

12 BIBLE SESSIONS / GRADES 1ST-6TH

winter

CAMP

Go to camp without leaving town!



Horseback Riding

Snow Games

Pitch a Tent

Hike & Hunt

Rock Climbing

Star Gazing

Canoeing

Mess Hall Breakfast

Lake Fishing

Nature's Creatures

Archery

Ski Lodge Retreat

winter

CAMP

Theme Chart

Week	Theme	Focus	Scripture
1	Horseback Riding	Be careful not to fall away from God.	1 Corinthians 10:12
2	Snow Games	Keep your heart clean.	Psalms 69:5
3	Pitch a Tent	Finish what you start.	Acts 20:24
4	Hike & Hunt	Allow God to direct your path.	Isaiah 2:5
5	Rock Climbing	We can do anything through Christ.	Philippians 4:13
6	Star Gazing	God created the heavens.	Genesis 1:1
7	Canoeing	We are God's work of art.	Ephesians 2:10
8	Breakfast in the Mess Hall	Make church a regular part of your life.	Hebrews 10:25
9	Lake Fishing	Listen to God.	Psalms 46:10
10	Nature's Creatures	Don't be lazy.	Proverbs 6:6
11	Archery	Live in the center of God's will.	1 Thessalonians 5:22
12	Ski Lodge Retreat	Nothing can separate us from God's love.	Romans 8:39

winter

CAMP

HORSEBACK RIDING

Session 1 Overview

Focus: Be careful not to fall away from God.

Scripture: 1 Corinthians 10:12

“So, if you think you are standing firm, be careful that you don’t fall!”

Scripture Background

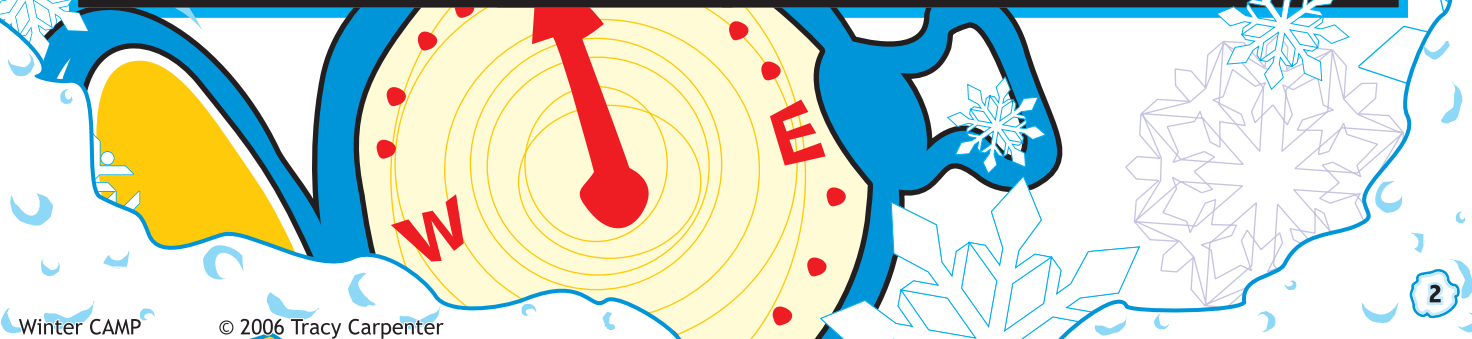
Corinth was an important first-century city with two harbors and seven temples dedicated to the worship of various gods. Because of their pagan worship practices, the term “to Corinthianize” came to be synonymous with “to practice sexual immorality.” When Paul wrote to the church at Corinth, he knew how difficult it could be to stand firm in such a culture.

Paul’s words are as appropriate for kids today as they were for the Corinthians. Your kids live in a culture that makes it extremely difficult to stand on right principles. When kids learn to apply the same concentration, practice, balance, and skill that horseback riding requires to their struggle to stand firm, they can be successful!



