## （4） <br> リモLடமレ丁T

## TRAINING BOOK

Wellputt Mats 10FT／13FT


ENGLISH


- Save your stats
- Share your scores
- Challenge your friends


## Training Book available on the app

## INTRODUCTION

Golf is a unique game and putting represents the biggest opportunity for players to improve their score. $45 \%$ of the strokes that we take are strokes made with a putter!

Wellputt will allow you to train indoors, all year long.
Its innovative designs will help you adjust your position, alignment, touch and speed control while having fun.

Over the years, Wellputt has become a leader of Golf Training Aids in the world, from a scientific understanding of golfers and athletic performance. It has been tested and approved by 2015 world's best coach Cameron McCormick (coach of Jordan Spieth) who is now our brand ambassador.

With Wellputt, become a master of the game!


## SUMMARY

## The Wellputt Mat

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# THE CONGEPT 

(STIMP 11.5FT)


More than 50 practice exercises on
the Wellputt App (available on iOS
More than 50 practice exercises on
the Wellputt App (available on iOS \& Android)

## Features of the mats :

Length : 10 ft or $13 \mathrm{ft} / 3 \mathrm{~m}$ or 4 m
Width : $1.64 \mathrm{ft} / 50 \mathrm{~cm}$
Stimp meter speed : 10/11.5ft
Weight : 4.4lbs or $5.7 \mathrm{lbs} / 2 \mathrm{~kg}$ or 2.6kg

Approved by Cameron McCormick
Aiming \& speed control training


## ALIGNMENT \& AMPLITUDE



Alignment line for the putter face
For squaring the putter face and body.


Alignment line
For accuracy training.



## Putter head stroke control

To get through the ball with the right speed.


## Eye position marker

To help you in your position, we have created a new optical marker to keep your eyes above the ball.


## THE WELLPUTT ZONE

The essence of the Wellputt concept resides in the way we think about putting. For the first time you will make your ball roll over the hole and have to stop in the «Good Zone » or « Wellputt Zone ».


Good Putt Zone


Uphill Putt Zone


As in the uphill putt, this zone will develop a finer sensitivity for the player while securing an easy return putt.
For advanced golfers this zone will develop a good offensive attitude while securing the coming back putt. It is proven that a putt that has enough speed to finish between 12 and 24 inches behind the hole will resist slopes better and therefore has a better chance of going in.



(4)
TOFT COURSE

## ORANGE

## BLUE

BLACK

## 10FT - ORANGE COURSE FRONT 9

## You must successfully get 1 ball out of 3.

Important: play with 3 identical golf balls
Take 3 balls and place them as indicated below. Play and keep score. Place a circular object in the center of the hole, the size of the orange circle so you can have a physical entity (ex : a coin) to hit with the ball.

Place the ball behind the Wellputt Zone (S). Putt towards zone 1. (F).

Place the ball 3 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 2. (F).

Place the ball 4.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 3. (F).

Place the ball 7.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 5. (F).

Place the ball 4.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 8. (F).

- (S) Start
O) (F) Finish

Pts = Number of points

| Hole $n^{\circ} 1$ |
| :--- |
| Pts: 4 |$>(3)$

## Hole $n^{\circ} \mathbf{2}$

Pts: 3

Hole ${ }^{\circ}{ }^{\circ} 3$
Pts: 4


Hole n ${ }^{\circ} 4$
Pts: 3


Hole ${ }^{\circ} 5$
Pts: 4


Hole ${ }^{\circ} 6$
Pts: 4
(3)


$\frac{\circ}{\circ}+$
$\operatorname{col}_{a-1}^{a-1} a_{5}^{a b}$

Hole $n^{\circ} 7$
Pts: 5

$\frac{1}{-\frac{a}{a}}$



Hole $n^{\circ} 8$
Pts: 3


Hole ${ }^{\circ} 9$
Pts: 5

## 1OFT - ORANGE COURSE BACK 9 >

## You must successfully get 1 ball out of 3.

Important: play with 3 identical golf balls
Place the ball behind the Wellputt Zone (S). Putt towards zone 5. (F). Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 8. (F). Place the ball on the white line 6 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 10. (F).

