

Holle Baby Formula Instructions

Dosage chart

1 leveled scoop

Amount of Water (ml)	Number of scoops (unpacked)	Total volume when prepared (ml)	Number of meals per day
90 = (3 ounces)	3	100	6-7
120 = (4 ounces)	4	130	5-6
150 = (5 ounces)	5	165	5-6

Preparation with water sterilization :

1. Boil bottle, nipple and ring for 3-5 minutes before use
2. Boil the amount of water indicated on the dosage chart and let cool to around 50°C (122°F) Pour about half of the water into the bottle.
3. Add level, unpacked scoop/s according to dosage charts to water in bottle. Take care to level off scoops with the flat back of a knife.
4. Shake well. Add the rest of the water and shake vigorously. Let cool to about 37°C (98.6°F) before feeding the baby.

Preparation without water sterilization (safe water source) :

1. Warm up the amount of water indicated on the dosage to around 50°C (122°F) (microwave not recommend) Pour about half of the water into the bottle.
3. Add level, unpacked scoop/s according to dosage charts to water in bottle. Take care to level off scoops with the flat back of a knife.
4. Shake well then add the rest of the water and shake vigorously. Let cool to about 37° (98.6°F) before feeding the baby.

Important Information:

- * Carefully follow the preparation instructions
 - * Use only the scoop provided
 - * The doses indicated must be respected.
- Your baby's health depends on following the proper instructions
- * Avoid preparing bottles ahead of time, leftover formula should be discarded after 1h maximum if not refrigerated
 - * To prevent dental decay, do not allow baby to continually suckle bottle
 - * Do not use a microwave to heat Burns can result

Care instruction :

- * Expiration date is indication on each packets
- * Please keep away from heat and humidity
- * After the packet is open, use in the next 2 weeks
- * Storing formula in a glass or Stainless steel container is recommended

PLEASE CONTACT US FOR ANY QUESTIONS OR CONCERNS