

# Discover the Most Popular Water Sports for Kids



Summer is here and nothing beats jumping into cool refreshing water on a hot day!

And with kids on summer break, there's no better time to try out some water sports.

Encouraging kids to take part in outdoor activities is a great way to build their confidence while also getting exercise. It is also an important part of a child's growth and development. With benefits across [health, social, and well-being](#).

The only challenge is deciding which water sport to choose! Luckily, we've made it easy. Check out our guide for our recommendations of the best water sports for kids.

## 1. Water Trampolines

Have you ever jumped on a trampoline and wished it was on water instead?

Enter the water trampoline. A popular summertime pastime at lakes all across America. The water trampoline is made with heavy-duty materials and designed to withstand many jumping kids.

It's a great way to get out of the house and get your heart pumping. You're exercising without even realizing it. The best part? Jumping in the water to cool off.

If you have tons of energy and love jumping high, the [water trampoline](#) is the perfect addition to your summer fun.

## 2. Water Bouncers

A water bouncer is similar to a water trampoline, but has some differences. A water bouncer does not have springs and instead the bounce surface is woven directly into the inflatable tube.

Water bouncers can be used as inflatable swim platform and lounge area while also being able to bounce up and down and into the water. They're like the water trampoline, except they don't have a frame and aren't quite as springy.

Water bouncers cost less and don't need any assembly other than inflating and anchoring. This makes them ideal for a quick and easy summer toy. They are also made of strong and durable material that can hold between 200 and 600 lbs.

Think of the water bouncer as the perfect substitution for a dock to jump off from. Or even a peaceful spot to read a book (as long as no one is jumping!).

## 3. Kayaking

Kayaking is the perfect activity to do with your family and friends. A kayak is like a canoe but is faster and easier to maneuver. You can kayak in the sea or the lake, but for a relaxing experience, or if you are a beginner, try calm waters.

There are many different types of kayaks, including fishing, inflatable, and modular kayaks. What you choose depends on the kind of experience you want to have. You can also kayak solo or tandem which is perfect for younger, inexperienced children.

Enjoy the serenity that paddling through quiet waters brings. The best part is you get to explore locations that aren't accessible on foot. Pack some lunch, push out your kayak and enjoy a relaxing day in the sun.

Kayaking is the perfect water sport for older children or younger children under adult supervision.

## 4. Paddleboarding

Paddleboarding is a good alternative to surfing and for those who aren't as confident with waves. It's a great sport to practice your balance and reduce your stress levels.

The idea is to balance on top of a stable board, much like a surfboard, and paddle across long stretches of calm water with an oar.

Inflatable paddleboards are also growing in popularity and are built to be stable and high-performing. They're 100% portable and easy to inflate and deflate.

Paddleboarding is perfect for all ages and while it might take some time to perfect your balance, it can be a very rewarding and a humorous learning experience.

## **5. Lillipad Diving Board**

If you have a boat, this may be the perfect summertime accessory.

Designed for adults and kids, the Lillipad Diving Board is the only diving board in the world designed specifically to be used on a boat. It is easy to install and has a quick-release pin that allows the diving platform to drop along the side of your boat while not in use.

It is also popular to use on cruisers, houseboats, and yachts. You won't believe how something so simple can be so fun!

**Check out** Splashy McFun's range of Lillipad Diving Boards and accessories.

## **6. Bodyboarding**

Bodyboarding (or boogie boarding) is like surfing, except the board is smaller and often made of foam. It is perfect for those who aren't quite ready for a surfboard.

Bodyboards slide into the trunk of your car and use up little space. And unlike surfboards, bodyboards don't get as damaged which means you will get long-term use out of them. Plus, they're cheaper and easy to carry due to their lightweight design.

All you need to do now is spot a wave, turn your board towards the beach, wait until the wave is about to hit, and start paddling.

Sound fun?

## **7. Surfing**

If you enjoy outdoor exercise, you'll love surfing! Kids of all ages can "hang ten" and get some much-needed time on the water.

Like swimming, surfing is a great and fun way to keep fit and get confident in the water. It's also a great opportunity to learn about the ocean and develop a healthy respect for the marine biome.

Surfing is the perfect activity for kids and parents alike. It can take a few tries to get the hang of it, but the most important part is that you're having fun. That's what water sports are about.

If you live near the beach or on a [vacation by the shore](#), try your hand at surfing. You might even catch a wave or two.

## Don't Delay: Try Water Sports Today

Now you know the most popular water sports, it's time to beat the heat and give them a go!

If you're ready to take the plunge, the experts at Splashy McFun are here to help. As water sport enthusiasts, they pride themselves on providing you with the best products for the best prices.

Splashy McFun stocks a large range of water sports supplies. This includes trampolines, water bouncers, paddleboards, inflatable boats, and more. So don't miss out on the summer of a lifetime!

Check out our [range today](#) and have the best summer of your life.

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