Place the ball on the white line 7.5 feet from the hole (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 12. (F).

Place the ball 7.5 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 12. (F).

- (S) Start
O. (F) Finish

Pts = Number of points

Hole $n^{\circ} 10$
Pts: 5

0


## Hole $\mathrm{n}^{\circ} 11$

Pts: 3

Hole $n^{\circ} 12$
Pts: 5


Hole $n^{\circ} 13$
Pts: 3

Hole $\mathrm{n}^{\circ} 14$ Pts: 5








Hole $\mathrm{n}^{\circ} 15$
Pts: 4


Hole $n^{\circ} 16$
Pts: 5


Hole $\mathrm{n}^{\circ} 17$
Pts: 3




## Hole n ${ }^{\circ} 18$

Pts: 5

## TOFT - BLUE COURSE FRONT 9

## Discover the Wellputt Zone Important: play with 3 identical golf balls

Take 3 balls and place them as indicated below.
Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole $n^{\circ} 1$. Play and keep score.

| 1 | $\begin{gathered} \text { balls } \\ 3 / 3 \end{gathered}$ | Place the ball 3 feet from the hole on the highest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| :---: | :---: | :---: |
| 2 | $\begin{gathered} \text { balls } \\ 3 / 3 \end{gathered}$ | Place the ball 4.5 feet from the hole on the highest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| 3 | balls <br> 1/3 | Place the ball 6 feet from the hole on the highest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| 4 | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball 3 feet from the hole on the lowest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| $\bigcirc 5$ | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball 4.5 ft feet from the hole on the lowest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| 6 | $\begin{gathered} \text { balls } \\ 1 / 3 \end{gathered}$ | Place the ball 7.5 feet from the hole on the lowest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| $\bigcirc$ | $\begin{gathered} \text { balls } \\ 3 / 3 \end{gathered}$ | Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line! Your ball has to role over the hole and finish in the Wellputt Zone (F). |
| 8 | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball on the white line 4.5 feet from the hole (S). Do not use the dotted line! Your ball has to role over the hole and finish in the Wellputt Zone (F) |
| 9 | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball on the white line 7.5 feet from the hole (S). Do not use the dotted line! Your ball has to role over the hole and finish in the Wellputt Zone (F). |

- (S) Start

O(F) Finish
Pts = Number of points

Hole n ${ }^{\circ} 1$
Pts: 3

Holen ${ }^{\circ} 2$
Pts: 3

Hole nº ${ }^{\circ}$
Pts: 4

Hole ${ }^{\circ} 4$
Pts: 3

Hole ${ }^{\circ} 5$
Pts: 4

Hole $n^{\circ} 7$
Pts: 3

Hole $n^{\circ} 8$
Pts: 4

Hole ${ }^{\circ}{ }^{\circ} 9$
Pts: 5


## 10FT - BLUE COURSE BACK 9

Important: play with 3 identical golf balls
Take 3 balls and place them as indicated below.
Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole $n^{\circ} 10$. Play and keep score.
balls $\begin{aligned} & \text { Place the ball after the Wellputt Zone on the white }\end{aligned}$ 3/3 dot (S), putt towards zone 1 (F).

$11 |$| balls |
| :--- | :--- |
| $2 / 3$ |

Place the ball after the Wellputt Zone on the white dot (S), putt towards zone 3 (F).

## 12

balls
1/3
Place the ball after the Wellputt Zone on the white dot (S), putt towards zone 8 ( F ).