AT A GLANCE

CAMP Activity	Time	From Planning Sheet
Before CAMP	45-60 min	CAMP Briefing Set Up CAMP
Lining Up for CAMP	15-30 min	Here They Come (begins during Set Up)
Before CAMP	45-60 min	CAMP Introduction CAMP Songs CAMP Bible Memory: 1 Corinthians 10:12 CAMP Challenge: Saddle a Kid
CAMP Rotations	30-40 min	#1 Recreation: Horseback Riding #2 Mess Hall: Craft, Game, or Snack
Winding Down CAMP	10-15 min	Back at the Lodge (small groups) CAMP Closing
After CAMP	30-40 min	Break Down CAMP CAMP Store



CAMP PLANNING SHEET

Theme: Horseback Riding
Scripture: 1 Corinthians 10:12
Focus: Be careful not to fall away from God!

CAMP Briefing	All counselors must be present one hour prior to Check-In for assignments and general information.
Set Up CAMP	Counselors set up camp in their assigned teams.
Here They Come	Line activities: Counselors will give kids pretzels Prize: Each kid who wears a CAMP T-shirt receives a small piece of candy, stickers or tickets to use at the store.
CAMP Introduction	Counselors welcome audience and throw out a few prizes. Prizes: 3 T-shirts, 5 big candies (bottle pops)
CAMP Songs	Worship and pray in large-group time. Choose 2 songs from the Tech Chart.
CAMP Bible Memory	Memory verse: 1 Corinthians 10:12 "So, if you think you are standing firm, be careful that you don't fall!" Prize: mini horses
CAMP Challenge	Saddle a kid Prize: mini jerky ropes
Recreation (Rotation #1)	Horseback riding
Mess Hall (Rotation #2)	Craft: Decorate Bandanas, or Game: Round Them Up, or Snack: Homemade Cereal Mix Prize: Candy Can
Back at the Lodge	Small Groups
CAMP Closing	Wrap up, make announcements, and pray.
Break Down CAMP	Clean up.
CAMP Store	BBQ chicken combos Optional: CAMP T-shirts for kids, fun candy



SUPPLY LIST

See the Resource List for details/purchasing information for materials.

Here They Come	orange stickers pretzels
Stage, Security, Worship	<ul style="list-style-type: none"> * rope for line * signs * inkpad * numbered stamp * yellow T-shirts for visitors * caution tape or cones * large trash can * megaphone * worship T-shirts * candy or tickets for kids wearing T-shirts * tents * cooler * fake campfire * camping supplies (sleeping bags, cooking supplies, pillows, lawn chairs) * 30-gallon trash can for Candy Can * popular video * 3 bags throw candy
CAMP Introduction	<ul style="list-style-type: none"> * confetti cannon (brown confetti) 3 CAMP T-shirts 5 bottle pops
CAMP Songs	* music/tech supplies
CAMP Bible Memory	40" x 60" foam core or wooden board with verse written on it large marker 4-5 colored permanent markers mini horses cooler
CAMP Challenge	<ul style="list-style-type: none"> 2 pony saddles 2 pony saddle blankets 2 large buckets mini jerky ropes



SUPPLY LIST

~continued~

<p>Recreation (Rotation #1)</p>	<p>10-15 small or large size poster boards for questions</p> <p>Big/Horseback Riding (wooden horses): caution tape or cones wooden horses (2+) prize (<i>tickets to spend at the store</i>)</p> <p>Bigger/Horseback Riding (ponies): caution tape or cones ponies (<i>1 per 25 kids</i>) lead ropes</p> <p>Biggest/Horseback Riding (horses): caution tape or cones horses (<i>1 per 25 kids</i>)</p>
<p>Mess Hall (Rotation #2)</p>	<p>Craft/Decorate Bandanas: 3 tables red bandanas paint pens glitter</p> <p>Game/Round Them Up: hula hoops (<i>different colors</i>) toy horses (<i>option: different colors</i>) buckets</p> <p>Snack/Homemade Cereal Mix: *tables homemade cereal mix small cups</p>
<p>Back at the Lodge</p>	<p>Bible discussion questions</p>
<p>CAMP Closing</p>	<p>handouts to distribute to parents and kids before exiting</p>
<p>Break down CAMP</p>	
<p>CAMP Store</p>	<p>BBQ chicken meals CAMP T-Shirts fun candy *tables with checkered tablecloths</p>

*Items that will be used repeatedly throughout Winter CAMP—purchase them once and store to use again.



