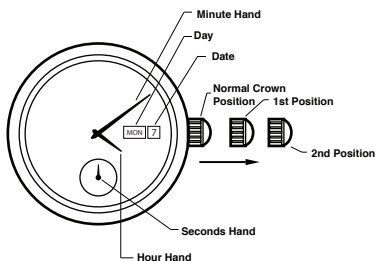


JBW

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MIYOTA 0T45

DISPLAY AND BUTTONS



SETTING THE TIME

1. Pull the crown out to the 2nd position.
2. Turn the crown to set hour and minute hands.
3. When the crown is pushed back to the normal position, small second hand begins to run.

SETTING THE DATE

1. Pull the crown out to the 1st position.
2. Turn the crown counter-clockwise to set the date.
* If the date is set between the hours of around 9:00 PM and 1:00 AM, the date may not change the following day.
3. After the date has been set, push the crown back to the normal position.

ATTENTION: For watches with a screwdown crown, unscrew to set time and when finished screw back crown fully to avoid water entering the module. Crown covers should only be rotated 90 degrees clock-wise to access the crown.

CAUTION

1. Do not touch internal components other than the batteries.
2. Keep your watch in a cool dry place.
3. Avoid abrasions as scratching may eventually affect the case and bracelet.

BATTERY INSTRUCTIONS

1. Mixed usage of a different type of battery or use of new and used battery is not recommended.
2. Battery should be inserted with correct polarity.
3. Supply terminals should not be short-circuited.