## 13 balls <br> 2/3 <br> Place the ball on the hole line (S), putt towards zone 2 (F).

balls 2/3

$15 |$| balls |
| :---: | :---: |
| $1 / 3$ |

Place the ball on the hole line (S), putt towards zone 10 (F).
balls 3/3

Place the ball after the Wellputt Zone on the white dot (S), putt towards zone 12 (F).
Place the ball on the hole line (S), putt towards zone 12 (F).
17 \(\left|\begin{array}{c|l}balls <br>

2 / 3\end{array}\right|\)| Place the ball after the Wellputt Zone on the white |
| :--- |
| dot (S), putt towards zone 12 (F). |

- (S) Start
O) (F) Finish

Pts = Number of points

Hole $n^{\circ} 10$
Pts: 3

Hole $\mathrm{n}^{\circ} 11$
Pts: 4

Hole $\mathrm{n}^{\circ} 12$
Pts: 5

Hole $n^{\circ} 13$
Pts: 3

Hole $\mathrm{n}^{\circ} 14$ Pts: 4

Hole $\mathrm{n}^{\circ} 15$
Pts: 5

Hole $n^{\circ} 16$
Pts: 5

Hole n ${ }^{\circ} 17$
Pts: 8

Hole $n^{\circ} 18$
Pts: 8
(3)
0



## 1OFT - BLAGK COURSE FRONT 9

You have to succeed with 2 out of 3 balls to validate the exercise. Important: play with 3 identical golf balls

Take 3 balls and place them as indicated below. Play and keep score.
Place the ball on the white line 3 ft from the hole (S). Do not

## 1

 use the dotted line! The ball has to roll over the hole and end up on the 1st part of the Wellputt zone (downhill putt) (F).Place the ball on the white line 4.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 1st part of the Wellputt zone (downhill putt) (F).

Place the ball on the white line 7.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 1st part of the Wellputt zone (downhill putt) (F).

Place the ball on the white line 3 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 2nd part of the Wellputt zone (level putt) (F). Place the ball on the white line 6 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 2nd part of the Wellputt zone (level putt) (F).
Place the ball on the white line 7.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 2nd part of the Wellputt zone (level putt) (F).

Place the ball on the white line 3 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 3rd part of the Wellputt zone (uphill putt) (F).

Place the ball on the white line 4.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 3rd part of the Wellputt zone (uphill putt) (F).

Place the ball on the white line 7.5 ft from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the 3rd part of the Wellputt zone (uphill putt) (F).

- (S) Start
O) (F) Finish

Pts = Number of points


Hole ${ }^{\circ}{ }^{\circ}$
Pts: 3 $\rightarrow$ (EA: O

Hole ${ }^{\circ} 5$ Pts: 4 $\rightarrow$ (A) (a)

Hole ${ }^{\circ} 6$ Pts: 4

$\frac{a_{-}^{a}}{a_{-}^{a}}$



Hole $n^{\circ} 7$
Pts: 5




Hole ${ }^{\circ}$ 8
Pts: 3


Hole $n^{\circ} 9$
Pts: 5


## 10FT - BLAGK COURSE BACK 9

You have to succeed with 2 out of 3 balls to validate the exercise. Important: play with 3 identical golf balls

Place the 3 balls on the starting dots (S). Putt them into zone 3 (F).

11
Place the 3 balls on the starting dots (S). Putt them into zone 8 (F).

12
Place the 3 balls on the starting dots (S). Putt them into zone 12 ( F ).

Place the 3 balls on the starting dots (S). Putt them into zone 1 (F).

14
Place the 3 balls on the starting dots (S). Putt them into zone 2 ( F ).

Place the 3 balls on the starting dots (S). Putt them into zone 5 (F).

Place the 3 balls on the starting dots (S). Putt them into zone 10 ( F ).

Place the 3 balls on the starting dots (S). Putt them into zone 12 (F). in zone 3, then the 2nd in zone 8 and the 3rd in zone 12 (F).