CAMP BRIEFING

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12

Brief counselors one hour prior to opening the doors. Distribute counselor assignments and give counselors time to ask questions, review any changes, walk the campus, review the lesson and receive information detailing operations and security for the session. Pray with the team and present a quick devotion on the focus and Scripture for the session.

Director Checklist

- Take attendance.
- Open with prayer.
- Review Planning Sheet, including theme and challenge.
- Give devotion.
- Pass out counselor assignment sheet (*planning chart with names assigned*); make adjustments if necessary.
- Walk the campus.
- Review topics to discuss.
- Confirm supplies, prizes, and changes.
- Pray.

Devotion

Read the Scripture background from page 1; then use the following thoughts to focus counselors on the goal for this session.

“In this session kids will experience firsthand the ability ‘not to fall’ and will be inspired to ‘hold on tight,’ not only to the horses they will be riding, but also to God and His Word. Kids will examine things that may cause us to fall away from God. We will be discussing how the enemy is strong, but we in Christ are stronger. We will encourage the kids to read their Bibles, pray and obey God daily.”

Encourage counselors to take every opportunity possible to reinforce the focus and Scripture for the session.

there's more

CAMP BRIEFING

~continued~

Assignments

This session has two rotations. For Recreation, copy and cut out the true and false statements (pp. 16, 17), or make large question cards using index cards or poster board. For Mess Hall, provide the life-application questions (pp. 20, 21).

Walk the Campus

Educate counselors on the paths the children will take. Review security, review assignments and practice the session's operations.

Topics to Discuss

Remember to worship with the kids.
Assign Team Leaders' positions.

Reminders:

- * During Here They Come, make sure every child receives a pretzel.
- * BBQ chicken combos will be for sale, and counselors are welcome to enjoy food after CAMP is cleaned up.

Supplies

Confirm that all supplies and prizes are in position.

Questions?

Pray

Pray with the team—for them, the lesson, the kids, the safety, the message and the worship.



SET UP CAMP

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12

Leaders: Team Captains

See the Director's Notes for general information on the CAMP Store, Stage, and prizes.

Counselors are divided into their teams; they quickly touch base with their Team Captains and proceed to set up their designated areas. Teams and tasks are identified on their assignment sheets (given during the CAMP briefing). Leave all supplies in a central area for counselors to access.

Store

Food for this session: BBQ chicken combos. This needs to be set up facing the path of exiting families. Set up tables and chairs for families to eat on campus.

Stage

The stage team sets up this area.

- tents
- cooler
- fake campfire
- camping supplies (sleeping bags, cooking supplies, pillows, lawn chairs)

Security

Security sets up everything to do with the line, Check-In/Check-Out, and seating.

Security will set up:

- chairs in the large-group worship area. The chairs need to be facing forward divided into two teams with an aisle down the middle and an aisle in the center running horizontally
- all the stamping supplies and Check-In tables

Security is responsible for roping off the line to the entrance. Security will hang any signs needed. Sample signs you may need:

- line signs: Line Starts Here
- warning signs like those at theme parks: Prepare to Ride!
- one sign stating the session's activities

Security will also place the handouts for the session at the exit door.

Security will place yellow T-shirts in a stack at the start of the line for visitors.



SET UP CAMP

~continued~

Prizes

Team leaders are responsible for prize placement.

CAMP Introduction: A few T-shirts and five big candies will be thrown out during the welcome. These need to be placed in a tub on stage.

CAMP Bible Memory: The first throw prize is placed in the cooler on the stage. This throw is for the team that wins the verse challenge. The first throw will be mini horses.

CAMP Challenge: Mini Slim Jim Jerky will be thrown on the winning team after the Saddle a Kid segment.

Wearing CAMP T-shirts: Small prizes will be given for those kids wearing CAMP T-shirts. Sample prizes are stickers, tickets to spend at the store, first-in-line privileges, or small candy such as suckers and airheads. (These prizes are placed in a galvanized bucket inside near the entrance door.)

Here They Come

Team Leaders are responsible for setting up the line activities. Team Leaders will place the pretzels in buckets outside near the line.

CAMP Challenge

Team Leaders will set up the challenge. One large bucket per side needs to be placed behind the team chairs. These buckets are used to hold supplies in the back of the room. Team Leaders will fill the buckets with all the supplies necessary to complete the challenge.

