

Healthy Matcha Cream Cheese Frosting

Ingredients *(Makes 1 cup of frosting)*

8oz cream cheese *(softened at room temperature)*

¼ cup butter *(softened at room temperature)*

½ tbsp [Tenzo matcha](#)

1/3 cup maple syrup

1-2 tbsp powdered sugar or stevia

1 tsp vanilla

Supplies

Mixing bowl

Handheld mixer

Directions:

1. Mix together 8oz cream cheese and ¼ cup butter until creamy. Add in 1/3 cup maple syrup, 1-2 tbsp powdered sugar (or stevia), 1 tsp vanilla and 1/2 tbsp Tenzo matcha. Mix for 3-5 minutes, or until a smooth, creamy mixture has formed.
2. Top on your favorite cupcakes or cookies.
3. Store leftovers in the fridge.