- (S) Start
O) (F) Finish

Pts = Number of points

Hole n ${ }^{\circ} 10$
Pts: 3

Hole $n^{\circ} 11$
Pts: 4

Hole ${ }^{\circ} 12$
Pts: 5


○


Hole $n^{\circ} 13$
Pts: 3

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Hole $n^{\circ} 14$ Pts: 3


Hole ${ }^{\circ} 15$
Pts: 4


Hole ${ }^{\circ} 16$
Pts: 5

Hole ${ }^{\circ} 17$
Pts: 5


Hole ${ }^{\circ}{ }^{18}$
Pts: 5


# レリニーடールTル <br> ■ <br> E 



## BLACK

## 13FT - ORANGE COURSE FRONT 9

You must successfully get 1 ball out of 3.
Important: play with 3 identical golf balls
Take 3 balls and place them as indicated below. Play and keep score. Place a circular object in the center of the hole, the size of the orange circle so you can have a physical entity (ex : a coin) to hit with the ball.

Place the ball behind the Wellputt Zone (S). Putt towards zone 1. (F).

Place the ball 3 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball on the hole (S).
Putt towards zone 2. (F).
Place the ball 6 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball on the hole (S).
Putt towards zone 3. (F).
Place the ball 10 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball on the hole (S).
Putt towards zone 5. (F).
Place the ball 6 feet from the hole on the black dot (S). Use the dotted line to help with direction and putt to hit the object in the center of the hole.

Place the ball behind the Wellputt Zone (S). Putt towards zone 8. (F).

## - (S) Start

O. (F) Finish

Pts = Number of points

## Hole ${ }^{\circ} 1$

Pts: 4


O
$0_{1}^{F}$ $\square$ Co $\left[\begin{array}{cc}1 & -1 \\ \hdashline & 0 \\ 3 & -1\end{array}\right.$

Hole ${ }^{\circ}{ }^{\circ}$
Pts: 3


Hole ${ }^{\circ}{ }^{\circ} 3$
Pts: 4

$\square$


Hole n ${ }^{\circ} 4$
Pts: 3


HON $\left[\begin{array}{lllll}S_{0} & -0 & 0 & -0 \\ i \cdot & 0 & 0 & H_{2} & A_{4}\end{array}\right.$


Hole ${ }^{\circ}{ }^{\circ} 6$
Pts: 4


Hole ${ }^{\circ} 7$
Pts: 5


Hole $n^{\circ} 8$
Pts: 3


Hole ${ }^{\circ} 9$
Pts: 5


## 13FT - ORANGE COURSE BACK 9

You must successfully get 1 ball out of 3.
Important: play with 3 identical golf balls
10 Place the ball on the hole (S), putt towards zone 10 (F). Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.

12 Place the ball on the hole (S), putt towards zone $12(\mathrm{~F})$. Place the ball on the white line 6 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.

Place the ball on the hole (S), putt towards zone 14 (F). Place the ball on the white line 10 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.

Place the ball on the hole (S), putt towards zone $16(\mathrm{~F})$. Place the ball on the green line 4.5 feet from the hole (S). Do not use the dotted line. Putt to hit the object in the center of the hole.

Place the ball on the hole (S), putt towards zone $18(\mathrm{~F})$.

## - (S) Start

O. (F) Finish

Pts = Number of points

Hole $n^{\circ} 10$
Pts: 5


Hole $\mathrm{n}^{\circ} 11$
Pts: 3

Hole ${ }^{\circ}{ }^{12}$
Pts: 5


Olla il il - $\prod_{1}^{a-1}$


Hole $\mathrm{n}^{\circ} 13$
Pts: 3


Hole $n^{\circ} 14$
Pts: 5

$\square$ (-9


Hole $n^{\circ} 15$ Pts: 4


Hole ${ }^{\circ}{ }^{16}$
Pts: 5

$\square$


Hole $n^{\circ} 17$
Pts: 3


Hole ${ }^{\circ}{ }^{18}$
Pts: 5


## 13FT - BLUE COURSE FRONT 9

## Discover the Wellputt Zone Important: play with 3 identical golf balls

Take 3 balls and place them as indicated. Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole $n^{\circ} 1$. Play and keep score.

