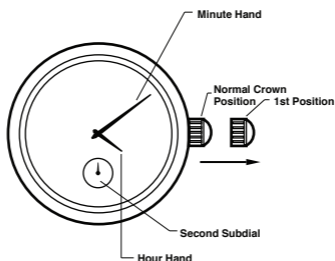


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Miyota 1L45

DISPLAY AND BUTTONS



SETTING THE TIME

1. Pull the crown out to the 1st position.
 2. Turn the crown clockwise to set hour, minute to the desired time.
- *Note:** For watches with 24 hours display you might need to advance 12 hours to synchronize the AM/PM cycle.
3. Push the crown back to the normal position.

ATTENTION: For watches with a screwdown crown, unscrew to set time and when finished screw back crown fully to avoid water entering the module. Crown covers should only be rotated 90 degrees clock-wise to access the crown.

CAUTION

1. Do not touch internal components other than the batteries.
2. Keep your watch in a cool dry place.
3. Avoid abrasions as scratching may eventually affect the case and bracelet.

BATTERY INSTRUCTIONS

1. Mixed usage of a different type of battery or use of new and used battery is not recommended.
2. Battery should be inserted with correct polarity.
3. Supply terminals should not be short-circuited.