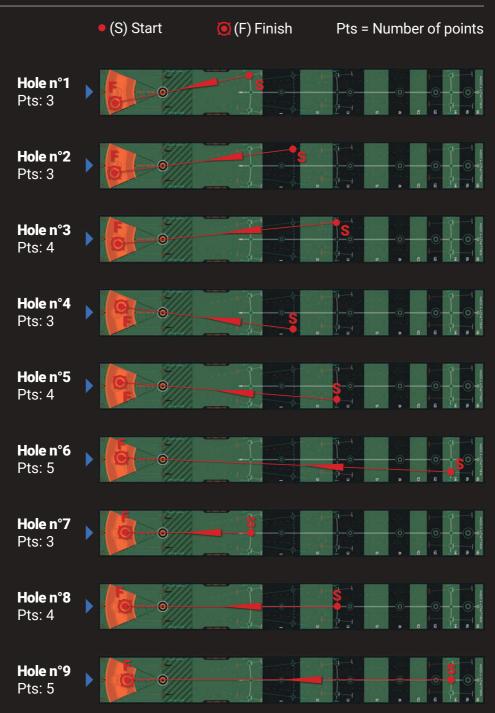


## 13FT - BLUE COURSE FRONT 9 >

#### **Discover the Wellputt Zone** Important: play with 3 identical golf balls

Take 3 balls and place them as indicated. Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole n°1. Play and keep score.





### 13FT - BLUE COURSE BACK 9 >

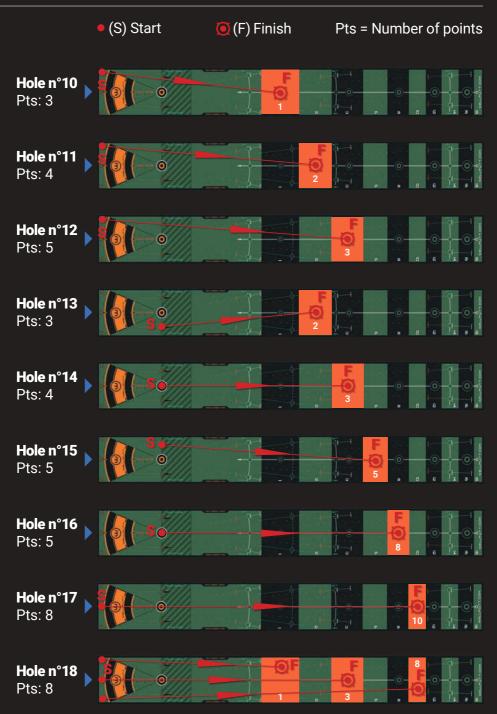
Important: play with 3 identical golf balls

Take 3 balls and place them as indicated.

Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole n°10. Play and keep score.

10	balls 3/3	Place the ball after the Wellputt Zone on the higher black dot (S), putt towards <b>zone 1</b> (F).
	balls 2/3	Place the ball after the Wellputt Zone on the higher black dot (S), putt towards <b>zone 2</b> (F).
12	balls 1/3	Place the ball after the Wellputt Zone on the higher black dot (S), putt towards <b>zone 3</b> (F).
13	balls 2/3	Place the ball on the hole line (S), putt towards <b>zone 2</b> (F).
14	balls   2/3	Place the ball on the hole (S), putt towards <b>zone 3</b> (F).
15	balls   1/3	Place the ball on the hole line (S), putt towards <b>zone 5</b> (F).
16	balls   3/3	Place the ball on the hole (S), putt towards <b>zone 8</b> (F).
17	balls   2/3	Place the ball after the Wellputt Zone on the black dot (S), putt towards <b>zone 10</b> (F).
18	balls 2/3	Place all 3 balls after the Wellputt Zone on the black dots (S). Putt the first ball towards <b>zone 1</b> , the second one towards <b>zone 3</b> and the third one towards <b>zone 8</b> .

Important: When you get to 51 points, you can move on to the Black Course.



# 13FT - BLACK COURSE FRONT 9 ►

Important: play with 3 identical golf balls

Take 3 balls and place them as indicated. You have to succeed with 2 out of 3 balls to validate the exercise. Play and keep score.



Place the ball 3 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the first part of the Wellputt Zone (downhill putt).



Place the ball 4.5 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the first part of the Wellputt Zone (downhill putt).



Place the ball 6 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the first part of the Wellputt Zone (downhill putt).



Place the ball 4.5 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the second part of the Wellputt Zone (level putt).



Place the ball 6 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the second part of the Wellputt Zone (level putt).



Place the ball 10 feet from the hole on the white line (S). Use the dotted line! The ball has to roll over the hole and end up on the second part of the Wellputt Zone (level putt).



Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the third part of the Wellputt Zone (uphill putt).