| 1 | balls 3/3 | Place the ball 3 feet from the hole on the highest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| :---: | :---: | :---: |
| 2 | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball 4.5 feet from the hole on the highest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| - 3 | balls 1/3 | Place the ball 6 feet from the hole on the highest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| 4 | balls <br> 2/3 | Place the ball 4.5 feet from the hole on the lowest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| 5 | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball 6 feet from the hole on the lowest black dot (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| 6 | $\begin{gathered} \text { balls } \\ 1 / 3 \end{gathered}$ | Place the ball 10 feet from the hole on either of the black dots (S). Use the dotted line to help with direction and putt into the Wellputt Zone (F). |
| - 7 | $\begin{gathered} \text { balls } \\ 3 / 3 \end{gathered}$ | Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line! Your ball has to roll over the hole and finish in the Wellputt Zone (F). |
| 8 | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball on the white line 6 feet from the hole (S). Do not use the dotted line! Your ball has to rol over the hole and finish in the Wellputt Zone (F) |
| - 9 | $\begin{gathered} \text { balls } \\ 2 / 3 \end{gathered}$ | Place the ball on the white line 10 feet from the hole (S). Do not use the dotted line! Your ball has to rol over the hole and finish in the Wellputt Zone (F). |

- (S) Start

O(F) Finish
Pts = Number of points

## Hole nำ

Pts: 3

Hole n ${ }^{\circ} 2$
Pts: 3


## Holen ${ }^{\circ} 3$

Pts: 4


Hole $\mathrm{n}^{\circ} \mathbf{4}$
Pts: 3

Hole n ${ }^{\circ} 5$
Pts: 4

Holen우
Pts: 5


Holenํ7
Pts: 3

Holen ${ }^{\circ} 8$
Pts: 4


Hole $\mathrm{n}^{\circ} 9$
Pts: 5


## 13FT - BLUE COURSE BACK 9

Important: play with 3 identical golf balls
Take 3 balls and place them as indicated.
Depending on the hole, a certain number of balls have to be successful and finish in the Wellputt Zone. For example, all 3 balls have to be good for hole $n^{\circ} 10$. Play and keep score.
\(10\left|\begin{array}{c|c}balls <br>

3 / 3\end{array}\right|\)| Place the ball after the Wellputt Zone on the higher |
| :--- |
| black dot (S), putt towards zone 1 (F). |

\(11\left|\begin{array}{c|c}balls <br>

2 / 3\end{array}\right|\)| Place the ball after the Wellputt Zone on the higher |
| :---: |
| black dot (S), putt towards zone 2 (F). |

$12\left|\begin{array}{c|c}\text { balls } \\ 1 / 3\end{array}\right| \begin{aligned} & \text { Place the ball after the Wellputt Zone on the higher } \\ & \text { black dot (S), putt towards zone 3 (F). }\end{aligned}$

## 13 balls 2/3 <br> Place the ball on the hole line (S), putt towards zone 2 (F).

balls 2/3

Place the ball on the hole (S), putt towards zone 3 (F).

| 15 | balls $1 / 3$ | Place the ball on the hole line (S), putt towards zone 5 (F). |
| :---: | :---: | :---: |
| 16 | balls <br> $3 / 3$ | Place the ball on the hole (S), putt towards zone 8 (F). |

## Place the ball after the Wellputt Zone on the black dot (S), putt towards zone 10 (F).

balls
$2 / 3$

Place all 3 balls after the Wellputt Zone on the black dots ( S ). Putt the first ball towards zone 1, the second one towards zone 3 and the third one towards zone 8.

- (S) Start
O) (F) Finish

Pts = Number of points

Hole n ${ }^{\circ} 10$
Pts: 3


$+i^{a}$ $\square$ |  |  |
| :--- | :--- | :--- |
| 0 |  |
| 0 |  |
|  |  |
| 0 | $a$ |

 1


Hole ${ }^{\circ}{ }^{12}$ Pts: 5

$\bigcirc$


Hole ${ }^{\circ} 13$
Pts: 3

$\bigcirc$


Hole $n^{\circ} 14$
Pts: 4


Hole $n^{\circ} 15$
Pts: 5


Hole n ${ }^{\circ} 16$
Pts: 5

$\square$


Hole $n^{\circ} 17$ Pts: 8


Hole n ${ }^{\circ} 18$ Pts: 8


## 13FT - BLAGK COURSE FRONT 9

## Important: play with 3 identical golf balls

Take 3 balls and place them as indicated. You have to succeed with 2 out of 3 balls to validate the exercise. Play and keep score.

