



# Detox Deluxe

The new year is all about renewal, so why not begin with your skin?

## THE BEGINNING OF THE YEAR

is the ideal time to do a deep clean in every area of our lives, including skincare routines. The newest generation of detoxifying personal-care products is sourced from plant-based ingredients that are good enough to eat (green tea, burdock root), and others that are so earthy (activated charcoal, pink clay) that believing in their cleansing properties requires a leap of faith. But take our word for it: these 100-percent vegan products don't just hold the promise of a clean slate, they deliver it.

### 1/ Skinerals Luminous Citrine Facial Cleanser

**Detox ingredients:** Activated charcoal, white tea

Surprise! This fresh-smelling organic cleanser comes out of the bottle black, thanks to activated charcoal, and works by gently pulling impurities from the skin, leaving it soft and spotless. We love that it's pH-balancing and helps guard against acne breakouts.

### 2/ Yllo Turmeric Scrub

**Detox ingredients:** Turmeric, sea salt

Mix this vivid yellow powder with a bit of water and use as a quick scrub or a 20-minute mask. Either way, turmeric's potent disinfecting properties will help undo the damage that urban living (pollution, late nights out on the town) does to your skin.



From golden lattes to detoxifying face masks, turmeric really can do almost anything.

### 3/ Formulary 55 Rosehip & Clay Facial Mask

**Detox ingredients:** French white and pink clay, comfrey root

This dusty-pink powder is transformed into a face mask that smells like roses and tightens pores to the point of invisibility. The glow it gives lasts for days, and the packaging is as pretty as your face will be after your first treatment.

### 4/ Pacifica Happy Essence Green Tea Hydro Mist

**Detox ingredients:** Green tea, coconut water

This super-fruity spritz perks up tired skin, giving it a dewy glow that makes you look as if you just went for a long, vigorous walk in nature. Keep a bottle in your desk drawer and give yourself a post-work pick-me-up before heading out to your weekly vegan meet-up.

### 5/ Inlight Firm + Tone Oil

**Detox ingredients:** Ginger, burdock

Fans of this phytonutrient-rich oil swear it helps get rid of cellulite. We're sold! What's more, the organic, cold-pressed oils are "activated" through quantum mechanics, and while we don't know what that means, we really do love the way this stuff makes our skin feel.

# Fit + Fab

High-tech, sustainable fabrics don't just perform well, but they look great, too. Get fit and look fab with these eco-friendly athletic accoutrements.

## High + Dry

There's nothing like a bout of bad weather to keep you from becoming one with your fitness goals. This unisex shell by **Cotopaxi** supports your outdoor athletic endeavors by keeping out the wind and resisting the wet, too. The icing on the vegan cake? Each limited-edition garment is made from repurposed materials and is guaranteed to last 61 years!

1  
Upcycled  
style, made  
to last



2  
Vegan  
kicks for the  
win!



## Run For It

If 2018 is the year you're finally going to take up running, **Newton** is your shoe. Every pair is vegan, and the company is the first of its kind to earn the coveted B-Corp status for its socially conscious, eco-friendly business practices. These cool kicks are super-comfy, too!

3  
Plastic  
bottles,  
reborn



## Just Breathe

Every pair of yoga pants should be equal parts comfort, breathability, and style, and **RumiX** leggings fit that order. These multi-functional leggings are made from plastic bottles that have been shredded, melted, and transformed into fabric that's soft, stretchy, and wicks away sweat. Hello, hot yoga! **VN**

VN Beauty Editor **Aurelia d'Andrea** is going for abs of steel and luminous skin in 2018.

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