

NUTRITIONAL INFORMATION

Revision Date: 5/8/2013

HYDROLYZED WHEY PROTEIN

TYPICAL NUTRITIONAL ANALYSIS PER 100g

Calories (kcal)	419
Calories from fat (kcal)	63
Protein, (N x 6.38g)	81
Total Fat (g)	7.0
Saturated Fat (g)	4.6
Polyunsaturated fat (g)	0.3
Monounsaturated fat (g)	2
Trans-fatty Acids (g)	<.1
Cholesterol (mg)	40
Total Carbohydrate (g)	8.0
Sugars (g)	5
Dietary Fiber (g)	insignificant
Vitamin A (IU)	insignificant
Vitamin C (mg)	insignificant
Folate (mcg)	6
Water (g)	5
Alcohol (g)	insignificant
Caffeine (g)	insignificant
Calcium (mg)	50
Iron (mg)	1
Phosphorous (mg)	240
Potassium (mg)	70
Sodium (mg)	<100
Ash (g)	4

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