



A 501(c)(3) Non-Profit Organization / Tax ID: 27-5399175  
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### Center4SpecialNeeds Young Adult Social Club Guidelines

We appreciate your cooperation with these guidelines for all Center4SpecialNeeds-sponsored or hosted services, including Young Adult Social Club activities.

#### 1. Respect:

- ✓ Be respectful of one another's choices, interventions, and opinions without judgment or criticism. Conduct yourself in a respectful manner with each other.
- ✓ Respond respectfully to suggestions and requests from your peer facilitators
- ✓ Keep conversation topics on "safe" subjects, please avoid controversial discussions (i.e. politics, religion, sexual themes, drugs, and violence)
- ✓ Be aware of personal space, and only touch or hug a group member with their consent
- ✓ Behave appropriately, considering personal and social boundaries, with all group members, facilitators, and people in the community.
- ✓ Respect the wishes of anyone who prefers not to speak or share as they participate at their own comfort level.

#### 2. Consideration:

- ✓ Show consideration when someone is speaking and do not interrupt or conduct phone conversations during an event.
- ✓ Do not monopolize the social club's time, and allow every group member the opportunity to speak and share their individual interests
- ✓ Please do not use recreational substances (drugs or alcohol) during group activities

#### 3. RSVP:

- ✓ We expect social club members to RSVP for every event they attend. This helps us when we provide food so we have an accurate number of people. It is also a courtesy so we know who to expect at an outing.

#### 4. Waiver and Release of Liability:

- ✓ All new social club participants will sign the Release and Waiver of Liability. The form will be available as an email attachment. The form will also be available at events.

#### 5. Contact Information:

- ✓ Social club members will provide their email address and phone number.

#### 6. Independence of Young Adults:

- ✓ This peer group is geared toward young adults who are independent and able to attend social club activities without support staff, parents, or caregivers.

#### 7. Age

- ✓ The Young Adult Social Club is for individuals age 18 and over.

Participant Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_