## Recipe by Linda Martinucci – Simply Swap Foods www.simplyswapfoods.com.au

## **Choc Pudding Truffles**

These are perfect for the Christmas table! Everyone loves them and you can stick to your healthy eating goals while still enjoying some festive decadence. Can be made up to 3 days in advance if needed.

Servings: Approx 40 balls, depending on size

1 baked Cheeky Chocolate Cake (or similar low-carb cake, weight 500-600g)

2 tsp nutmeg

1 tblsp ginger

2 tblsp sweet mixed spice

2 tblsp powdered Lakanto sweetener

100g dark chocolate (min. 70% cocoa) or sugar free dark chocolate

## For decorating:

200g dark chocolate (min. 70% cocoa) or sugar free dark chocolate

2 tsp melted coconut oil or MCT oil

80g white sugar-free chocolate (eg. Vitawerx)

Freeze dried raspberries (or similar for top)



- 1. Prepare your low-carb chocolate cake according to pack directions and let cool.
- 2. In a large bowl, gently break apart the cold cake with clean hands to achieve a crumbly texture.
- 3. Add spices to cake and combine well.
- 4. Melt 100g chocolate by breaking into pieces and placing in microwave safe bowl on high for 1 minute. Remove and stir. Microwave further 30 secs at a time if needed.
- 5. Add melted chocolate to mixture and combine until mix reaches a fudgy consistency.
- 6. Using wet hands, roll mix into small balls then place in airtight container in fridge to cool.
- 7. Once balls are cold, melt dark decorating chocolate and stir through coconut oil.
- 8. Pick up balls with wooden skewer and dip into chocolate. Coat completely before placing on tray with baking paper.
- 9. Put balls into fridge and chill until chocolate is set.
- 10. Once set, melt white decorating chocolate (method above) and place in small snap lock bag. Cut tiny end off corner of bag and use as a piping bag to decorate top of choc balls.
- 11. Add small pieces of dried raspberries to top before white choc sets.
- 12. Store your delicious chocolates in an airtight container in the fridge until needed. Keep cold until just prior to serving.