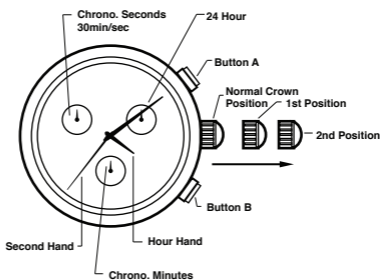




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MIYOTA - JS00

## DISPLAY AND BUTTONS



## SETTING THE TIME AND 24-HOUR

1. Pull the crown out to the 2nd position.
2. Turn the crown clockwise to set hour, minute and 24-hour hands to the desired time.
3. Push the crown back to the normal position.

## SET THE SECOND TIME ZONE

1. Press button "A" to set dual time hand forward in units of 15 minutes.
2. Press button "B" to set dual time hand back in units of 15 minutes.

## CHRONOGRAPH FUNCTION

1. To start the chronograph press Button A.
2. To stop the chronograph press Button A again.
3. To reset the chronograph press Button B.

\*Note: Chronograph runs a maximum of 1 hour.

## CHRONOGRAPH ALIGNMENT

1. Pull crown out to 2nd position and press Button A until chronograph second hand is at 12 o'clock.
2. Push crown back to normal position.

## CAUTION

1. Do not touch internal components other than the batteries.
2. Keep your watch in a cool dry place.
3. Avoid abrasions as scratching may eventually affect the case and bracelet.

## BATTERY INSTRUCTIONS

1. Mixed usage of a different type of battery or use of new and used battery is not recommended.
2. Battery should be inserted with correct polarity.
3. Supply terminals should not be short-circuited.