Each bucket contains

- 1 pony saddle
- 1 pony saddle blanket

Recreation (Rotation #1)

The recreation team sets up this area. Choose and set up one of the following versions for the Recreation activity:

Big: Horseback Riding (*wooden horses*)

Secure an area for the horseback riding activity. Use caution tape or cones to make an appropriate area for the kids to have a relay with wooden horses.

Bigger: Horseback Riding (*ponies*)

Secure an area for the horseback riding activity. Use caution tape or cones to make an appropriate area for the kids to ride the ponies.

Biggest: Horseback Riding (*horses*)

Secure an area for the horseback riding activity. Use caution tape or cones to make an appropriate area for the kids to ride the horses.

there's more

SET UP CAMP

~continued~

Mess Hall (Rotation #2)

Choose the craft, game, or snack for this session's Mess Hall activity. Provide megaphones for leaders.

Craft: Decorate Bandanas

Place red bandanas on one table, paint pens on a second table, and glitter on the third table.

Game: Round Them Up

Place hula-hoops and toy horses in the recreation area. Place the Candy Can in the Mess Hall to give one piece of candy to winners.

Snack: Homemade Cereal Mix

Place cereal mix in cups. Set up tables and chairs.

Lodge

Place discussion questions in the area where the small groups will meet. Provide enough copies so that the children can be divided into groups of 6-8 (or as close to that size as possible).

HERE THEY COME

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12

Leaders: Team Leader and Worship Leader

See the Director's Notes for general information about lining up for CAMP.

Counselors will greet the kids as they travel through the line. Each kid who wears a CAMP T-shirt receives a small piece of candy, stickers, or tickets to use at the store.

During *Here They Come*, the worship leader will choose the kids for worship.

Team Leaders are the only counselors implementing the line activity for this session. Counselors give pretzels to the kids. This takes place until all the worship team is chosen.

Team Leaders high-five all the kids, joke with them, and smile at them. Team Leaders yell, "Are you ready?" and begin getting the kids excited to get in. The music team places the kids' worship team in position to greet and high-five all the incoming kids. When the music team is ready and it is time to start, the Team Leaders run in first and take their positions.

Send the kids in!

CAMP INTRODUCTION

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12

LEADER: Team Captain or Director

See the Director's Notes for general information about the large-group time.

Play a popular video as kids are coming in. (See the Tech Chart for suggestions.) Then have one of the Team Leaders welcome the kids.

The following sequence is a typical introduction:

"Hi, kids!"

"Welcome to Winter CAMP!" (Or Camp *Your Name*)

Shoot the cannon full of brown confetti.

"Who is ready for Horseback Riding?"

The leader explains and/or practices "hands up."

"Who needs a T-shirt?"

As the kids are screaming and yelling, the leader throws out a few CAMP T-shirts, bottle pops, and prizes from the store. These items will be in a tub on the stage.

Transition to worship:

"Are you ready to worship?"

"Stand up! Let me see you on your feet!"

Worship music starts here, and the kids' worship team runs up. Everyone transitions into worship.

CAMP SONGS

LEADER: Worship Leader

Choose a variety of songs from session to session, using any songs that specifically connect to the theme or session focus.

CAMP BIBLE MEMORY

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12

LEADERS: Team Captains and Director

Prize: mini horses

Introduce the Bible verse for this session: 1 Corinthians 10:12.

Say: *This Bible verse was written to new Christians in the city of Corinth, which had seven temples to pagan gods! Those people had a lot of temptations to fall away from God. But they stood firm, and we can too! Our verse will help us STAND FIRM!*

See the Director's Notes for how teams compete to learn the Bible verse.

CAMP CHALLENGE

LEADER: Challenge Leaders

Prize: Mini Jerky Ropes

Challenge: Saddle a Kid

Volunteers needed: 4 per team (1 in back, 1 in front, 2 on stage) This is a timed race.

1. The back volunteer passes the pony saddle and saddle blanket from the bucket in the back forward. Starting at the back row, he or she hands off the items. Every child on the team must touch each item.
2. The front volunteer then passes the items to the stage volunteer (*saddler*).
3. The saddler begins saddling the other stage volunteer (*horse*)—the blanket first and then the saddle. (*Option: a counselor can be used as the horse.*)
4. As soon as the saddler has successfully saddled the horse, the saddler must get on the horse and raise his or her hand.
5. The first team finished wins jerky pieces thrown over their heads.