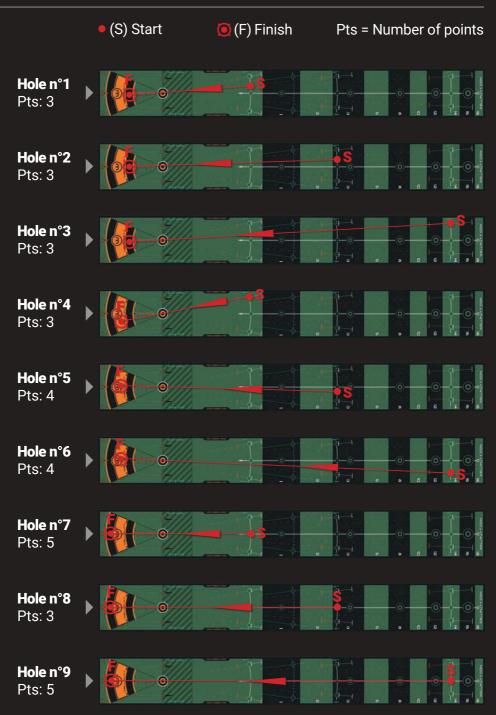


Place the ball on the white line 6 feet from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the third part of the Wellputt Zone (uphill putt).



Place the ball on the white line 10 feet from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the third part of the Wellputt Zone (uphill putt).

Important: When you get to 22 points, you can move on to the back nine.



# 13FT - BLACK COURSE BACK 9 ▶

Important: play with 3 identical golf balls

Take 3 balls and place them as indicated. At least 2 out of 3 balls have to be successful to validate the exercises.

Play and keep score.



Place the 3 balls on the starting dots (S). Putt them into **zone 3** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 8** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 12** (F).



Place the 3 balls on the starting dots (S). Putt them into zone 1 (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 2** (F).



Place the 3 balls on the starting dots (S). Putt them into **zone 5** (F).



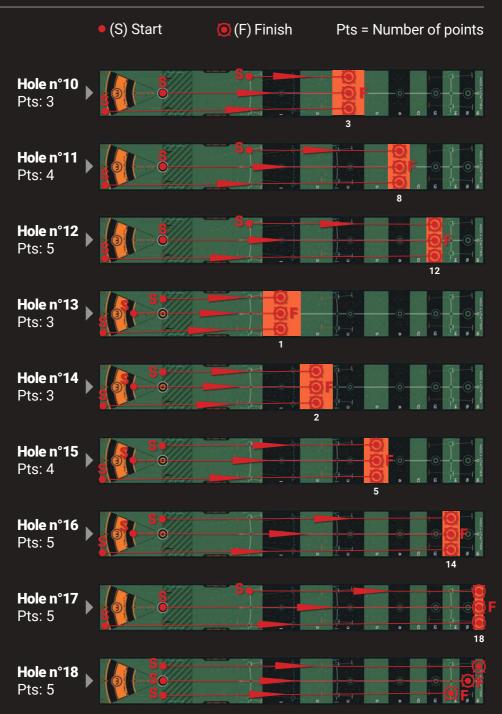
Place the 3 balls on the starting dots (S). Putt them into zone 16~(F).



Place the 3 balls on the starting dots (S). Putt them into **zone 18** (F).



Place the 3 balls on the starting dots (S). Putt the 1st ball in **zone 14**, then the 2nd in **zone 16** and the 3rd in **zone 18** (F).







# **GAME N°1 - THE GOOD ZONE**

## Number of players : 1 to 8

## How to play?

Place the ball on the hole (or close by). Each zone is worth the amount of points equal to its number.

Example: zone 1 is worth 1 point, zone 2 is 2 points, etc... zone 18 is worth 18 points.

Before you putt, announce which zone is your target: you can either have players pick a zone before each putt or the entire group can decide on a zone for the whole game.

If the ball stops on the chosen zone, the player gets the number of points which that zone is worth. If the ball stops on the lines defining the zone, the player gets to try again. If the ball finishes beyond the zone, the player doesn't get any points.

As stated earlier, we believe a putt should never be short of the hole, so if a ball ends up short of the target zone, that player will lose points. If the ball stops 1 zone short of the target zone, the player will lose 1 point; if the ball stops 2 zones short, the player will lose 2 points, etc...

The player who has the most points after 3 turns wins.





# **GAME N°2 - THE PUTTING RANGE**

## Number of players : 1 to 8

### How to play?

Place the ball on the hole (or close by) and putt towards zone 1, if your ball ends up on that zone you can try to putt to zone 2 after giving a turn to the other players. If the ball stops on the line, the player tries again.

Each player gets to keep moving on to the next zone if he is always successful. When a player misses his intended zone, he has to start over to zone 1.

## The first player to get to zone 18 wins.

If more than one player manages to putt to all the zones, play again in a sudden death playoff format.

