



As 2021 draws to a close we can reflect on what has been a very difficult one for many of us throughout the world. Will 2022 be better? Let us hope so. All the talk at the moment is about Omicron but all indications are that it is pretty mild and so long as you focus on your good general health you really have nothing to fear.

Many of our customers celebrate Christmas this month, some have their main celebrations with other festivals at other times of the year. Irrespective when you celebrate we are about to start another year and I wanted to personally thank you for your support during 2021. It has not been an easy year with supply chain disruptions and delivery problems...but, thankfully we have resolved all of them.

Many of our customers have 'lost' some of their happiness during this year through all the restrictions we have been subject to. I admit that it has even happened to me which is unusual. It was a factor in our developing our new product 'Serene Saffron'. Whereas it cannot be called a 'happy pill' it does seem to help 'uplift' positive feelings. If you are feeling a 'bit down' it might be worth giving it a try. If you do, because it will improve sleep I find it best to take it in the evening.

We supply direct to customers in 95 countries. No matter what your location is on behalf of all the team here at Xtend-Life I wish you all the best for the end of the year and a good and prosperous start for 2022.

Warren & Matthews

Warren Matthews
 Founder & Chairman
 Xtend-Life Natural Products (Intl.) Ltd

Our New Products in 2021



NR6 - Natural NAD+ Booster

Support for cellular energy and healthy aging.

[LEARN MORE](#)



Serene Saffron - Mental Health

Change distress to de-stress and boost your mood.

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GG Pure - Statin Support

Relief for those suffering from statin pain.

[LEARN MORE](#)

Seeking Your Thoughts for 2022

We put a lot of effort into making our products the best they can be, and it gives us a sense of satisfaction.

But there's one thing we enjoy even more.

And that's hearing how you are benefiting from them. So if you have a comment or story, please share it with us.

Among the dozens of supplements I tried, Total Balance Men's is the only one I have never stopped taking on a daily basis. I was in my early 20s and in university when I started taking it and I still remember how drastically it improved my mood, my energy level, my ability to focus... To this day, I still take the full dose faithfully because I clearly see this product works.

Yannick R, Canada



Leave a review

Leaving a review (or seeing what others like you have said about a product) is easy. Just go to the product page, click on the "Reviews" tab and let us know what you think.

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