Transition to Rotations.

RECREATION

Rotation #1

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12

LEADER: Recreation Captain

Recreation: Horseback Riding

See the Director's Notes for general information about Rotations.

The Recreation Captain explains the main rule: If anyone does not play fair, he or she will be asked to sit away from the fun.

Choose the version that works for you.

BIG: Horseback Riding (*wooden horses*)

Materials: wooden horses (one horse per 25 kids), prizes (tickets to spend at the store), True/False questions (pp. 16, 17)

Secure an area for the horseback riding activity. Use caution tape or cones to make an appropriate area for the kids to have a relay with wooden horses.

Kids will get in groups in preparation for a relay. Counselors ask the kids 10 true and false questions. When all the true and false questions have been answered correctly, the counselor will give kids their wooden horse. When all teams have received their horse, they will participate in a relay. Kids will take turns riding their horse up and back. As children return with their horse, they pass the horse to the next child waiting in line and then are seated. The team who gets all of their kids seated first wins the prize.

BIGGER: Horseback Riding (*ponies*)

Materials needed: ponies (rounder of ponies or 1 pony on a lead rope per 25 kids), True/False questions (pp. 16, 17)

Secure an area for the horseback riding activity. Use caution tape or cones to make an appropriate area for the kids to ride the ponies.

Kids will get in groups. Counselors ask the kids 10 true and false questions. When all the true and false questions have been answered correctly, the counselor will dismiss them to take their place in the line to ride ponies.

there's more

RECREATION

Rotation #1 ~continued~

BIGGEST: Horseback Riding *(horses)*

Materials needed: horses (1 horse per 25 kids), True/False questions (pp. 16, 17)

Secure an area for the horseback riding activity. Use caution tape or cones to make an appropriate area for the kids to ride the horses.

Kids will get in groups. Counselors ask the kids 10 true and false questions. When all the true and false questions have been answered correctly, the counselor will dismiss them to take their place in the line to ride ponies.

MESS HALL

Rotation #2

Focus: Be careful not to fall away from God!

Scripture: I Corinthians 10:12

LEADER: Mess Hall Captain

Choose a craft, game, or snack for the Mess Hall activity.

CRAFT

Decorate Bandanas

Materials: 3 tables, red bandanas, paint pens, glitter, life-application questions (pp. 20, 21)

By proceeding from table to table, kids will complete a handmade craft. Kids will start at the first table where they will receive their red bandanas, then the kids will move to the next table where they will decorate their bandanas with their paint pens. They will then move to the next table where they will use glitter to further decorate their bandanas.

Option: Kids can write their names or the verse on their bandanas. They may choose to fold them before they decorate them so they can wear them on their heads.

Counselors and team leaders will stand behind the tables and help groups of kids complete each station. At each table, while kids work, leaders will discuss with kids a life-application question and quiz the kids on the Scripture verse.

GAME

Round Them Up

Materials: painted hula hoops, play horses, buckets, Candy Can, life-application questions (pp. 20, 21)

Group kids into teams. Place multiple hula hoops facing the groups. The hula hoops differ in color, and the color the farthest away is worth the most points.

While kids are seated in their teams, counselors will ask kids a series of life-application questions and quiz them on the Scripture verse. As the questions are asked, kids must raise their hands to answer the question. When a child gives a good answer, he or she may throw a horse at the hula hoops. Kids will aim for the color worth the most points. This is a timed event. When the time is up, the team with the most points receives candy from the Candy Can.

there's more

MESS HALL

Rotation #2 ~continued~

SNACK

Homemade Cereal Mix

Materials: homemade cereal mix, paper cups, life-application questions (pp. 20, 21)

Kids sit in four large groups. Counselors ask kids multiple life-application questions. When they successfully answer all of them, the group leader prays for the group and they receive their snack.