Place the ball 3 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the first part of the Wellputt Zone (downhill putt).

Place the ball 4.5 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the first part of the Wellputt Zone (downhill putt).

Place the ball 6 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the first part of the Wellputt Zone (downhill putt). Place the ball 4.5 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the second part of the Wellputt Zone (level putt).

Place the ball 6 feet from the hole on the white line (S). Do not use the dotted line! The ball has to roll over the hole and end up on the second part of the Wellputt Zone (level putt).

Place the ball 10 feet from the hole on the white line (S). Use the dotted line! The ball has to roll over the hole and end up on the second part of the Wellputt Zone (level putt).

Place the ball on the white line 3 feet from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the third part of the Wellputt Zone (uphill putt).

Place the ball on the white line 6 feet from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the third part of the Wellputt Zone (uphill putt).

Place the ball on the white line 10 feet from the hole (S). Do not use the dotted line! The ball has to roll over the hole and end up on the third part of the Wellputt Zone (uphill putt).
(S) Start
O) (F) Finish

Pts = Number of points

Hole $n^{\circ} 1$
Pts: 3


Hole ${ }^{\circ}{ }^{\circ}$
Pts: 3

(llar 9.
$i=1$
$i=1$ -


Hole ${ }^{\circ} 3$
Pts: 3


Hole ${ }^{\circ} 4$
Pts: 3


0
$)_{4}^{3}$ $-\frac{8}{-9}$ $e_{0}^{a-1}+e_{0}^{0}$ $\left[\begin{array}{cc}1 & -1 \\ i_{5} & -0 \\ i_{0}\end{array}\right]$

Hole $n^{\circ} 5$ Pts: 4
 Hole ${ }^{\circ}{ }^{6}$ Pts: 4


Hole $n^{\circ} 7$
Pts: 5


ORO,


Hole ${ }^{\circ} 8$
Pts: 3


Hole ${ }^{\circ}{ }^{\circ} 9$
Pts: 5


## 13FT - BLACK COURSE BACK 9 〉

## Important: play with 3 identical golf balls

Take 3 balls and place them as indicated.
At least 2 out of 3 balls have to be successful to validate the exercises. Play and keep score.

Place the 3 balls on the starting dots (S). Putt them into zone 3 (F).

11
Place the 3 balls on the starting dots (S). Putt them into zone 8 ( F ).

12
Place the 3 balls on the starting dots (S). Putt them into zone 12 (F).

Place the 3 balls on the starting dots (S). Putt them into zone 1 ( F ).

Place the 3 balls on the starting dots (S). Putt them into zone 2 (F).

Place the 3 balls on the starting dots (S). Putt them into zone 5 (F).

16
Place the 3 balls on the starting dots (S). Putt them into zone 16 (F).

17
Place the 3 balls on the starting dots (S). Putt them into zone 18 (F).

Place the 3 balls on the starting dots (S). Putt the 1 st ball in zone 14, then the 2nd in zone 16 and the 3rd in zone $18(\mathrm{~F})$.

- (S) Start
O) (F) Finish

Pts = Number of points

Hole $n^{\circ} 10$
Pts: 3




3


Hole $\mathrm{n}^{\circ} 12$
Pts: 5


Hole $n^{\circ} 13$
Pts: 3


Hole $n^{\circ} 14$
Pts: 3


Hole $n^{\circ} 15$ Pts: 4


Hole n ${ }^{\circ} 16$
Pts: 5


14

Hole $n^{\circ} 17$
Pts: 5


Hole $n^{\circ} 18$
Pts: 5




## GAME Nํ - THE GOOD ZONE

## Number of players : 1 to 8

How to play?
Place the ball on the hole (or close by). Each zone is worth the amount of points equal to its number.
Example: zone 1 is worth 1 point, zone 2 is 2 points, etc... zone 18 is worth 18 points.

