





Bee Pollen									
Berry Jam									
Black Tea Powder									
Butter				X					
Cacao Nibs									
Caramel Sauce				X			Coconut		
Cardamom									
Chai Powder				X					
Chai Topping									
Chili Crunch Aioli									
Chipotle Peppers in Adobo									
Chocolate Covered Espresso Beans				X		X			
Chocolate Sauce									
Coconut Milk							Coconut		
Coconut Powder				X		X	Coconut		
Coconut Yogurt							Coconut		
Cream Cheese				X					
Dragon Fruit Packet									
Egg-fried		X							
Egg-Steamed		X							
Feta Cheese				X					
Frozen Mixed Berries									
Granola Gluten Friendly							May contain tree nuts		
Greek Yogurt				X					
Gruyere Cheese				X					
Ham									
Hashbrown patty									
Havarti Cheese				X					
Hazelnut Syrup							Hazelnut		
Heavy Cream									
Hemp Granola Gluten Friendly									
Hemp Hearts									
Honey									
Honey Comb									
Honey Syrup									
Lavender Syrup									
Mango Puree									
Matcha Powder									
Mayonnaise		X							
Milk				X					
Mocha Cappuccino Mix				X					
Mocha De Mexico Powder						X	Peanuts		
Moroccan Spice									
Mozzarella cheese				X					
Muenster Cheese				X					
Orange Extract									
Peach Puree									
Peanut Butter Powder							Peanuts		
Peanut Butter Syrup									
Pesto Basil Sauce				X					
Prosciutto									
Protein Powder				X					
Pumpkin Pie Sauce				X		X			
Red Bull									
Rice Milk									
Rose Water									
Shredded Coconut							Coconut		
Spiced Brown Sugar Syrup									
Strawberry Puree									
Sweet Chocolate Powder						X			
Turkey									
Vanilla Almond Granola						X	Almonds	X	
Vanilla Bar Powder				X		X			
Vanilla Buzz Powder				X					
Wheat Tortilla									X
White Cheddar Cheese				X					
White Mocha Powder				X		X			

This allergy data was prepared in APRIL 2024. These suggested options are based solely on current ingredient information from our suppliers and their voluntary stated absences of allergens. From time to time we may have to substitute items due to an inventory shortage. Variations in serving sizes, preparation techniques, sources of supply, as well as regional and seasonal differences may affect the status of the data. Due to the individualized nature of food allergies and food sensitivities, Better Buzz cannot make recommendations to you.