**START MAT** 

**Tapis Start** 

# 10 / 13FT GREEN MAT

Tapis 3 / 4m Vert





**13FT BLACK MAT** 

**26FT GREEN MAT** 





WELLSTROKE MAT Tapis Wellstroke



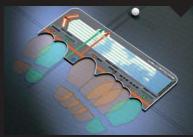
**WELLSTROKE** 12°



**BIG TILT** Big Tilt / Big Tilt Pro Max



**WELLSTANCE** Right / Left - Droite / Gauche



## **Orange Course**

Prenez 3 balles et placez-les comme indiqué Use 3 balls and place them as shown dans le guide. Jouez et comptez vos points. in the guide. Play and count your points.

Exercice réussi (3)**Exercise** passed

Exercice raté **Exercise failed** 

	Trou	ıs / h	oles																		
Joueur / player	1	2	3	4	5	6	7	8	9	Total	10	11	12	13	14	15	16	17	18	Total	Total
	4	3	4	3	4	4	5	3	5	35	5	3	5	3	5	4	5	3	5	38	73
	4	3	4	3	4	4	5	3	5	35	5	3	5	3	5	4	5	3	5	38	73
	4	3	4	3	4	4	5	3	5	35	5	3	5	3	5	4	5	3	5	38	73
	4	3	4	3	4	4	5	3	5	35	5	3	5	3	5	4	5	3	5	38	73
	4	3	4	3	4	4	5	3	5	35	5	3	5	3	5	4	5	3	5	38	73
	4	3	4	3	4	4	5	3	5	35	5	3	5	3	5	4	5	3	5	38	73
	4	3	4	3	4	4	5	3	5	35	5	3	5	3	5	4	5	3	5	38	73

#### Score idéal : 35 pts sur 9 trous

À partir de 22 pts, vous pouvez passer aux 9 derniers trous. À partir de 47 pts sur les 18 trous, passez au Parcours Bleu.

#### Ideal score: 35 points on 9-holes From 22 pts you can go to the last 9 holes.

From 47 points on 18-hole courses go to the Blue Course.

## **Blue Course**

Prenez 3 balles et placez-les comme indiqué dans le guide. Jouez et comptez vos points.

Use 3 balls and place them as shown in the guide. Play and count your points.



	Trou	ıs / h	oles																		
Joueur / player	1	2	3	4	5	6	7	8	9	Total	10	11	12	13	14	15	16	17	18	Total	Total
	3	3	4	3	4	5	3	4	5	34	3	4	5	3	4	5	5	8	8	45	79
	3	3	4	3	4	5	3	4	5	34	3	4	5	3	4	5	5	8	8	45	79
	3	3	4	3	4	5	3	4	5	34	3	4	5	3	4	5	5	8	8	45	79
	3	3	4	3	4	5	3	4	5	34	3	4	5	3	4	5	5	8	8	45	79
	3	3	4	3	4	5	3	4	5	34	3	4	5	3	4	5	5	8	8	45	79
	3	3	4	3	4	5	3	4	5	34	3	4	5	3	4	5	5	8	8	45	79
	3	3	4	3	4	5	3	4	5	34	3	4	5	3	4	5	5	8	8	45	79

### Score idéal : 34 pts sur 9 trous

À partir de 22 pts, vous pouvez passer aux 9 derniers trous À partir de 51 pts sur les 18 trous, passez au Parcours Noir

Trous / holos

### Ideal score: 34 points on 9-holes

From 22 pts you can go to the last 9 holes From 51 points on 18-hole courses go to the Black Course

## **Black Course**

#### Prenez 3 balles et placez-les comme indiqué dans le guide. Jouez et comptez vos points.

Use 3 balls and place them as shown in the guide. Play and count your points.

3	Exercice Exercise	réussi passed
$\bigtriangledown$	Exercice	raté

<u> </u>		P
$\langle$	Exercice Exercise	raté failed

	Trou	is / n	ioles																		
Joueur / player	1	2	3	4	5	6	7	8	9	Total	10	11	12	13	14	15	16	17	18	Total	Tota
	3	3	3	3	4	4	5	3	5	33	3	4	5	3	3	4	5	5	5	37	70
	3	3	3	3	4	4	5	3	5	33	3	4	5	3	3	4	5	5	5	37	70
	3	3	3	3	4	4	5	3	5	33	3	4	5	3	3	4	5	5	5	37	70
	3	3	3	3	4	4	5	3	5	33	3	4	5	3	3	4	5	5	5	37	70
	3	3	3	3	4	4	5	3	5	33	3	4	5	3	3	4	5	5	5	37	70
	3	3	3	3	4	4	5	3	5	33	3	4	5	3	3	4	5	5	5	37	70
	3	3	3	3	4	4	5	3	5	33	3	4	5	3	3	4	5	5	5	37	70

#### Score idéal : 33 pts sur 9 trous

À partir de 22 pts, vous pouvez passer aux 9 derniers trous À partir de 51 pts sur les 18 trous, félicitations vous êtes le maître du jeu.

### Ideal score: 33 points on 9-holes

From 22 pts you can go to the last 9 holes From 51 points, congratulations you are the master of the game.



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