Before you putt, announce which zone is your target: you can either have players pick a zone before each putt or the entire group can decide on a zone for the whole game.

If the ball stops on the chosen zone, the player gets the number of points which that zone is worth. If the ball stops on the lines defining the zone, the player gets to try again. If the ball finishes beyond the zone, the player doesn't get any points.

As stated earlier, we believe a putt should never be short of the hole, so if a ball ends up short of the target zone, that player will lose points. If the ball stops 1 zone short of the target zone, the player will lose 1 point; if the ball stops 2 zones short, the player will loose 2 points, etc...

The player who has the most points after 3 turns wins.


## GAME Nㅇㅇ - THE PUTTING RANGE

## Number of players : 1 to 8

How to play?
Place the ball on the hole (or close by) and putt towards zone 1, if your ball ends up on that zone you can try to putt to zone 2 after giving a turn to the other players. If the ball stops on the line, the player tries again.

Each player gets to keep moving on to the next zone if he is always successful. When a player misses his intended zone, he has to start over to zone 1.

The first player to get to zone 18 wins.
If more than one player manages to putt to all the zones, play again in a sudden death playoff format.

## START MAT

Tapis Start

10 / 13FT GREEN MAT
Tapis 3 / 4m Vert

## 13FT BLACK MAT

Tapis 4m Noir

26FT GREEN MAT
Tapis 8m Vert


WELLSTROKE MAT
Tapis Wellstroke


WELLSTROKE


## BIG TILT

Big Tilt / Big Tilt Pro Max


## WELLSTANCE

Right / Left - Droite / Gauche


Prenez 3 balles et placez-les comme indiqué dans le guide. Jouez et comptez vos points.

Use 3 balls and place them as shown in the guide. Play and count your points.

Trous / holes
Joueur / player

| $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{9}$ | Total | $\mathbf{1 0}$ | $\mathbf{1 1}$ | $\mathbf{1 2}$ | $\mathbf{1 3}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 4 | 3 | 4 | 3 | 4 | 4 | 5 | 3 | 5 | 35 | 5 | 3 | 5 |  |
| 4 | 3 | 4 | 3 | 4 | 4 | 5 | 3 | 5 | 35 | 5 | 3 | 5 |  |
| 4 | 3 | 4 | 3 | 4 | 4 | 5 | 3 | 5 | 35 | 5 | 3 | 5 | 3 |
| 4 | 3 | 4 | 3 | 4 | 4 | 5 | 3 | 5 | 35 | 5 | 3 | 5 |  |
| 4 | 3 | 4 | 3 | 4 | 4 | 5 | 3 | 5 | 35 | 5 | 3 | 5 |  |
| 4 | 3 | 4 | 3 | 4 | 4 | 5 | 3 | 5 | 35 | 5 | 3 | 5 |  |
| 4 | 3 | 4 | 3 | 4 | 4 | 5 | 3 | 5 | 35 | 5 | 3 | 5 |  |


| $\mathbf{1 1}$ | $\mathbf{1 2}$ | 13 |
| :---: | :---: | :---: |
| 3 | 5 |  |
| 3 | 5 |  |
| 3 | 5 |  |
| 3 | 5 |  |
| 3 | 5 |  |
| 3 | 5 | 3 |
|  | 5 |  |

## Score idéal : 35 pts sur 9 trous

À partir de 22 pts, vous pouvez passer aux 9 derniers trous.
À partir de 47 pts sur les 18 trous, passez au Parcours Bleu.

## Ideal score: $\mathbf{3 5}$ points on 9-holes

From 22 pts you can go to the last 9 holes.
From 47 points on 18 -hole courses go to the Blue Course.