LIFE APPLICATION QUESTIONS

- 1) One of the players on my soccer team brags about what a great player she is AND about how good of a Christian she is. What should I tell her, since I know better? (If you really want to help your friend, you might have a friendly discussion with her about what you learned in church about not being proud. You must be careful, however, not to be proud yourself. If you only want to correct her because you think that you are better, that is not the right reason.)
- 2) Once, when riding a horse, I fell off and broke my arm. Does it hurt to fall away from God? (Yes, it hurts you when you fall into sin and away from God. You might not feel the hurt, but it hurts your relationship with God. He loves you and only wants the best for you. That is why He warns us not to do certain things. Everything He wants us to do is for our own good.)
- 3) At school, I sometimes cheat on tests, but I go to church every Sunday. Isn't it OK to fall down a little bit if you get back up every week? (It is true that God will forgive you no matter what you do. But only if you are truly sorry. If you continue to sin in the same way over and over again, that does not really show you are sorry. Just going to church does not make you a Christian; your mind and your heart have to be in the right place.)
- 4) Sometimes when I use my brother's cell phone the reception gets really bad and it's hard to understand who I am talking to. Is falling away from God like getting bad reception? (When you knowingly do the things God asks you not to do, it actually makes it harder to really talk to Him through prayer. You may start to feel like you can't really understand God anymore, like the reception of your prayers has gotten fuzzy. At times like these you should focus really hard on getting back to doing the right things.)
- 5) I sometimes steal candy from stores because it is easy and I know I can get away with it. What can I do to get back to standing firm? (If you are truly sorry, you can ask God for forgiveness and He will grant you forgiveness. Once you have been forgiven, though, it is really important that you don't fall into the sin again. This will be very hard, but with help from others, like your parents, you can overcome it.)
- 6) I am really busy and having a hard time fitting in time to read my Bible. What are some good ways to remember to read the Bible? (Maybe when you wake up, mealtimes, or before bed. Have a person remind you, leave a note for yourself or pray for God to help you set time aside for Him.)
- 7) I almost always do the right thing, but last week after baseball practice, I was hanging out with a few of my teammates. They talked me into breaking into an old house with them. I only did it once, and I'll never do it again, so that's not that big of a deal, right? (Not really. By exposing yourself to sin, you bring yourself that much further into temptation. If you cannot say no the first time, what makes you think you will have the strength to say no the second, third, fourth time your friends want you to do something wrong?)

there's more



LIFE APPLICATION QUESTIONS

~continued~



- 8) Sometimes I say bad words with my friends. I know it's wrong, though, and I want to stop. My parents don't know that I do it. I know that they could help me to stop, but I really do not want to tell them. What should I do? (You should tell your parents; they might surprise you with how understanding they are. Even if you get in trouble, that will only help you to remember not to do it again. Staying out of sin is one of the hardest things in the world to do. You can use all the help you can get.)
- 9) If it is so incredibly hard to stay strong. How can God ask us to do it? (Just because God tells us to be careful not to fall, does not mean that He expects us never to fall in life. God knows that we make mistakes sometimes and offers us a chance to get back on track by asking for forgiveness. God just wants us to stay on the path of righteousness as much as possible because He loves us and He knows that is the best place for us.)
- 10) Although I have made a few minor mistakes, I have never really messed up in life. With such a great record, do I really need to worry about falling into sin? (If a person has lived a good life by God's standards, he or she should be even more careful not to fall into sin. The minute that you start to get proud and think you can stand on your own is when you will be most likely to fall. Now is the most important time for you to trust God to help you stand strong.)



1 BACK AT THE LODGE

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12

LEADER: Counselors

See the Director's Notes for general information about small groups.

Discussion Questions

- What does it mean to fall away from God?
- Name ways you can be careful not to fall away from God?

Emphasize to the kids that they will be tempted as Christians to do wrong and fall away, but God is always there to help them. Encourage the kids to stay focused on God, read their Bibles, learn about His ways, pray daily to stay strong.

Prayer

Pray they will be strengthened and choose God's ways instead of their own. Pray for God to help them recognize the areas they are weak so they can stay away from those areas.



CAMP CLOSING

Focus: Be careful not to fall away from God!

Scripture: 1 Corinthians 10:12



LEADER: Team Leaders

See the Director's Notes for general information about CAMP closing and clean up.

Break Down CAMP



CAMP STORE



LEADER: Store Captain

The store is selling BBQ chicken combos along with candy.
Counselors eat for free when they have finished cleaning up.

Option: Feed the whole family of the counselor.

