Recipe by Linda Martinucci - Simply Swap Foods www.simplyswapfoods.com.au

Baked Berry Cheesecakes

These cheesecakes are just like the real deal, no-one will know they're sugar free!

Preparation time: 20 minutes

Servings: 12

Base

1½ cups almond meal flour¼ cup butter, melted

Filling

250g cream cheese, softened

1 large egg

1 tsp vanilla essence

3 tsp lemon juice

2 tsp lemon zest

½ cup Lakanto monkfruit icing sweetener

1/4 cup blueberries (fresh or frozen)



Preheat oven to 170°C and grease and line 12-hole muffin tray with paper cases.

- 1. Mix almond meal and melted butter together with a fork then press spoonfuls of mixture evenly and firmly into lined muffin tray cases.
- 2. Bake for 6 8 minutes until base is starting to brown. Remove from oven and allow to cool while making filling.
- 3. Place cream cheese in a medium size bowl and beat with electric beater until smooth.
- 4. Add all other filling ingredients except blueberries and beat until well combined.
- 5. Spoon filling mixture evenly onto prepared muffin bases and press blueberries into the top of each mini cheesecake. Bake for 15-20 minutes or until cheesecakes are golden brown on top.
- 6. Allow to cool in muffin pan for 15 minutes then transfer to fridge on a plate to cool.
- 7. Remove from paper cases and serve with fresh berries and cream on top.