## Blue Course

 dans le guide. Jouez et comptez vos points.Use 3 balls and place them as shown in the guide. Play and count your points.

Exercice réussi Exercise passed

Exercice raté Exercise failed

Trous / holes
Joueur / player

| Joueur/player | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{9}$ | Total | $\mathbf{1 0}$ | $\mathbf{1 1}$ | $\mathbf{1 2}$ | $\mathbf{1 3}$ | $\mathbf{1 4}$ | $\mathbf{1 5}$ | $\mathbf{1 6}$ | $\mathbf{1 7}$ | $\mathbf{1 8}$ | Total | Total |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | 3 | 3 | 4 | 3 | 4 | 5 | 3 | 4 | 5 | 34 | 3 | 4 | 5 | 3 | 4 | 5 | 5 | 8 | 8 | 45 | 79 |
|  | 3 | 3 | 4 | 3 | 4 | 5 | 3 | 4 | 5 | 34 | 3 | 4 | 5 | 3 | 4 | 5 | 5 | 8 | 8 | 45 | 79 |
|  | 3 | 3 | 4 | 3 | 4 | 5 | 3 | 4 | 5 | 34 | 3 | 4 | 5 | 3 | 4 | 5 | 5 | 8 | 8 | 45 | 79 |
|  | 3 | 3 | 4 | 3 | 4 | 5 | 3 | 4 | 5 | 34 | 3 | 4 | 5 | 3 | 4 | 5 | 5 | 8 | 8 | 45 | 79 |
|  | 3 | 3 | 4 | 3 | 4 | 5 | 3 | 4 | 5 | 34 | 3 | 4 | 5 | 3 | 4 | 5 | 5 | 8 | 8 | 45 | 79 |
|  | 3 | 3 | 4 | 3 | 4 | 5 | 3 | 4 | 5 | 34 | 3 | 4 | 5 | 3 | 4 | 5 | 5 | 8 | 8 | 45 | 79 |
|  | 3 | 3 | 4 | 3 | 4 | 5 | 3 | 4 | 5 | 34 | 3 | 4 | 5 | 3 | 4 | 5 | 5 | 8 | 8 | 45 | 79 |

Score idéal : $\mathbf{3 4}$ pts sur 9 trous
À partir de 22 pts, vous pouvez passer aux 9 derniers trous
À partir de 51 pts sur les 18 trous, passez au Parcours Noir

## Ideal score: 34 points on 9-holes

From 22 pts you can go to the last 9 holes
From 51 points on 18 -hole courses go to the Black Course

## Black Gourse

Prenez 3 balles et placez-les comme indiqué dans le guide. Jouez et comptez vos points.

Use 3 balls and place them as shown in the guide. Play and count your points.

Exercice réussi Exercise passed

Exercice raté
Exercise failed

Trous / holes

| Joueur / player | (1) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | Total | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | Total | Total |
|  | 3 | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 5 | 33 | 3 | 4 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 37 | 70 |
|  | 3 | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 5 | 33 | 3 | 4 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 37 | 70 |
|  | 3 | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 5 | 33 | 3 | 4 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 37 | 70 |
|  | 3 | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 5 | 33 | 3 | 4 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 37 | 70 |
|  | 3 | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 5 | 33 | 3 | 4 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 37 | 70 |
|  | 3 | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 5 | 33 | 3 | 4 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 37 | 70 |
|  | 3 | 3 | 3 | 3 | 4 | 4 | 5 | 3 | 5 | 33 | 3 | 4 | 5 | 3 | 3 | 4 | 5 | 5 | 5 | 37 | 70 |

## Score idéal : 33 pts sur 9 trous

À partir de 22 pts, vous pouvez passer aux 9 derniers trous
À partir de 51 pts sur les 18 trous, félicitations vous êtes le maître du jeu.

## Ideal score: 33 points on 9-holes

From 22 pts you can go to the last 9 holes
From 51 points, congratulations you are the master of the game.

# (4) $=$ =L-Lレut ${ }^{\circ}$ 

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